



T.J. TEAM Talk

MAY 11, 2020

OUR EMPLOYEES ROCK!

PAVILION

Dr. Marion was very personable. He spent all the time I needed. He was very easy to talk to and I would definitely recommend him!

I can't say enough good things about Dr. Mallory and his staff; made time for me while I was very sick, got me in with all the proper precautions during the Covid-19 pandemic and treated me quickly, made sure I was OK and understood what my directions were for medication treatment and self-care. Always a pleasure to visit him. Highly recommend him and his staff!

Everything was done by the book during covid-19 pandemic and I felt at ease knowing they were taking every necessary measure to ensure the safety of not only myself but the employees and other patients as well.

T.J. HEALTH GREENSBURG

We get in easily, don't have to wait long, & couldn't ask for a better provider.

Alisha Risen is awesome!!! T.J. Samson was amazing! I tell everybody about the service we received.

T.J. HEALTH COLUMBIA PRIMARY CARE

Courtney was very welcoming and informative. She took the time to explain everything she was doing for my newborn and was compassionate about her work.

The appointment was seamless and made me feel secure that T.J. and its affiliates were providing the best possible care and security for its patients.

Dr. Kiteck is a very great asset to T.J. Samson! He is. Wonderful Doctor!

****Coming next week: More of our T.J. Outside Clinic heroes****



UPcoming EVENTS

**ALL AUXILIARY
FUNDRAISERS,
SUPPORT GROUPS AND
COMMUNITY CENTER
EVENTS HAVE BEEN
CANCELLED UNTIL
FURTHER NOTICE.**

T.J. COOKOUT

A few local businesses are generously teaming up to provide cookouts for T.J. employees. The cookout at T.J. Samson will begin at 11 a.m. on Tuesday, May 12. At the Pavilion it will be during lunch on the 19th. All other locations will have food delivered on the 19th.

A special thanks to Servpro of Barren County, Extreme Fitness, Glass Holdings, Bailey Gibson, Hometown Settlement Services, Keller Williams Dewayne Pierce Team, Phillips IGA, and Keller Williams Erica Spillman Team.

MENU

Grilled Hot Dogs
Chips
Cookies
Water

WE HOPE TO SEE YOU THERE!

TJ Regional Health

SERVICE EXCELLENCE

Awards

**DO YOU KNOW SOMEONE WHO
EXEMPLIFIES THE VALUES AND
STANDARDS OF THE T.J. PLEDGE?**

Nominate your fellow co-workers for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees who strive for Service Excellence!

May: Champion



T.J. PATIENT ENCOUNTERS

5/2/20 - 5/8/20:

4,735

4/25/20 - 5/1/20:

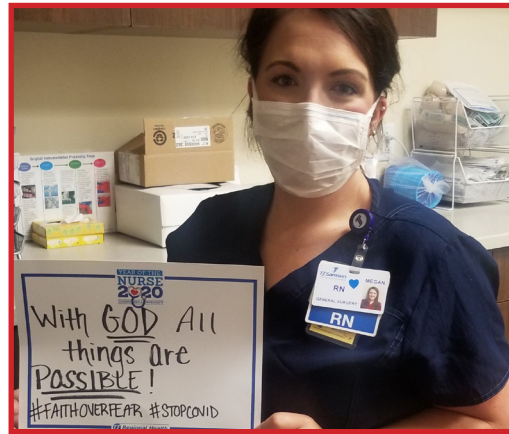
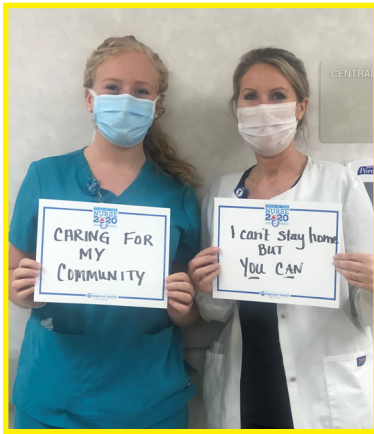
3,739



NURSE'S WEEK RECAP!



Here is a sneak peak of the video that the nursing team worked on last week!



DONATIONS

Thank you to all the local businesses who donated to help make our Nurse's Week celebration a success!

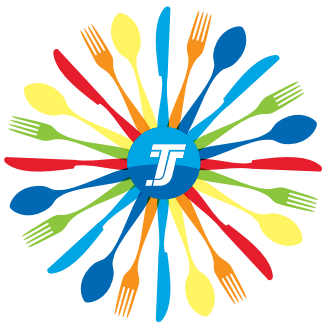
Zaxby's, Freddy's, Subway, Sonic, Greenleaf Nursery, Colton's, Blossoms Florist, Limestone Bank, US Bank, Jennie Brown, Rib Lickers, Korner Shoppe, Garcia's, McDonalds, Papa Johns, Lowe's, Wal-Mart, Dairy Queen, Wendy's, and Sweetheart Bakery.

Donated items from Lowe's.



Donuts from Sweetheart Bakery.





Now offering groceries and to-go meals!

Last month we began offering staple grocery items in the T.J. Cafe, Apple a Day Cafe, and Apple Too. Items include bread, milk, eggs, canned soft drinks, and more! The full item list and pricing is featured on the next 3 pages!

The to-go meal order forms are featured at the end of this newsletter.

All forms can be submitted at the Apple a Day Cafe or by emailing them to floorstock@tjsamson.org.

If you have any questions, please contact Sarah Kinslow at sarah.kinslow@tjsamson.org.



Congratulations, Graduates!

On Tuesday, May 12 graduates of Glasgow High School are holding a ceremonious graduation parade that will end at around 3:15 p.m. at the South Lot at T.J. Samson. All employees are welcome and encouraged to greet them outside the South Entrance to wave and congratulate them from a distance. We will have a banner to hold up and will try to get a group picture of our team that we can share on social media to congratulate graduates from all of our area high schools, colleges, and universities.



COVID-19 UPDATES

NEIL THORNBURY WILL SEND REGULAR UPDATES RELATED TO COVID-19 FOR AS LONG AS NECESSARY.

Updates are also shared on the T.J. website and the T.J. Regional Health Facebook page.

MARCH of dimes t-SHIRTS are in!

The purple and gray March of Dimes shirts are now in. These can be picked up from Women and Newborn Care. If you are located at an outside clinic please email Megan Coulter at megan.coulter@tjsamson.org with your location and she will work on getting those delivered to you.



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size		Price	Quantity
2% Milk	½ gallon	Refrigerated	\$2.50	
Whole Milk	½ gallon	Refrigerated	\$2.50	
American Cheese	160 slices	Refrigerated	\$14.00	
Cheddar Cheese	2.5lb, slices	Refrigerated	\$10.00	
Eggs, Pasteurized in Shell	Dozen	Refrigerated	\$4.00	
Deli Turkey	1lb, sliced	Frozen	\$4.00	
Bacon, Egg, Cheese Biscuits	Case of 12	Frozen	\$20.00	
All Beef Hot Dogs	5lb bag, 30 per bag	Frozen	\$15.00	
Chicken Breast (boneless, skinless)	5lb bag (16 per bag)	Frozen	18.00	
Chicken Tenders	5lb bag	Frozen	\$15.00	
Pulled Chicken	5lb bag	Frozen	\$23.00	
Pulled Pork	5.5lb bag	Frozen	\$25.00	
Scones, Blueberry	Dozen	Frozen	\$12.00	
Scones, White Choc Raspberry	Dozen	Frozen	\$12.00	
Scones, Apple Cinnamon	Dozen	Frozen	\$12.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size	Price	Quantity
Coke	12 pack cans	\$5.25	
Diet Coke	12 pack cans	\$5.25	
Ski	12 pack cans	\$5.25	
Sprite	12 pack cans	\$5.25	
Sprite Zero	12 pack cans	\$5.25	
Mountain Dew	12 pack cans	\$5.25	
Diet Mountain Dew	12 pack cans	\$5.25	
Sara Lee White Bread	Loaf	\$2.00	
Sara Lee Whole Wheat Bread	Loaf	\$2.00	
Ball Park Hamburger Buns	12 count	\$2.25	
Ball Park Hot Dog Buns	12 count	\$2.00	
Frosted Cherry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Strawberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Blueberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Brown Sugar Pop Tarts	Box of 6 packs	\$4.00	
S'mores Pop Tarts	Box of 6 packs	\$4.00	

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POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size	Price	Quantity
Krusteaz Pancake Mix	5lb Bag	\$5.00	
Skippy Peanut Butter	4lb	\$9.00	
Welch's Grape Jelly	20oz Squeeze Bottle	\$3	
Mott's Applesauce	46oz	\$3.50	
Vanilla Pudding Cups	4 pack	\$2.00	
Chocolate Pudding Cups	4 pack	\$2.00	
Sugar Free Vanilla Pudding	4 pack Cups	\$2.00	
Sugar Free Chocolate Pudding	4 pack Cups	\$2.00	
Heinz Ketchup	20oz	\$2.00	
French's Yellow Mustard	8oz	\$2.00	
Hellmann's Mayonnaise	20oz Squeeze Bottle	\$5.00	
Lipton Tea Bags	Box of 100 bags	\$5.00	
Lays Variety Chips (original, Doritos, Cheetos, Fritos, bbq, cool ranch)	30 bags	\$16.00	
Baked Lays Variety Chips (original baked, baked Cheetos, bbq, sour cream & onion, cheddar & sour cream)	30 bags	\$16.00	
Rice Krispy Treats	Box of 8	\$5.00	
Barilla Penne Pasta	1lb Box	\$2.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)

**Youth & Toddler
Sizes
Now Available!**

See sizing on next page.
Please submit a separate order
form if you have already placed
an order. Do not submit any
duplicate orders.

FINAL ORDER



Team T.J. Shirt Order Form

Gildan "Softstyle" Shirts

Sizes Adult Small to 5X, Toddler and Youth: \$5 each

{ See next page for sizing. Colors for 4X , 5X and toddlers are slightly different. }

NAME: _____ SIZE(S): _____

DEPT: _____ LOCATION: _____ PHONE: _____

TOTAL DUE: \$ _____ PAYMENT: Payroll Deduction Cash Check

Please send your order form and payment to Bethany Matthews in the T.J. Marketing Department.

You may scan and email your order and payroll deduction form to bmatthews@tjsamson.org,
or you may fax to 270.659.1704. Checks should be made payable to T.J. Samson.

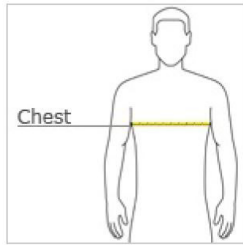
These shirts may be worn to work on Fridays.

AN ADDITIONAL ORDER WILL BE PLACED ON FRIDAY, MAY 15.

SIZE ADULT SMALL to 3X and YOUTH SIZES: GILDAN SOFTSTYLE SHIRTS

Adult size small to 3X and youth sizes XS to XL are Gildan Softstyle shirts in Heather Royal. They are a unisex fit, but given the softer fabric, some people find them to be a bit more form fitting than a regular cotton tee. Please see below for measurements.

HOW TO MEASURE



CHEST WIDTH

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

SIZE CHART ADULT SMALL TO 3X

	S	M	L	XL	2XL	3XL
Chest	34-36	38-40	42-44	46-48	50-52	54-56

SIZE CHART YOUTH X-SMALL to X-LARGE

	XS	S	M	L	XL
Size	6/8	10/12	14/16	18/20	22/24

SIZE 4X: PORT & COMPANY COTTON SHIRTS

The 4X shirt is a traditional unisex 50/50 cotton/poly blend tee in Heather Royal. Please see below for measurements.

	4XL
Chest Width	30
Sleeve Length from Center Back	22 3/4
Body Length at Back	34

CHEST WIDTH

Measured across the chest



SIZE 5X and TODDLER SIZES: GILDAN 50/50 COTTON POLY SHIRTS

The 5X shirt is a traditional unisex 50/50 cotton/poly blend tee. This comes in solid royal blue. Please see below for measurements.

SIZE CHART SIZE 5X

	5XL
Chest	62-64



SIZE CHART TODDLER 2T to 6T

	2T	3T	4T	5T	6T
Chest	22	24	26	28	30



I _____ give the hospital
(please print name)
payroll department permission to deduct my TEAM TJ T-Shirt purchase
from my payroll check.

Please note: Only employees paid by T J Regional Health, T J Samson
Community Hospital and T J Health Columbia may use Payroll
deduction.

Purchases of \$25.00 or less will be deducted in full from one paycheck.
Purchases over \$25.00 will be divided into two paychecks.

In the event I terminate employment the entire balance due will be
deducted from my final paycheck.

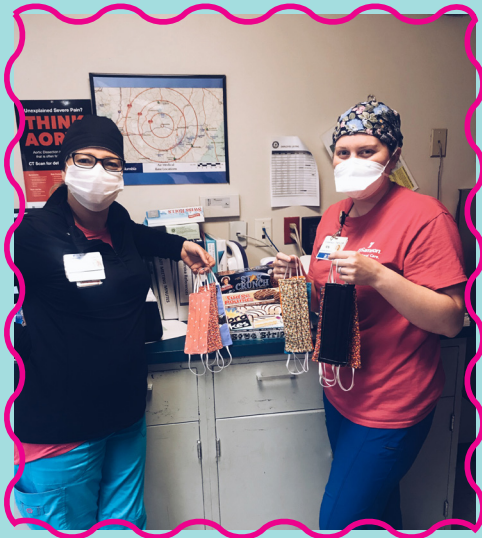
Total \$ _____ (attach receipt if available)

Employee Signature / _____
Badge # (mandatory)

Department

Company ID (TJ Samson – 101270 Regional – 101269 Columbia – 101268)

DONATION RECAP



TJHC was thankful to receive a donation of masks and snacks last week!

Thank you to Flora Templeton Stuart who provided the ER with lunch last week!



T-SHIRT DISTRIBUTION



Department Directors and Coordinators will be picking up t-shirt orders in the Marketing Department beginning today, May 11. You can contact your director or coordinator for further information.

Don't forget, the FINAL order will be placed Friday, May 15 if you missed out on the previous orders!



We would like to extend a HUGE thank you to all the nurses for all that you do for us and this organization. We appreciate you!

-Pharmacy Team

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

Daily Special Family Meal (feeds up to 4)
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces
\$20

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Tuesday 5/12/20

Build Your Own Nachos (feeds up to 4) \$22

Taco Meat or Fajita Spiced Chicken, Nacho Chips, Lettuce, Shredded Cheese,
 Tomatoes, Black Beans, Salsa & Sour Cream

~ OR ~

4 orders Chef's Special (chicken, rice, queso) with Chips & Salsa \$22

Family Nacho Meal	How many orders of each?
Taco Meat (1 family size container included with meal)	
Fajita Spiced Chicken (1 family size container included with meal)	
Chef's Special Family Meal (includes 4 chef's specials)	

additional orders of Chef's Special, Taco Meat or Fajita Spiced Chicken are \$6 each

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Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Wednesday 5/13/20 Meat & Three

Roast Beef (comes with Texas Toast) or Ham, 3 Family Size Sides, Dinner Rolls

\$20

Meat (Choose 1):	How many orders of each?	Sides (Choose 3):	How many orders of each?
Roast Beef & Gravy		Steamed Carrots	
Baked Ham with Brown Sugar Glaze		Green Beans	
		Brussels Sprouts	
		Pinto Beans	
		Mashed Potatoes	
		Brown Gravy Included with Potatoes	

Additional orders of roast beef or ham \$7, extra sides \$3 each

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Phone:	
Pick-Up Date:	
Pick-Up Time:	

\$20 Daily Special Family Meal (feeds up to 4) \$20
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Thursday 5/14/20

Family BBQ Meal

Choice of 1 Meat, 2 Family Size Sides, 2 Family Size Sauces, Buns, & Family Size Banana Pudding

\$22

Meat (Choose 1):	How many orders of each?	Sides (Choose 2):	How many orders of each?
Beef Brisket		Baked Beans	
Pulled Pork		Mac & Cheese	
BBQ Chicken Breast		Collard Greens	
BBQ Sauce (Choose 2):		Corn On The Cob	
Tangy Gold		Dijon Potato Salad	
Memphis Sweet			
KY Bourbon			

Additional family size orders of brisket \$8, pork or chicken \$6, extra sides \$3 each

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Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

Daily Special Family Meal (feeds up to 4)
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces
\$20

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Friday 5/15/20

Asian Style Food

Family Size Tempura (Fried) Chicken, Fried Rice, 2 Sides, 4 Eggrolls
Sweet & Sour Sauce, General Tso's Sauce, Yum Yum Sauce & Soy Sauce Included
\$22

Sides (Choose 2)	How Many of Each?	Sauces (1 of each included):	How Many of Each?
Cucumber Salad		Sweet & Sour	
Szechuan Green Beans		General Tso's	
Stir Fried Mushrooms & Vegetables		Yum Yum	
Eggrolls (4 included with meal)			

Additional order of chicken \$8, extra sides \$3 each, extra sauce or eggroll \$1 each

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Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces
\$20

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Saturday & Sunday
2 pizzas, 8 Breadsticks, Marinara, Parmesan, Pepperoncini Peppers, Garlic Butter
\$25

Pizzas (choose 2)	Quantity	Toppings (mark through anything you'd like left off)			
Cheese		Cheese			
Pepperoni		Pepperoni			
Veggie		Bell Pepper	Mushrooms	Onion	Black Olives
Supreme		Pepperoni		Sausage	
		Bell Pepper	Mushrooms	Onion	Black Olives

One Cheese Pizza To Go: \$8, One Pepperoni, Veggie, or Supreme To Go: \$10

TJ Café Menu
May 11 – May 15

Monday		<p>Chicken Wings (or tenders) Baked Buffalo Cauliflower, Jo Jo Potato Wedges, Carrots & Celery</p> <p>Dessert: PB Cookies</p> <p>Soup: Tomato Roasted Red Pepper & Gouda</p>
Tuesday		<p>Build Your Own Taco Salad or Rice Bowl</p> <p>Dessert: Cheesecake</p> <p>Soup: Chili</p>
Wednesday		<p>Roast Beef, Baked Ham Mashed Potatoes, Gravy, Steamed Carrots, Brussels Sprouts, Green Beans</p> <p>Dessert: Lemon Bars</p> <p>Soup: Pinto Beans</p>
Thursday		<p>BBQ Brisket, Pulled Pork, BBQ Chicken</p> <p>Baked Beans, Mac & Cheese, Collard Greens, Honey Butter Corn on the Cob</p> <p>Dessert: Banana Pudding</p> <p>Soup: Broccoli Cheddar</p>
Friday		<p>Build Your Own Asian Bowl</p> <p>Tempura Chicken, Boneless Spare Ribs, Fried Rice, Fried Cauliflower Rice, Broccoli & Carrots, Szechuan Green Beans, Chow Mein, Mushrooms & Veggies</p> <p>Dessert: Salted Caramel Brownie</p> <p>Soup: Pinto Beans</p>

Apple Too Menu

<i>features</i> OF THE WEEK	<p>Chili, Grilled Cheese & 20oz Bottled Water or Soft Drink</p> <p>\$3.75</p>	monday
	<p>Meatball Sub, Chips & 20oz Bottled Water or Soft Drink</p> <p>\$4</p>	tuesday
	<p>Grilled Chicken Sandwich, Chips & 20oz Bottled Water or Soft Drink</p> <p>\$4</p>	wednesday
	<p>Tuna Salad Croissant, Fresh Fruit, Chips & 20oz Bottled Water or Soft Drink</p> <p>\$4</p>	thursday
	<p>Chicken Caesar Wrap, Cookie & 20oz Bottled Water or Soft Drink</p> <p>\$4</p>	friday



T.J. Regional Health clinics are now offering visits via Telehealth, an interactive audio/video system that allows patients to access quality healthcare from the comfort of their own home. Patients who need refills, follow-up appointments, or new consultations with a specialist can call the T.J. Health Pavilion or any T.J. clinic to schedule a virtual visit. These visits are conducted on a smartphone, tablet, or computer with almost no wait time, and they are covered by most insurance plans.

Because HIPAA compliance is a top priority, T.J. Telehealth visits are conducted securely to ensure strict patient privacy and confidentiality.

As part of the visit, the doctor, nurse practitioner or physician's assistant has the ability to order testing such as lab work, x-rays, and other tests if they are urgently needed. Patients can also schedule an in person visit with their provider, if it is deemed emergent or necessary.

T.J. Regional Health staff will be reaching out to patients who already have scheduled appointments to see if a Telehealth visit is appropriate. Patients who need to schedule a non-emergent appointment are asked to call their provider's office to schedule a T.J. Telehealth visit.

TJ TELEHEALTH
Call your provider to schedule!



Community Mission
FOUNDATION

Employee Donation Form
Payroll Deduction Authorization/One Time Gift

I understand my donation will be made to the T.J. Community Mission Foundation to advance the Love Makes a House a Home campaign to support the Shanti Niketan Hospice Home, its programs and/or endowment.

Employee Name: _____
Home Address: _____
Phone: _____
Email Address: _____
Social Security Number: _____
Employee Number: _____

PAYROLL DEDUCTION

Please deduct the following amount from each paycheck: \$ _____

- My gift is a: 5 year contribution
 3 year contribution
 2 year contribution
 1 year contribution

I agree that my gross pay will be reduced by the amount of my deduction as indicated above. In the event a new Employee Deduction Authorization Form is not executed on or before the next year-end, this form shall be deemed to continue in force for the next succeeding year.

Employee Signature: _____ Date: _____

ONE TIME GIFT

Please accept my one time gift: \$ _____ (check attached)

Make check payable to: T.J. Community Mission Foundation

T.J. HEALTH PAVILION

310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.

Primary Care Pod A: 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

Primary Care Pod B: 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus

Primary Care Pod C: 270.659.5885

Dr. A. Campbell • Carla Hale, PA-C

Cardiology: 270.659.5970

Dr. Nair • Dr. Rajan • Dr. V. Reddy • Dr. Salifu
Lisa DuCoff, APRN • Nancy Jo Houchens, APRN
Ashley Robertson, APRN • Heather Bull, APRN

Gastrointestinal Clinic: 270.659.3398

Dr. Suh

General Surgery: 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

Gynecology & Obstetrics: 270.659.5865

Dr. Craddock • Dr. Dirig • Dr. Thorpe • Nellie Bell, APRN
Casey Sacia, APRN • Michelle Wilson, APRN

Nephrology: 270.659.5965

Dr. S. Reddy • Marissa Howard, APRN

Neurology: 270.659.5945

Dr. Koury

Oncology: 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

Pain Management: 270.659.5945

Dr. Bahadur • Angela Rush, APRN

Pulmonology: 270.659.5835

Dr. Kummerfeldt • Dr. Waheed

Urology: 270.659.5965

Dr. Wiatrak

Urgent Care at the Pavilion: 270.659.5555

Dialysis: 270.659.5595

Laboratory: 270.659.5584

Pavilion Pharmacy: 270.659.5599

Radiology: 270.659.5570

Rehab Services: 270.659.5660

Respiratory: 270.659.5540

Women's Imaging: 270.659.5591

ADDITIONAL SERVICE LOCATIONS

T.J. Health Cave City Clinic: 270.773.2111

Paula West, APRN

Cardiology: Dr. Salifu

T.J. Health Columbia: 270.384.4753

T.J. Health Columbia Clinic: 270.384.0451

Patricia Doolin, APRN

T.J. Health Columbia Primary Care: 270.384.4764

Dr. Kiteck • Kandace Webster, APRN

Cardiology: Dr. Rajan • Ashley Robertson, APRN

Gynecology: Casey Sacia, APRN

Pediatrics: Alisha Risen, APRN

Pulmonary: Dr. Kummerfeldt

Sleep: Kim Bowman, APRN

T.J. Health Edmonton Clinic: 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

T.J. Health Greensburg Clinic: 270.973.5439

Pediatrics: Alisha Risen, APRN

T.J. Health Russell Springs Clinic: 270.858.3636

Latasha Gilpatrick, APRN • Nikki Loy, APRN

T.J. Health Scottsville Clinic: 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

T.J. Health Tompkinsville Clinic: 270.487.0720

Teresa Sheffield, APRN

T.J. Home Health & Hospice: 270.651.4430

T.J. Long Term Care Team: 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN

T.J. Samson Community Hospital:

270.651.4444

T.J. Samson Family Medicine: 270.651.4797

Dr. House • Dr. Clouse • Dr. Akhouri • Dr. Gillette

T.J. Sleep Clinic: 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

T.J. Wound Care: 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN

Walmart Clinic: 270.678.3278

Tiffany Frye, APRN • Tracy Taylor, APRN



TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): _____ Date: _____

Nominee's Department: _____ Nominee's Supervisor: _____

Choose One:

Hospital

Pavilion

Columbia

Clinics

Clinic Location: _____

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

Compassion

Cooperation

Collaboration

Communication

Change

Champion

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? _____

If no, please provide your name: _____

For Office Use Only:

Department Director Approval: _____

HR Approval: _____

T.J. PLEDGE

I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





MISSION

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

VISION

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

CORE VALUES

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change