



T.J. TEAM Talk

MAY 18, 2020

OUR EMPLOYEES ROCK!

FAMILY MEDICINE CENTER

Dr. Pender is fantastic. Love visiting him.

Love these nurses!

Doctor and staff are always concerned about any of my problems, ready to help and advise. I see this happening with other patients also. Very caring and knowledgeable. My family has the greatest trust in this group!

T.J. SAMSON/COLUMBIA SLEEP CLINIC

As always, Amy is helpful and quick to help.

The entire team at the sleep center are wonderful and always caring with their patients.

T.J. HEALTH SCOTTSVILLE

Scottsville, KY needed a T.J. Health Clinic years ago. It's excellent!

CAVE CITY CLINIC

Everyone at this facility is very professional and courteous, the clinic is always clean and orderly. I have no complaints at all.

T.J. HEALTH EDMONTON

Like always, the medical people at this office (are) excellent at their jobs...

T.J. HEALTH TOMPKINSVILLE

Teresa and her staff have always treated me and my family great. she is always to the point and explains everything she is doing and why she is doing it.

T.J. HEALTH RUSSELL SPRINGS

I love all of them as friends.





**ALL AUXILIARY
FUNDRAISERS,
SUPPORT GROUPS AND
COMMUNITY CENTER
EVENTS HAVE BEEN
CANCELLED UNTIL
FURTHER NOTICE.**

PAVILION COOKOUT

A few local businesses are generously teaming up to provide cookouts for T.J. employees. The cookout at the Pavilion has been **moved** to Tuesday, May 26 due to weather. All other locations will have food delivered on the 26th.

A special thanks to Servpro of Barren County, Extreme Fitness, Glass Holdings, Bailey Gibson, Hometown Settlement Services, Keller Williams Dewayne Pierce Team, Phillips IGA, and Keller Williams Erica Spillman Team.

MENU

Grilled Hot Dogs
Chips
Cookies
Water

WE HOPE TO SEE YOU THERE!

T.J. Regional Health

SERVICE EXCELLENCE

Awards

**DO YOU KNOW SOMEONE WHO
EXEMPLIFIES THE VALUES AND
STANDARDS OF THE T.J. PLEDGE?**

Nominate your fellow co-workers for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees who strive for Service Excellence!

May: Champion



T.J. PATIENT ENCOUNTERS

5/9/20 - 5/15/20:

4,859

5/2/20 - 5/8/20:

4,735



T.J. Regional Health provides update on visitor guidelines and universal masking

T.J. Regional Health announced today that patients will be allowed one visitor or support person in all of its facilities, with the exception of COVID-19 patients and the Skilled Nursing Unit. The following guidelines and restrictions for visitors are in place until further notice:

Hospitals:

- One visitor or support person per patient is allowed.
- Please do not come to the hospital to visit if you are sick.
- All patients and visitors will continue to be screened for COVID-19 symptoms at the point of entry.
- All patients and visitors are required to wear a mask. Visitors must supply their own mask.
- Visitors must properly wear their face mask over their nose and mouth throughout the duration of their visit. Those who do not will be asked to leave.
- Visitors must be 18 or older.
- Visiting hours at T.J. Samson and T.J. Health Columbia will be 7 a.m. to 7 p.m. daily. No overnight visitors are allowed. Exceptions may be made on a case by case basis such as a parent staying with a pediatric patient or end-of-life situations.
- Those who are visiting an inpatient at T.J. Samson must enter through the South Entrance. Those visiting an inpatient at T.J. Health Columbia will enter through the Emergency Department.
- Visitors should remain in the room with the patient and should not go to common areas such as the cafeteria or waiting rooms.
- Visitors are not allowed for patients in any COVID-19 unit or the Skilled Nursing Unit.

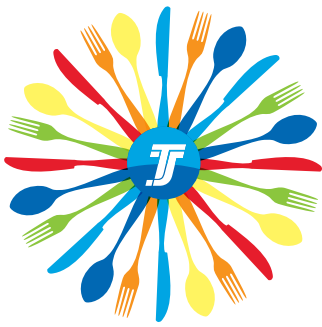
T.J. Health Pavilion and Clinics:

- One visitor or support person per patient is allowed.
- All patients and visitors will continue to be screened for COVID-19 symptoms at the point of entry.
- All patients and visitors are required to wear a mask. Visitors must supply their own mask.
- Patients and visitors must properly wear their face mask over their nose and mouth throughout the duration of their visit. Those who do not will be asked to leave.

It is important to note that visitor restrictions are subject to change as COVID-19 continues to evolve.

“Having a loved one with you when you are sick or in the hospital is an important part of the healing process,” said Neil Thornbury, CEO of T.J. Regional Health. “We are pleased to be able to allow one person for most patients, and we will take every precaution to ensure their safety.”

For the most up-to-date information on COVID-19, visitor guidelines and universal masking, please visit www.tjregionalhealth.org.



Now offering groceries and to-go meals!

Last month we began offering staple grocery items in the T.J. Cafe, Apple a Day Cafe, and Apple Too. Items include bread, milk, eggs, canned soft drinks, and more! The full item list and pricing is featured on the next 3 pages!

The to-go meal order forms are featured at the end of this newsletter.

All forms can be submitted at the Apple a Day Cafe or by emailing them to floorstock@tjsamson.org.

If you have any questions, please contact Sarah Kinslow at sarah.kinslow@tjsamson.org.

T-SHIRT DISTRIBUTION



Team T.J. t-shirt sales are now closed, but thank you to everyone who ordered a shirt! The second order of shirts will be delivered in a few days. Send pics of you or your team in your t-shirts to mollie.felkins@tjsamson.org (please ensure proper PPE and social distancing in the photo).



COVID-19 UPDATES

NEIL THORNBURY WILL SEND REGULAR UPDATES RELATED TO COVID-19 FOR AS LONG AS NECESSARY.

Updates are also shared on the T.J. website and the T.J. Regional Health Facebook page.

MARCH of dimes t-SHIRTS are in!

The purple and gray March of Dimes shirts are now in. These can be picked up from Women and Newborn Care. If you are located at an outside clinic please email Megan Coulter at megan.coulter@tjsamson.org with your location and she will work on getting those delivered to you.



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size		Price	Quantity
2% Milk	½ gallon	Refrigerated	\$2.50	
Whole Milk	½ gallon	Refrigerated	\$2.50	
American Cheese	160 slices	Refrigerated	\$14.00	
Cheddar Cheese	2.5lb, slices	Refrigerated	\$10.00	
Eggs, Pasteurized in Shell	Dozen	Refrigerated	\$4.00	
Deli Turkey	1lb, sliced	Frozen	\$4.00	
Bacon, Egg, Cheese Biscuits	Case of 12	Frozen	\$20.00	
All Beef Hot Dogs	5lb bag, 30 per bag	Frozen	\$15.00	
Chicken Breast (boneless, skinless)	5lb bag (16 per bag)	Frozen	18.00	
Chicken Tenders	5lb bag	Frozen	\$15.00	
Pulled Chicken	5lb bag	Frozen	\$23.00	
Pulled Pork	5.5lb bag	Frozen	\$25.00	
Scones, Blueberry	Dozen	Frozen	\$12.00	
Scones, White Choc Raspberry	Dozen	Frozen	\$12.00	
Scones, Apple Cinnamon	Dozen	Frozen	\$12.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size	Price	Quantity
Coke	12 pack cans	\$5.25	
Diet Coke	12 pack cans	\$5.25	
Ski	12 pack cans	\$5.25	
Sprite	12 pack cans	\$5.25	
Sprite Zero	12 pack cans	\$5.25	
Mountain Dew	12 pack cans	\$5.25	
Diet Mountain Dew	12 pack cans	\$5.25	
Sara Lee White Bread	Loaf	\$2.00	
Sara Lee Whole Wheat Bread	Loaf	\$2.00	
Ball Park Hamburger Buns	12 count	\$2.25	
Ball Park Hot Dog Buns	12 count	\$2.00	
Frosted Cherry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Strawberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Blueberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Brown Sugar Pop Tarts	Box of 6 packs	\$4.00	
S'mores Pop Tarts	Box of 6 packs	\$4.00	

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Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size	Price	Quantity
Krusteaz Pancake Mix	5lb Bag	\$5.00	
Skippy Peanut Butter	4lb	\$9.00	
Welch's Grape Jelly	20oz Squeeze Bottle	\$3	
Mott's Applesauce	46oz	\$3.50	
Vanilla Pudding Cups	4 pack	\$2.00	
Chocolate Pudding Cups	4 pack	\$2.00	
Sugar Free Vanilla Pudding	4 pack Cups	\$2.00	
Sugar Free Chocolate Pudding	4 pack Cups	\$2.00	
Heinz Ketchup	20oz	\$2.00	
French's Yellow Mustard	8oz	\$2.00	
Hellmann's Mayonnaise	20oz Squeeze Bottle	\$5.00	
Lipton Tea Bags	Box of 100 bags	\$5.00	
Lays Variety Chips (original, Doritos, Cheetos, Fritos, bbq, cool ranch)	30 bags	\$16.00	
Baked Lays Variety Chips (original baked, baked Cheetos, bbq, sour cream & onion, cheddar & sour cream)	30 bags	\$16.00	
Rice Krispy Treats	Box of 8	\$5.00	
Barilla Penne Pasta	1lb Box	\$2.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

Daily Special Family Meal (feeds up to 4)
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces
\$20

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Tuesday 5/19/20

Build Your Own Nachos (feeds up to 4) \$22

Taco Meat or Fajita Spiced Chicken, Nacho Chips, Lettuce, Shredded Cheese,
Tomatoes, Black Beans, Salsa & Sour Cream

~ OR ~

4 orders Chef's Special (chicken, rice, queso) with Chips & Salsa \$22

Family Nacho Meal	How many orders of each?
Taco Meat (1 family size container included with meal)	
Fajita Spiced Chicken (1 family size container included with meal)	
Chef's Special Family Meal (includes 4 chef's specials)	

additional orders of Chef's Special, Taco Meat or Fajita Spiced Chicken are \$6 each

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Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

\$20 Daily Special Family Meal (feeds up to 4) \$20
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Wednesday 5/20/20 Chop Chop To Go

Salad comes with a Honey Butter Croissant

1 salad \$6, 2 salads \$5.40 each, 3 salads \$5.20 each, 4 or more \$5 each
 extra croissants \$1 each

Salad 1 (choose toppings)				Salad 2 (choose toppings)			
Chicken: Fried or Grilled	Fried	Grilled		Chicken: Fried or Grilled	Fried	Grilled	
Strawberries				Strawberries			
Blueberries				Blueberries			
Feta Cheese				Feta Cheese			
Red Onion				Red Onion			
Pecans				Pecans			
Grape Tomatoes				Grape Tomatoes			
Croutons				Croutons			
Strawberry or Fat Free Raspberry	Straw.	FF		Strawberry or Fat Free Raspberry	Straw.	FF	
Balsamic				Balsamic			
Salad 3 (choose toppings)				Salad 4 (choose toppings)			
Chicken: Fried or Grilled	Fried	Grilled		Chicken: Fried or Grilled	Fried	Grilled	
Strawberries				Strawberries			
Blueberries				Blueberries			
Feta Cheese				Feta Cheese			
Red Onion				Red Onion			
Pecans				Pecans			
Grape Tomatoes				Grape Tomatoes			
Croutons				Croutons			
Strawberry or Fat Free Raspberry	Straw.	FF		Strawberry or Fat Free Raspberry	Straw.	FF	
Balsamic				Balsamic			

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Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

\$20 Daily Special Family Meal (feeds up to 4) \$20

**Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces**

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Thursday 5/21/20

Meat & Three

Family Size Roast Turkey or Meatloaf, 3 Family Size Sides, Dinner Rolls

\$20

Meat (Choose 1):	How many orders	Sides (Choose 3):	How many orders of
Roast Turkey & Gravy		Dressing	
Meatloaf		Green Beans	
		Steamed Broccoli (cheese sauce included)	
		Mashed Potatoes (turkey gravy included with potatoes)	
		Extra Turkey Gravy	

Additional orders of turkey or meatloaf \$7, extra sides \$3 each

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

Friday 5/22/20

**Chicken Tenders (12-16 varies based on size) or Sweet Tea Fried Chicken Breast,
2 Family Size Sides, 4 biscuits, and 2 family-sized sauces**

Feeds up to 4

\$20

	How many family-size orders of each?		
Chicken Tenders			
Sweet Tea Fried Chicken			
Sides (meal includes 2):	How many family-size orders of each?	Sauce (meal includes 2):	How many cups of each sauce?
Buttermilk Chive Mashed Potatoes		White Gravy	
Collard Greens		Hot Honey	
Southern Style Green Beans		Maple Pecan Praline	
Hashbrown Casserole		BBQ	
Tomato Salad		Ranch	
Potato Wedges		Buffalo	
Coleslaw		General Tso's	
Onion Rings		Honey Mustard	
Tater Tots			

extra sauce \$1 per cup, extra sides \$3 each

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

Daily Special Family Meal (feeds up to 4)
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces
\$20

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Saturday & Sunday
2 pizzas, 8 Breadsticks, Marinara, Parmesan, Pepperoncini Peppers, Garlic Butter
\$25






Pizzas (choose 2)	Quantity	Toppings (mark through anything you'd like left off)			
Cheese		Cheese			
Pepperoni		Pepperoni			
Veggie		Bell Pepper	Mushrooms	Onion	Black Olives
Supreme		Pepperoni		Sausage	
		Bell Pepper	Mushrooms	Onion	Black Olives

One Cheese Pizza To Go: \$8, One Pepperoni, Veggie, or Supreme To Go: \$10

TJ Café Menu
May 18 – May 22

Monday		Build Your Own Pasta Dessert: Cannoli Soup: Broccoli Cheddar
Tuesday		Build Your Own Nachos or Rice Bowl Dessert: Brownies Soup: Chicken Noodle
Wednesday		Chop Chop Salad...the Remix Chicken, Strawberries, Blueberries, Candied Pecans, Feta, Fuji Apple Chips, House Made Strawberry Vinaigrette Dessert: Chocolate Cake Soup: Tomato Roasted Red Pepper & Gouda
Thursday		Meatloaf or Roast Turkey, Dressing, Mashed Potatoes, Gravy, Green Beans, Broccoli, Cheese Sauce Dessert: Lemon Bars Soup: Chili
Friday		Sweet Tea Brined or Hot Honey Chicken, Buttermilk Mashed Potatoes, Collard Greens, Hash brown Casserole, Green Beans, Honey Butter Corn on the Cob Dessert: Peach Cobbler Soup: Potato

TJ Café Menu
May 25 – May 29

Monday		Build Your Own Baked Potato Dessert: Chocolate Brownie Soup: Chili
Tuesday		Build Your Own Taco Salad Dessert: Lemon Bars Soup: Potato
Wednesday		Build Your Own Sliders Dessert: Banana Bread Blondies Soup: Tomato Roasted Red Pepper & Gouda
Thursday		Build Your Own Asian Bowl Tempura Chicken, Asian BBQ Shrimp, Fried Rice, Fried Cauliflower Rice, Lo Mein Noodles, Broccoli & Carrots, Szechuan Green Beans, Vegetable Chow Mein Dessert: Carrot Cake Soup: Pinto Beans
Friday		Pizza Motown Meat, Spicy Red Top, Veggie Bomb, Chicken Alfredo on Cauliflower Crust, Breadsticks Dessert: Salted Caramel Brownies Soup: Broccoli Cheddar

Apple Too Menu
May 18 - May 22

<i>features</i> OF THE WEEK	Potato Soup, Cornbread & 20oz Bottled Water or Soft Drink	monday
	\$3.75	
	Apple, Too Closed For Lunch Free meal for employees being provided by local businesses!	tuesday
	Pulled Pork Sandwich, Coleslaw or Chips & 20oz Bottled Water or Soft Drink	wednesday
	\$4	
	Hot Ham & Cheese, Chips & 20oz Bottled Water or Soft Drink	thursday
	\$4	
	Fried Chicken Sandwich, Broccoli Salad or Chips & 20oz Bottled Water or Soft Drink	friday
	\$4	

Apple Too Menu
May 25 - May 29

<i>features</i> OF THE WEEK	Closed in honor of Memorial Day	monday
	\$4	
	Broccoli Cheddar Soup, Hot Ham & Cheese & 20oz Bottled Water or Soft Drink	tuesday
	\$4	
	Grilled Hotdog, Chips & 20oz Bottled Water or Soft Drink	wednesday
	\$3.75	
	Pizza Sub with Side Salad or Chips & 20oz Bottled Water or Soft Drink	thursday
	\$4	
	Turkey Club with Fruit Salad or Chips & 20oz Bottled Water or Soft Drink	friday
	\$4	



Community Mission
FOUNDATION

**Employee Donation Form
Payroll Deduction Authorization/One Time Gift**

I understand my donation will be made to the **T.J. Community Mission Foundation** to advance the *Love Makes a House a Home* campaign to support the **Shanti Niketan** Hospice Home, its programs and/or endowment.

Employee Name: _____
Home Address: _____

Phone: _____
Email Address: _____
Social Security Number: _____
Employee Number: _____

PAYROLL DEDUCTION

Please deduct the following amount from each paycheck: \$_____

- My gift is a: **5 year contribution**
 3 year contribution
 2 year contribution
 1 year contribution

*I agree that my gross pay will be reduced by the amount of my deduction as indicated above.
In the event a new Employee Deduction Authorization Form is not executed on or before the next year-end, this form shall be deemed to continue in force for the next succeeding year.*

Employee Signature: _____ Date: _____

ONE TIME GIFT

Please accept my one time gift: \$_____ (check attached)

Make check payable to: *T.J. Community Mission Foundation*

T.J. HEALTH PAVILION

310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.

Primary Care Pod A: 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

Primary Care Pod B: 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus

Primary Care Pod C: 270.659.5885

Dr. A. Campbell • Dr. Matney • Carla Hale, PA-C

Cardiology: 270.659.5970

Dr. Nair • Dr. Rajan • Dr. V. Reddy • Dr. Salifu
Lisa DuCoff, APRN • Nancy Jo Houchens, APRN
Ashley Robertson, APRN • Heather Bull, APRN

Gastrointestinal Clinic: 270.659.3398

Dr. Suh

General Surgery: 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

Gynecology & Obstetrics: 270.659.5865

Dr. Craddock • Dr. Dirig • Dr. Thorpe • Nellie Bell, APRN
Casey Sacia, APRN • Michelle Wilson, APRN

Nephrology: 270.659.5965

Dr. S. Reddy • Marissa Howard, APRN

Neurology: 270.659.5945

Dr. Koury

Oncology: 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

Pain Management: 270.659.5945

Dr. Bahadur • Angela Rush, APRN

Pulmonology: 270.659.5835

Dr. Kummerfeldt • Dr. Waheed

Urology: 270.659.5965

Dr. Wiatrak

Urgent Care at the Pavilion: 270.659.5555

Laboratory: 270.659.5584

Pavilion Pharmacy: 270.659.5599

Radiology: 270.659.5570

Rehab Services: 270.659.5660

Respiratory: 270.659.5540

Women's Imaging: 270.659.5591

ADDITIONAL SERVICE LOCATIONS

T.J. Health Cave City Clinic: 270.773.2111

Paula West, APRN

Cardiology: Dr. Salifu

T.J. Health Columbia: 270.384.4753

T.J. Health Columbia Clinic: 270.384.0451

Patricia Doolin, APRN

T.J. Health Columbia Primary Care: 270.384.4764

Dr. Kiteck • Kandace Webster, APRN

Cardiology: Dr. Rajan • Ashley Robertson, APRN

Gynecology: Casey Sacia, APRN

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

Podiatry: Dr. Risen

Pulmonary: Dr. Kummerfeldt

Sleep: Kim Bowman, APRN

T.J. Health Edmonton Clinic: 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

T.J. Health Greensburg Clinic: 270.973.5439

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

T.J. Health Russell Springs Clinic: 270.858.3636

Latasha Gilpatrick, APRN • Nikki Loy, APRN

T.J. Health Scottsville Clinic: 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

T.J. Health Tompkinsville Clinic: 270.487.0720

Teresa Sheffield, APRN

T.J. Home Health & Hospice: 270.651.4430

T.J. Long Term Care Team: 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN
Nikki Sherfey, APRN

T.J. Samson Community Hospital:

270.651.4444

T.J. Samson Family Medicine: 270.651.4797

Dr. House • Dr. Clouse • Dr. Akhouri • Dr. Gillette

T.J. Sleep Clinic: 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

T.J. Wound Care: 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN

Walmart Clinic: 270.678.3278

Tiffany Frye, APRN • Tracy Taylor, APRN



TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): _____ Date: _____

Nominee's Department: _____ Nominee's Supervisor: _____

Choose One:

Hospital

Pavilion

Columbia

Clinics

Clinic Location: _____

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

Compassion

Cooperation

Collaboration

Communication

Change

Champion

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? _____

If no, please provide your name: _____

For Office Use Only:

Department Director Approval: _____

HR Approval: _____

T.J. PLEDGE

I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





MISSION

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

VISION

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

CORE VALUES

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change