



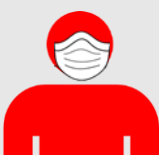

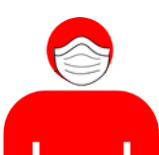

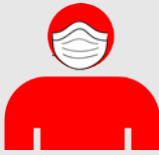





The Importance of Covering Your Face

Face coverings/masks will continue to be important as we move into the recovery process. You could spread COVID-19 to others even if you do not feel sick.

Chance of Transmission	Asymptomatic COVID-19 Carrier	Uninfected Person
Very high		
High		
Medium		
Low		
Very Low	 ← → 	
Virtually None		

If you are having a family gathering or a cookout during the 4th of July weekend:

- Avoid hand shakes and hugs
- Use disposable utensils
- Have hand sanitizer readily available
- Bring your own lawn chair
- Do NOT share beverages
- Use disposable cups (write names on cups with Sharpie)
- Wear a mask and practice social distancing (6 feet a part)

Increase circulation of outdoor air as much as possible by:

Opening windows and doors, using fans, and other methods.

Routinely clean all frequently touched surfaces:

- Countertops
- Refrigerator
- Doorknobs
- TV remote
- Cell phones
- Handrails
- Restroom surfaces

Essential times to wash hands include:

- After blowing one's nose, coughing, or sneezing
- After using the restroom
- Before eating or preparing food
- After contact with animals or pets