

Which cancer screenings do you need each year?



Visit your primary care doctor yearly to keep tabs on your health. It's a great way to build a history and set benchmarks and catch potential trouble early.



Before your appointment, list questions or concerns for your doctor. It's important to bring family medical history that could put you at greater risk.



Depending on your age and health, your doctor potentially will recommend one or more of the following screenings.



everyone, every year

Skin Cancer screening



everyone, starting at 50+

- Colon Cancer screening
- Lung Cancer screening

men

Starting at 50+

Prostate screening





women

Starting at 20+

 \square Pap Smear cervical cancer screening

Starting at 40+

Mammorgram

Find a physician and schedule an appointment

For additional information on primary care doctors at Truman Medical Centers/University Health, please visit **universityhealthkc.org/services/primary-care/** or call **816-404-CARE**.

For your convenience, University Health has primary care clinics located on our hospital campuses and in community locations throughout the Kansas City, Missouri, area.