SHOWERS & LAUNDRY
► Swope Health Services
● 3801 Dr. Martin Luther King, Jr. Blvd.
Mon-Thurs 8:00am-12:00pm (1 load per week)
► True Light Family Resource Center ● 717 E. 31st St.
Mon-Fri 8:30am-3:00pm (women only)
► Westport Presbyterian Church ● 201 Westport Rd
Sun 8:00am-9:30am
Thurs 5:30pm-7pm (Women, Trans, Gender Non-Conforming people only)

VETERANS
► Catholic Charities, SSVF ● 816.659.8263
4001 Dr. Martin Luther King, Jr. Blvd., Ste. 250
► Kansas City VA Medical Center ● 816.861.4700
4801 E Linwood
► reStart, SSVF ● 816.886.9148
918 E. 9th St.
► The Salvation Army, SSVF ● 816.670.2414
6618 E. Truman Rd.
► Veterans Community Project - Outreach Center ● 816.599.6503
8825 Troost Ave.
Mon | Tues | Wed | Thurs 9:00am-4:00pm
Fri 9:00am-1:00pm
Fourth Wednesday Commisary 9:00am-3:00pm
Food, clothing, and more, free of charge

YOUTH (Check Facebook for updates)
► Halo Haven ● 816.590.4493
1600 Genessee St., Ste. 200 ● ages 4-24
Education, art therapy, food, dignity items etc.
► Mother’s Refuge ● 816.353.8070
● ages 21 or under & must be pregnant
► PRIDE Haven Youth Shelter ● 816.931.0602
3109 Campbell St LGBTQIA ● ages 18-24
► reStart Youth Emergency Shelter ● 816.309.9048
● ages 12-17
► Street Outreach ● 816.505.4901
● ages 22 or under
► Synergy House ● 816.741.8700
● ages 12-18
Teens & Tots Clinic
► The LIGHT House Inc. ● 816.916.4434
24/7 Hotline (various services, teen tele-support groups)
► Youth Resiliency Center ● 816.505.4840
2001 NE Parvin, NKC ● ages 12-20
Mon-Fri 2:30pm-6:30pm
Drop-in Services 11:00am-2:30pm
Laundry, showers, pantry services, art studio, daily classes and case management

LOCAL WRAPAROUND SERVICE CAMPUSES
► BISHOP SULLIVAN CENTER (AccessKC site)
Call either location to inquire about funds for rent, utilities, or a variety of other one-time needs. Employment services available.
● 816.231.0984
6435 Truman Rd
Mon-Thurs 9:00am-4:00pm (call for appointment)
Food Pantry Mon-Thurs. 1:00-4:00pm
● 816.561.8515
3936 Troost Ave
Mon-Thurs 9:00am-4:30pm (call for appointment)
Food Pantry Mon-Thurs. 9:00am-12:00pm
► THE BEEHIVE
750 The Paseo
Medical care, dental care, behavioral care, housing assistance, case management, identity documents, free meals.
Tuesday-Thursday 11:00am-2:00pm
Care Beyond the Boulevard medical services on Tuesday, Wednesday, Thursday 11:00am-4:00pm
► HOPE FAITH HOMELESS ASSISTANCE CAMPUS
705 Virginia Avenue ● 816.471.4673
Guest Services: Mon, Tues, Wed, Thurs 9:00am-2:00pm
Food Pantry Mon-Thurs. 11:00am-1:00pm
Thurs 9:00am-11:00am
Clothing Shop: Wednesdays
Men’s Hours 9:30am-11:30am
Women’s Hours 11:30am-12:30pm
Hope Cuts: Tues-Fri 9:00am-1:00pm
Laundry Services: Mon, Tues, Wed & Thurs 7:00am-1:00pm closes daily from 10:00am-11:00am
► Swope Health Services
provides transportation from Hope Faith to their 3801 Dr. Martin Luther King, Jr. Blvd.
location: Mon and Wed from 7:20am-7:30am
Swope Mobile Medical Unit stop at Hope Faith every other Thurs from 9:00am-12:00pm

The Street Sheet is always available online, scan this QR code:

*A variety of other local resources can be found at: liftupkc.org

COMMUNITY RESOURCES @ CENTRAL LIBRARY
Community Resources staff is available by phone or in-person at Central Library, 14 W. 10th St., Third Floor.
Mon | Tues | Thurs | Fri 9:00am - 4:00pm
Wed 1:00pm - 4:00pm
Coffee & Conversation @ Central Library
14 W. 10th St., Third Floor
Fourth Wednesday of each month
10:30am-11:30am
Coffee & Conversation invites people experiencing life-challenges to have a cup of coffee, snacks, direct access to resources and personal care items.

Housing Authority of KC 816.968.4100
920 Main St., Ste. 701.

HOTLINES
Alcoholics Anonymous 800.839.1688
Children’s Center Hotline 816.321.7060
Domestic Violence 816.HOTLINE
(816.468.5463)
First Call (Substance Abuse) 816.361.5900
Harvester/SNAP 816.929.3300
Hotline for the Homeless 816.474.4599
Mental Health Crisis Line 888.279.8188
National Runaway Safeline 1.800.786.2929
National Human Trafficking 1.888.373.7888
Rape/Sexual Abuse 816.531.0233
Safe Place (Ages 12-18) Text 4HELP
Suicide and Crisis Lifeline 988
Transgender Helpline 877.565.8860
United Way 211
FOOD/MEALS
► Bishop Sullivan/One City Cafe 3936 Troost Ave
Lunch Mon-Fri 12:00pm-1:00pm
Dinner Mon-Fri 4:30pm-6:00pm
► Family Promise of the Northland 10th & Baltimore
Lunch (1st, 3rd & 5th Thursday) 11:00am-11:30am
► Independence Boulevard Christian Church
(provided by Micah Ministries) 606 Gladstone Ave.
Dinner/Toiletries/Clothes Mon 5:30pm-7:00pm
► Nourish KC's KC Community Kitchen 750 The Paseo Blvd
Lunch Mon-Fri 11:00am-12:00pm
► Metropolitan Lutheran Ministry 3031 Holmes
Food pantry & sack lunches Mon-Fri 8:30am-11:00am
► Morning Glory Ministries 20 W 9th St.
Breakfast Mon-Fri 7:00am-8:00am
► Neighbor2Neighbor 2910 Victor St.
Breakfast Mon-Fri 9:00am-12:00pm
► Redemptorist Center 207 Linwood Blvd
Food pantry Mon-Thurs 10:00am-1:00pm
Lunch Mon-Fri 10:00am-1:00pm
► The Salvation Army 3013 E 9th St
Mon-Thurs 11:30am-12:30pm
► Trinity United Methodist Church 620 E. Armour Blvd
Lunch with food pantry, toiletry & laundry voucher pantry Mon 12:00pm-1:00pm
Lunch only Sat 11:30am-12:30pm
► True Light Family Resource Center 712 E 31st St
Breakfast sack meals Sat 8:00am-10:00am
► Washington Square Park 100 E Pershing Rd
Lunch with food pantry, toiletry & laundry voucher pantry Mon 12:00pm-1:00pm
► Westport Presbyterian Church 201 Westport Rd
Breakfast items Sun 8:00am-9:30am
Lunch bags Mon-Fri 11:00am-12:00pm

HEALTH
► Care Beyond the Boulevard @ Independence Boulevard Christian Church 606 Gladstone Blvd.
Mon 5:30pm-7:00pm (plus hot food, clothing, hygiene services) and Sat 9:30am-1:00pm
2nd Sat 9:00am-12:30pm Veterinarian services and 10:00am-12:00pm Mobile food pantry
@ Cherith Brook Catholic Worker 3308 E. 12th St.
Every 2nd & 4th Tues 8:00am-10:00am and Thurs 5:00pm-6:30pm (plus Medicaid enrollment & birth certificate assistance)
@ Relentless Pursuit Outreach and Recovery Drop-In Center 5108 Independence Ave.
Wed 1:00pm-3:00pm (women only)
► Heartland Center for Behavioral Change 816.421.6670
► KC CARE Health Center 816.753.5144
3515 Broadway & 2340 E Meyer Blvd (dental)
Confidential, sex positive, judgement free clinic - Free HIV, Hep C, Syphilis testing. Walk-In Testing:
Mon & Tues 9:00am-6:00pm and Wed-Fri 9:00am-4:30pm
www.kcprevention.org
► KC Health Department 816.513.6008 2400 Troost Ave
► AccessKC (Formerly KC Medicine Cabinet) 816.276.7517
Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment
► ReDiscover 816.966.0900 In-person or telehealth appointment
► Research Psychiatric Center 816.444.8161
2323 E 63rd St.
► Samuel U. Rogers Health Center 816.474.4920
825 Euclid Ave Medical, dental, & behavioral health
► Swope Health Services 816.599.5480
3801 Dr. Martin Luther King, Jr. Blvd.
Free medical, dental, behavioral health, optometry, pediatrics, OB/GYN services, medical assistance, Medicaid applications, Covid & STI testing
Mon-Fri 8:30am-12:00pm & 1:00pm-4:00pm
► University Health/Behavioral Services 816.404.5700
300 W 19th Terrace Mon-Fri 8:00am-2:00pm
► Vivent Health 816.561.8784 4309 E 50th Terr., Ste 200
HIV & AIDS services; free HIV/STI testing

GENERAL HELP
► Catholic Charities Welcome Center 816.221.4377
4001 Dr. Martin Luther King, Jr. Blvd., Ste. 250
Mon-Thurs 8:00am-3:30pm
Rent/utility assistance calls are taken on Mondays @ 8:30am
First come, first served
1:00pm-3:00pm Basic needs assistance (food, diapers, hygiene, community resources)
► Central Presbyterian Church 816.474.6750
3501 Campbell St. Clothing, food pantry, toiletries
Wed 9:00 am – 11:00 pm
► Journey to New Life (reentry from incarceration)
816.960.4808 3120 Troost Ave.
Tues., Wed., & Thurs. 9:30am-12:30pm
Assistance with basic needs, employment & case management
► Legal Aid of Western Missouri 816.474.6750
4001 Dr. Martin Luther King, Jr. Blvd. Ste. 300
Call or schedule an appointment online at lawmo.org
► Metropolitan Lutheran Ministry 816.931.0027
3031 Holmes (call for appointment)
Rent, utilities, birth certificates, food & diapers
► Morning Glory Ministries 816.842.0416
416 W. 12th St., Tues-Fri 9am-11am IDs/Records (with a homeless/shelter letter)
Clothing & toiletries (every 2 wks.)
► Reconciliation Services 816.931.4751
1006 Linwood Blvd. call for appointment
Mon-10:00am-5:00pm & Tues-Fri 9:00am-5:00pm
Health/medications, utilities, ID/birth certificates, mental health services, therapy & case management
► Redemptorist Social Services 816.931.9942
207 Linwood Blvd Mon-Thurs 8:00am-4:00pm (office hours)
Mon-Thurs 10:00am-1:00pm (walk-in client hours)
Food, toiletries & financial assistance
► SAVE, Inc. 816.531.8340, ext. 200
Emergency assistance (rent/deposit/utilities)
► St. Paul's Episcopal Church 816.931.2850
40th & Main (south side of church)
Tues & Fri 10:00am-12:00pm & Wed 5:30pm-7:30pm
Food pantry & personal care items
3rd Sat. of the month 10:00am-12:00pm Food assistance
► The Salvation Army 816.483.8484 3003 W 9th St.
Mon, Wed, & Fri 9:00am-12:00pm & 1:00pm-2:30pm
Rent, utilities assistance & food pantry
► True Light Family Resource Center 816.561.1700
712 E 31st St
Mon-Fri 10:00am-3:00pm (closed from 12:00pm-1:00pm)
Emergency food, diapers & toiletries
Mon, Wed, & Fri (by appointment for water assistance)

SHELTER
► City Mission Union Family Center 816.474.4599
1310 Wabash Ave (call for availability)
► City Mission Union Men's Shelter 816.474.4599
1108 E. 10th St (call for availability)
► Community LINC 816.531.3727
4012 Troost Ave.
Street homeless outreach, housing outreach navigators
► Hope House (domestic violence) 816.461.4673
► Newhouse (domestic violence) 816.471.5800
► reStart, Inc 816.472.5664 918 E. 9th St. call for appointment
► Relentless Pursuit Outreach and Recovery
Drop-In Center 816.301.5571 24/7 Hotline
5108 Independence Ave
Tues, Wed, Fri, & Sat, 11:00am - 4:00pm
Anti-human trafficking (women only)
► Rose Brooks Center (domestic violence) 816.861.6100
► Shelter KC 816.421.7643 1520 Cherry St.
Intake 9:00am-3:00pm daily; check in 3:30pm-5:00pm
Men's shelter & recovery center, 4:30pm "Taste & See"
► Shelter KC Women's Center 816.348.3287
Residential recovery for single homeless women
► Synergy Services (Domestic Violence Center)
816.321.7050
► The Salvation Army Adult Rehabilitation Center (ARC) 816.421.5434 1351 E. 10th St. (call for intake)
► True Light Family Resource Center 816.531.1300
717 E. 31st St. M-F 8:30am-3:00pm (day shelter for women)
► Veronica's Voice 913.214.1401
Residential program for women experiencing CSE. Apply at: https://www.veronicasvoice.org/mkc