Upcoming Events

The events listed below have been cancelled:

April 8  The TMCBH We Rise KC Breakfast
April 28-29  The Missouri Children’s Trauma Network Training Summit
May 1  Mental Health KC 2020
May 8  The Annual Spring Symposium, hosted by Lakewood Counseling Services

These events are still scheduled to date:

June 3  Navigating Change Training
July 15-16  Building Resilient, Trauma Informed Cultures Training

For more information about upcoming events, visit facebook.com/trumedBH/events

Wyandotte Health Foundation Creates a Trauma Informed Learning Collaborative

Implementing Trauma Informed Care (TIC) can be slow, hard work. So this year, the Caritas Clinics, Mercy & Truth Medical Missions, and Vibrant Health have come together through an innovative grant provided by the Wyandotte Health Foundation (WHF): the Trauma Informed Learning Collaborative. TMC Behavioral Health’s Rev. Roxanne Pendleton, M.Div., is a lead TIC facilitator for two of the three clinics listed, and collaborate with Jamie Wehmeyer of Resilience Builders to lead the TIC Learning Collaborate for all WHF grantees.

The goals are to share best practices with one another, support one another through the challenges of culture transformation, and sustain momentum in successfully implementing TIC. Areas of focus include creating trauma-informed physical spaces, helping patients and staff regain calm when triggered, addressing compassion fatigue and secondary trauma for staff, and moving from trauma awareness and sensitivity to being fully responsive and trauma informed in every aspect of clinic work.

Ultimately, this collaboration will serve as a key anchor in building more resilient and trauma-informed communities. Visit behavioralhealthkc.org/services/trauma-informed-care for more information about TIC at TMC Behavioral Health.
A note from our COO...

As I think about bearing hope, I think of how each of you have stepped up to the plate to continue being available for your clients. As part of an essential hospital, the services you provide day-to-day are essential in the lives of those we serve. It’s this level of commitment and care that makes us stand out.

There is a lot of activity as we adjust to our new (for now) normal. Leadership huddles daily around how we can support staff and respond to the COVID-19 emergency in a way that is in line with Our Noble Cause. Every afternoon, pertinent information for the next day will be sent to our staff in an email.

We created BHCV19@tmcmed.org to open up an additional line of communication with you; use this address to direct any questions you might have about COVID-19 and its impact on our work together.

Understandably, there is concern about continuing to provide care for those we serve during these unprecedented times. For now, please explore creative means to provide service for our clients, and as always, creative ideas are welcome; also send them to BHCV19@tmcmed.org.

Information is changing rapidly, at different times during the same day. Please be sure to read each email update thoroughly. I’m proud to see how our teams have rallied together to take on this challenge. Thank you for the work you do — now and always. — in dedication to acceptance, bearing hope, and compassion toward those we serve.

Elizabeth Eckford of Little Rock Nine visits Truman Medical Centers

Members of our TMC Behavioral Health team spent time with Little Rock Nine member, Elizabeth Eckford during her visit to the HSD hospital campus. Dianne Asher, Director of Workforce Development, said “Tonight I met a true American hero! I had the honor and great privilege of having dinner with Ms. Elizabeth Eckford of ‘the Little Rock Nine’. I am at a loss for words to comprehend the courage she displayed at 15 and still does today to end racial injustice in this country!”

Sitting (left to right): Elizabeth Eckford, Kreasha Williams, (top right) Dianne Asher, Elizabeth Eckford, (bottom) Russell Anderson, Elizabeth Eckford.
What a Difference a Job Makes!

The Employment Services Department’s mission is to provide individuals the tools they need to become independent through employment. Each year, our department serves approximately 400 unique clients by providing various work related supports: employment groups, shopping, interview practice, resume writing, intermittent case management support, job search & placement, on-the-job support, employer networking including job fairs. Throughout the years, we average assisting 200+ consumers with obtaining competitive employment.

Employment is vital to maintaining good overall mental health. Conversely, unemployment increases the risk of extended mental health problems including a rise in mental health symptoms, hospital admission and criminal activities. The long term effect is the increase in consumer self-sufficiency and a decrease in the amount of time and resources.

Our clientele have the most severe and persistent mental health diagnosis, education ranging from no high school diploma to having a Master’s Degree and some with felonies including those recently released from jail. The Employment Specialist job is very rewarding but not necessarily easy!

Our funding partners include the Jackson County Mental Health Tax Levy, the State of Missouri Vocational Rehabilitation Services and the Department of Mental Health. Each partner has been financially instrumental in helping us provide steady, quality services to the community. It is because of their continued support that we are one of the biggest employment programs in Kansas City.

Visit facebook.com/trumedBH to read stories about our staff (listed right) who exemplify Our Noble Cause of acceptance, hope and compassion to those they serve.

Julian Seyal
Madison Prismantas (see story page 4)

Welcome New TMC Behavioral Health Staff Members!

Tameisha Martin, Employment
Lindsey Williams, CAP
Ana Broadwater, ACO
Rhonda Barber-Groves, RHS
Lily Sieben, RESCA
Gloria Little, BH

Thank you to TMC Behavioral Health staff Shalise Williams and Yann Aguirre who worked tirelessly to screen visitors to Healing Canvas.
Behavioral Health Committee Corner

<table>
<thead>
<tr>
<th>Quality Focus</th>
<th>Committee</th>
<th>Meeting Day/Time*</th>
<th>Chair(s)/Point of Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Quality</td>
<td>Clinical Practice Subcommitteee: Zero Suicide Taskforce</td>
<td>TBD/TBD</td>
<td>Jennifer Keller-McDaniels</td>
</tr>
<tr>
<td>Risk Management</td>
<td>Community Relations Death Review Patient &amp; Employee Safety</td>
<td>1st Wednesday, 2 p.m. PRN/PRN/PRN 2nd Tuesday, 1:30 p.m.</td>
<td>Aaron Crossley Melinda Teglia/Jeff Metzner Bethany Zaiger/ Gino Taylor</td>
</tr>
<tr>
<td>Technical Assist/ Support</td>
<td>EMR/Measurement Development</td>
<td>3rd Thursday, 9:30 a.m.</td>
<td>Jennifer Waterman Jena Harper</td>
</tr>
<tr>
<td>Workforce</td>
<td>Employee Engagement Trauma Awareness and Resiliency Committee (TARSC) Workforce Development Subcommittee: Certification</td>
<td>3rd Wednesday, 12 p.m. 4th Friday, 12 p.m. - 1 p.m. 1st Friday, 12 p.m.</td>
<td>Rob Ellis Lara Ashbaugh Dianne Asher/ Gino Taylor</td>
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*Meetings held monthly unless noted otherwise.

TMC Behavioral Health committee creates exclusive coffee blend

Members of our planning committee visited the Roasterie Kansas City Air Roasted Coffee to help create an exclusive blend for the WE RISE KC 2020 breakfast (now postponed).

It’s hard to fit the robust flavors of acceptance, bearing hope, and compassion into one cup, but I think our committee members nailed it!

Madison Prismantas awarded Employee of the Quarter

Madison Prismantas has a lot on her plate as a Recovery Coach at TMC Behavioral Health. But that doesn’t stop her from giving her undivided attention to her clients. It’s that empathy that earned her TMC’s “Employee of the Quarter” honors. Listen to what one of Madison’s clients says:

“The rare thing about Madison’s advocacy for us is the consistency with providing the highest quality professionalism she exhibits during our interactions with her. Madison accompanies us to our meetings with physical health providers to be present and available to attending staff should we suddenly switch between alter-personalities. Further, Madison makes time available for a second meeting each month to discuss our budget for the months ahead; Madison designed a budget template in Excel which has all of our bills listed with columns for dollar amounts in several categories; this template provides us with a great method for developing our monthly budget.” In our view, Madison is a high-quality employee deserving of an award.

We couldn’t agree more. Congratulations Madison!