The Importance of Covering Your Face

Face coverings/masks will continue to be important as we move into the recovery process. You could spread COVID-19 to others even if you do not feel sick.

<table>
<thead>
<tr>
<th>Chance of Transmission</th>
<th>Asymptomatic COVID-19 Carrier</th>
<th>Uninfected Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very high</td>
<td>![Red Man]</td>
<td>![Blue Person]</td>
</tr>
<tr>
<td>High</td>
<td>![Red Man]</td>
<td>![Blue Person]</td>
</tr>
<tr>
<td>Medium</td>
<td>![Red Person with Mask]</td>
<td>![Blue Person]</td>
</tr>
<tr>
<td>Low</td>
<td>![Red Person with Mask]</td>
<td>![Blue Person]</td>
</tr>
<tr>
<td>Very Low</td>
<td>![Red Person with Mask]</td>
<td>![Blue Person]</td>
</tr>
<tr>
<td>Virtually None</td>
<td>![Red Person within House]</td>
<td>![Blue Person within House]</td>
</tr>
</tbody>
</table>

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From Clay County Public Health Center
If you are having a family gathering or a cookout during the 4th of July weekend:

- Avoid hand shakes and hugs
- Use disposable utensils
- Have hand sanitizer readily available
- Bring your own lawn chair
- Do NOT share beverages
- Use disposable cups (write names on cups with Sharpie)
- Wear a mask and practice social distancing (6 feet a part)

Increase circulation of outdoor air as much as possible by:
Opening windows and doors, using fans, and other methods.

Routinely clean all frequently touched surfaces:

- Countertops
- Refrigerator
- Doorknobs
- TV remote
- Cell phones
- Handrails
- Restroom surfaces

Essential times to wash hands include:

- After blowing one’s nose, coughing, or sneezing
- After using the restroom
- Before eating or preparing food
- After contact with animals or pets