COMMUNITY HEALTH NEEDS ASSESSMENT TMC Lakewood



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LEFT The Mobile Market brings fresh produce to areas in the community that don't have access to nearby grocery stores.

LETTER FROM COO

Truman Medical Centers (TMC) Lakewood is a fullservice medical campus featuring a community hospital and a long-term care center. TMC is one of America's Essential Hospitals. This unique network of hospitals and health systems is recognized for its dedication to high-quality care for all, including the most vulnerable. In this role, TMC is a primary provider of essential community services that touch all people, including trauma and burn care, disaster response, public health, preventive services, and medical education.

We are dedicated to improving population health, and to achieve that goal the focus is understanding barriers to care and addressing them in ways to meet patient need. We value the community health needs reporting requirement as an important tool to provide intense focus on the needs of Kansas City and to demonstrate the depth of our commitment to address those needs for our patients and the community.

Sincerely,

Synette M. Whales

Lynette Wheeler, Chief Operating Officer, TMC Lakewood

PURPOSE OF THE REPORT

The report fulfills the requirements of a federal statute established by the Patient Protection and Affordable Care Act requiring non-profit hospitals conduct a Community Health Needs Assessment (CHNA) every three years. This needs assessment includes extensive input from persons representing broad interests of the communities service by our healthcare facility, including those with special knowledge of public health issues.

The CHNA will allow us to understand and plan for the current and future health needs of patients and residents in our community.

RIGHT Touchdown Family Fest provided health screenings, fun activities and information to promote a healthy lifestyle.



Truman Medical Centers



MISSION OF THE ORGANIZATION

Truman Medical Centers is an **academic health center**

providing accessible, state-ofthe-art quality healthcare to our community regardless of the ability to pay.

VISION OF THE ORGANIZATION

Leading the way to a **healthy** community.



SERVICE AREA



The TMC Lakewood geographic service area includes **60 zip codes** in its primary service area. This primary service area is home to **779,958 people** (ACS 2010-2014). The service area comprises the urban core of Kansas City, along with the suburban and rural communities that surround the Kansas City metro area.

PROCESS TO DETERMINE PRIORITY NEEDS

RIGHT Universith Health On the Go opened in Independence Hy-Vees to meet the needs of Eastern Jackson County.

Identify partners

As part of its ongoing work in meeting community need, TMC engages these organizations in strategic planning and in helping identify organizational priorities. During this phase, TMC completed the following:

- Established an inventory of TMC involvement in community-based partnerships
- Identified consumers and engaged them through focus groups and surveys

Assemble existing data to measure and evaluate health status

TMC assembled a broad set of data to measure and evaluate health status, health statistics and the incidence rates of disease, illness and accidents using secondary data sources. This phase of the assessment focused not only on health outcomes, but also on factors that influence future health, such as health and wellness habits, experiences accessing care and attitudes that influence healthy behavior.



Survey a broad array of key constituents and community partners

This phase engaged the board, organizational leadership, key constituents and community partners to identify and prioritize community health issues; using the results of the data analysis. Multiple surveys were utilized during this process, with delineation of responses among TMC staff/leadership and the community overall.

Develop and implement strategies

This process is ongoing at TMC, and includes engaging the board, organizational leadership, key constituents and community partners to identify the strategic direction for the organization and results in a set of strategies to address prioritized community health issues. This process, which extends well beyond the community health needs assessment, includes:

- Developing strategies in collaboration with intersectional partners to solve existing community health problems.
- Identifying and building upon community assets and direct them toward resolving health problems.
- Leading efforts in the community to link individuals with preventive, health promotion and other health services.
- Developing plans to address key issues not currently being addressed.

PRIORITIES FOR COMUNITY HEALTH NEEDS FOCUS 2017-2020

Access to primary care providers

Through a variety of mechanisms, TMC will continue its efforts to increase access to all types of care, for all community members. Using a health equity approach, which recognizes the impact of socio-ecological factors on a person's ability to access health care, TMC continues to identify locations for direct outreach, including community-based clinics and community-based health education. This approach is an underlying theme to everything TMC undertakes; with staff members educated in cultural competence and trauma-informed care. This approach was designed to create an atmosphere of welcome for all who interact with TMC.

Because of this focus, TMC will continue its goal of being the provider of choice for key health conditions which include Sickle Cell disease, HIV and other chronic conditions that disproportionately impact minority populations in the greater Kansas City region.

Chronic disease

Chronic diseases are responsible for seven of 10 deaths each year, and treating people with chronic diseases accounts for 86 percent of our nation's health care costs according to the CDC. Chronic diseases are non-communicable illnesses that are prolonged in duration, do not resolve spontaneously, and are rarely cured completely. Chronic diseases include heart disease, cancer, stroke, diabetes, and arthritis.



Maternal and infant health

According to the CDC, pregnancy and childbirth have a huge impact on the physical, mental, emotional, and socioeconomic health of women and their families. Pregnancy-related health outcomes are influenced by a woman's health and other factors like race, ethnicity, age, and income.

Behavioral health

Individuals struggling with serious mental illness are at higher risk for homicide, suicide, and accidents as well as chronic conditions including cardiovascular and respiratory diseases and substance abuse disorders. In state fiscal year 2014, 12,448 Jackson County residents received treatment for serious mental illness at publicly-funded facilities. Of those, the majority were treated for mood disorders (7,051) and anxiety disorders (4,150). While there is data on those who receive treatment, data on mental health in the general population is very limited, especially at the local level.

Senior health services

Emergency Department visits for mental health issues are significant among individuals age 65 and older. Many of these patients end up transferred to Lakewood's geri-psych program when they become too difficult for the nursing home to handle. As a result, this program is typically at capacity. In Fiscal Year 2015, the program had 383 unique inpatients, with a total of 432 admissions. With a capacity of 16 acute care beds for this patient population, it is evident that the need is extensive.

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For a copy of the full report please contact or visit www.trumed.org/CHNA