# The 3 Types of Care in the Home

A company may have one or all of these types of programs.

## #1

**Commonly Called:**

Home Health

**Major Payer:** Medicare

**Services Offered:**
- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Medical Social Services (social worker)

**Home Health Aide - personal care** (bathing, dressing, hair & nail care)

*Not homemaker/companion care*

**Consumer Needs:**
- Short-term (usually several weeks to months)
- Acute needs (exacerbation of illness) (care after surgery)
- Medicare Patient is homebound (for duration of care )
- Services ordered by Physician
- Part-time or Intermittent basis (visits may last 1-2 hours) (could be several times a week)

**Agency Criteria:**
- Provides two or more of the 6 services listed above
- One service must be skilled nursing
- Visits must be on intermittent basis (several times a week 1-2 hours)
- Follows federal & state regulations
- Requires a state home health license
- Most likely also Medicare Certified

**Oversight:**

MO Department of Health and Senior Services/Bureau of Home Care and Rehabilitative Standards is responsible for licensure and oversight.

Telephone for questions 573/751-6336

http://www.health.mo.gov/safety/homecare

To voice a complaint call 800/392/0210

## #2

**Commonly Called:**

In-Home Care

**Major Payer:** Medicaid

**Services Offered:**
- Homemaker Chore Services (cleaning, cooking, laundry)
- Personal Care Assistance (bathing & grooming)
- Respite Care (caregiver relief)
- Advance Personal Care (assist with activities of daily living when assistance requires devices and procedures related to altered body functions)
- Authorized Nurse Visits (i.e., RN fill medicine box)
- Adult Day Care
- Consumer Directed (Independent Living Waiver - specialized medical equipment, supplies, environmental accessibility adaptations)

**Consumer Needs:**
- Long-term (usually months to years)
- Chronic needs (assistance needed to stay in the home) (help with activities of daily living)
- Services ordered by Physician

**Agency Criteria:**
- Provides home & community based services to elderly & disabled who meet Nursing Home Level of Care & are eligible for Medicaid
- Follows state regulations
- Requires a contract with the state

To request services - DSDS Call Center at 866/835/3505

To Report Abuse/Neglect call 800/392/0210

To request a care plan or provider change 573-526-8537

**Oversight:**

Missouri Medicaid Audit and Compliance (MMAC) 573/751-3399

Questions on opening an in-home/CDS agency or regarding in-home/CDS contract

mmac.ihscontracts@dss.mo.gov

IHS/CDS Proposal/Provider Enrollment Information:


## #3

**Commonly Called:**

Private Duty/Private Pay

**Major Payer:** Private Fund/Insurance

**Services Offered:**
- Provides only 1 Service (could be nursing or aide services for personal care)
- Provides care in Shifts (4 plus hours at a time, may offer both nursing & personal care in shifts)
- Provides Staffing (supplies nurses to hospitals, etc.)

**Consumer Needs:**
- No limit on amount or duration of time in the home (determined by the patient and/or family)
- No criteria needed to obtain care (determined by patient and/or family needs)
- No Physician order needed for aide giving personal care , respite or companion care

**Agency Criteria:**
- NO license issued in MO for this type of company
- Examples of care that does not meet the Missouri requirement for licensure:
  1. Company only provides 1 service
  2. Company does supply nurse and aide (2 services), but they do shift work of 4 plus hours
  3. Company provides 2 or more services, (personal care, chore services & respite care) but only one service (aide) from the “Home Health” list

**Oversight:**

No government oversight.

If company provides nursing, register complaint with Missouri State Board of Nursing at http://pr.mo.gov/

For Abuse & Neglect 800/392-0210

Issues with fraud, contact the MO Attorney General's Office through the (Consumer Hotline at 800/392-8222.)