Animal Assisted Therapy

Behavioral Health Services offers animal-assisted therapy for our patients. Animal-assisted therapy can help improve patient’s mental, physical, social and emotional functioning. Our Certified Therapeutic Recreation Therapist and Certified Activity Professional utilize therapy dogs with their patients in a group therapy session every two weeks. The therapy is proven to help patients suffering from dementia, psychosis, high blood pressure, anxiety and depression. Patients with a variety of conditions can benefit from animal-assisted therapy and the impact can include increased happiness, reduced anxiety and depression and even a decrease in physical pain.