

# Student Ambassador Program

- The Student Ambassador Program allows a student in each 3<sup>rd</sup> grade class to serve as an ambassador for living "Health Centered."
- Each week during the school year, a different student will be selected to serve as the Health Centered Student Ambassador.





# Student Ambassador Program

- By serving, the student will get to read a health tip card to their classmates.
- The student will also receive a t-shirt to wear on the day they read their health tip to the class, designating them as the Ambassador.





# Student Ambassador Program

- Near the end of the school year, when all the students have had an opportunity to serve as Ambassadors, the students will be asked to write a one-page essay on how they can live "Health Centered."
- The purpose of the essay is to evaluate how well the students learned the healthy tips throughout the school year.





## **Grant Eligibility Requirements**

- Schools that participate in the Program are eligible to receive a monetary grant up to \$3,000. They can use the grant toward acquiring health-centered equipment for their schools.
- Eligibility is determined by:
  - Program participation from all 3<sup>rd</sup> grade classrooms
  - Displaying "Health Centered" messaging in classes and in hightraffic areas of school (i.e. cafeteria, gym, library and hallways)
  - All 3<sup>rd</sup> grade students participating in reading the health tip cards as an Ambassador
  - All 3<sup>rd</sup> grade students participating in the "Health Centered" essay project near the end of the school year





### **Grant Funds**

 Examples of recommended equipment include: playground equipment, Fitbit for Kids, water bottles, bikes or other aids that promote physical, mental, emotional and spiritual health





#### Teacher's Kit Includes:

- 25-30 Health Centered tip cards
- Health Centered posters
- 25-30 Ambassador t-shirts





















