

Tufica Bell, Family Medicine, PGY-1

Medical School: Doctor of Osteopathy – Oklahoma State University College

of Osteopathic Medicine

Higher Education University: Bachelor of Science – Biochemistry, University of Oklahoma

Hometown: Moved to Yukon, OK from New Delhi, India at eight years

old.

Medical practice interests: Sports Medicine, Preventative Medicine, Global Medicine

Recreational activities/hobbies: Hatha Yoga, cross country, running, road biking, disc

golfing, acrylic painting, ukulele strumming, attending OKC Thunder's basketball/Cardinal baseball games and going

to Rhianna concerts with my sister!

Other Because of my upbringing, I am familiar with Hindi and

Arabic. I previously worked at YMCA as a yoga teacher and with OKC Thunder's orthopedics. I've had the honor of meeting Mother Teresa who has inspired my pursuit for

medical missions.