

Healing Psalms and Prayers

Psalm 30

1 A Psalm. A Song at the dedication of the house of David. I will extol You, O Lord, for You have lifted me up, And have not let my foes rejoice over me. **2** O Lord my God, I cried out to You, And You healed me. **3** O Lord, You brought my soul up from the grave; You have kept me alive, that I should not go down to the pit. **4** Sing praise to the Lord, You saints of His, And give thanks at the remembrance of His holy name. **5** For His anger is but for a moment, His favor is for life; Weeping may endure for a night, But joy comes in the morning. **6** Now in my prosperity I said, "I shall never be moved." **7** Lord, by Your favor You have made my mountain stand strong; You hid Your face, and I was troubled. **8** I cried out to You, O Lord; And to the Lord I made supplication: **9** "What profit is there in my blood, When I go down to the pit? Will the dust praise You? Will it declare Your truth?" **10** Hear, O Lord, and have mercy on me; Lord, be my helper!" **11** You have turned for me my mourning into dancing; You have put off my sackcloth and clothed me with gladness, **12** To the end that my glory may sing praise to You and not be silent. O Lord my God, I will give thanks to You forever.

Psalm 121

1 A Song of Ascents. I will lift up my eyes to the hills-- From whence comes my help? **2** My help comes from the Lord, Who made heaven and earth. **3** He will not allow your foot to be moved; He who keeps you will not slumber. **4** Behold, He who keeps Israel Shall neither slumber nor sleep. **5** The Lord is your keeper; The Lord is your shade at your right hand. **6** The sun shall not strike you by day, Nor the moon by night. **7** The Lord shall preserve you from all evil; He shall preserve your soul. **8** The Lord shall preserve your going out and your coming in From this time forth, and even forevermore.

Psalm 130

1 A Song of Ascents. Out of the depths I have cried to You, O Lord; **2** Lord, hear my voice! Let Your ears be attentive To the voice of my supplications. **3** If You, Lord, should mark iniquities, O Lord, who could stand? **4** But there is forgiveness with You, That You may be feared. **5** I wait for the Lord, my soul waits, And in His word I do hope. **6** My soul waits for the Lord More than those who watch for the morning-- Yes, more than those who watch for the morning. **7** O Israel, hope in the Lord; For with the Lord there is mercy, And with Him is abundant redemption

Psalm 100

1 A Psalm of Thanksgiving. Make a joyful shout to the Lord, all you lands! **2** Serve the Lord with gladness; Come before His presence with singing. **3** Know that the Lord, He is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture. **4** Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him, and bless His name. **5** For the Lord is good; His mercy is everlasting, And His truth endures to all generations.. **8** And He shall redeem Israel From all his iniquities.