

HOSPITAL CHECKLIST



Hospitalization can be a stressful time whether planned or unplanned. An emergency bag packed ahead of time can make a visit to the hospital go more smoothly. Here is a list of items you should pack.

- ☐ Current list of medications include over-the-counter, vitamins, and herbs
- ☐ Brief Medical History: conditions, illnesses, special considerations, allergies
- ☐ Insurance information/cards
- ☐ Identification: driver's license or state ID
- ☐ Advanced Directives, Health Care Proxy, and/or Power of Attorney, Medical Orders for Life-Sustaining Treatment (MOLST)
- ☐ Emergency Contact List, including power of attorney, and/or health care proxy (denote relationship and if they are local or out of town)
- ☐ Cell phone and charger
- ☐ Notebook and pen for notetaking and writing questions for the doctors
- ☐ Robe and/or cardigan sweater (to wear on and off over the hospital gown)
- ☐ Brief personal information sheet so nurses and doctors can get to know you
- ☐ Upon admission you will receive a complimentary toiletry bag. If preferred, bring your own personal travel-size toiletry items
- ☐ Hair brush
- ☐ Clothing, shoes, socks and undergarments for the trip home
- ☐ Glasses, glasses cleaner, contact lens and solution
- ☐ Hearing device and hearing aid batteries
- ☐ Music device and headphones
- ☐ Dentures and supplies (hospital provides a denture cup)
- ☐ Cane or walker or any device to assist with ambulation

****PLEASE LABEL ALL OF YOUR ITEMS****

DO NOT BRING:

- Medications from home. The Hospital will provide the medications you need, unless it's requested by the provider
- Any valuable or expensive items such as cash, jewelry, credit card(s), etc.