

JULIA

Expert orthopedic surgery helped this teen dance competitor get back on her toes.

At fifteen, Julia suffered a painful knee injury while dancing. After surgery and a year of physical therapy, she still couldn't dance. That's when she went for a second opinion with a surgeon at the White Plains Hospital Center for Orthopedic & Spine Surgery. Dr. Rick Weinstein performed minimally invasive knee surgery. In just two months, Julia was back in the dance studio.



White Plains Hospital  
*Exceptional, every day.*

A MEMBER OF THE MONTEFIORE HEALTH SYSTEM

*Find your pain relief at  
[exceptionaleveryday.org/dancer](http://exceptionaleveryday.org/dancer)  
or call (914) 849-MyMD*