Give your kids what they need to succeed. YOU.

JumpStart for Dads

FREE Virtual Skills Program for New & Expecting Dads in English or Spanish

Why is a Dads program important?

♦ Dads are very important to a child’s health, development and safety.

♦ Becoming a new Dad can be a scary thing.

♦ Involved Dads improve their children’s overall emotional and social well-being.

What will this program do for me?

♦ Empower me with skills so I am more comfortable with my new role

♦ Help me become the best father I can be

♦ Help me raise a happy, successful child

What is JumpStart for Dads?

♦ It is based on the Fathering in 15™ evidence-based skills course for Dads.

♦ Sample topics include Being a Man and a Dad, Fathering Skills, Managing Emotions, Co-Parenting, Managing Money, and Child Behavior & Development.

To sign up or for more information:

♦ Call the White Plains Youth Bureau 914-422-1378

♦ Email jumpstartdads@gmail.com

♦ Text 914-446-0783

Babies don’t come with instructions. We’re here to help.