

Give your kids what they need to succeed. YOU.

JumpStart for Dads

FREE

Virtual Skills Program
for New & Expecting Dads
in English or Spanish

Why is a Dads program important?

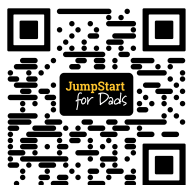
- ◆ Dads are very important to a child's health, development and safety.
- ◆ Becoming a new Dad can be a scary thing.
- ◆ Involved Dads improve their children's overall emotional and social well-being.

What will this program do for me?

- ◆ Empower me with skills so I am more comfortable with my new role
- ◆ Help me become the best father I can be
- ◆ Help me raise a happy, successful child

What is JumpStart for Dads?

- ◆ It is based on the Fathering in 15™ evidence-based skills course for Dads.
- ◆ Sample topics include Being a Man and a Dad, Fathering Skills, Managing Emotions, Co-Parenting, Managing Money, and Child Behavior & Development.



To sign up or for more information:

- ◆ Call the White Plains Youth Bureau 914-422-1378
- ◆ Email jumpstartdads@gmail.com
- ◆ Text 914-446-0783

CITY OF
WHITE PLAINS
WPYB
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Babies don't come with instructions. We're here to help.