



IN THE 3 MINUTES IT TAKES TO MAKE YOUR COFFEE, YOU COULD CHECK YOUR HEART HEALTH

When it comes to knowing about your heart health, making a big difference shouldn't take a huge effort. That's why White Plains Hospital created a three-minute quiz that can help you determine your risk factors and lead you to the right doctors for your treatment.

Because knowing is exceptional, every day.



Visit exceptionaleveryday.org/heartdisease
or scan the QR code with your phone to take
the quiz.



A MEMBER OF THE MONTEFIORE HEALTH SYSTEM