

Colorectal Screening

Did you realize that ...

- *Excluding skin cancer, colorectal cancer is 3rd Leading cause of cancer deaths among men & women ...*
- *The lifetime average risk of developing Colorectal cancer in men and women is between 4% and 5%*

Find out if you are at risk. Get Screened!

The ACS recommends that people at average risk of colorectal cancer **start regular screening at age 45**. This can be done either with a sensitive test that looks for signs of cancer in a person's stool (a stool-based test), or with an exam that looks at the colon and rectum (a visual exam).

You are considered to be at average risk if you do not have:

- A personal history of colorectal cancer or certain types of polyps
- A family history of colorectal cancer
- A personal history of inflammatory bowel disease (ulcerative colitis or Crohn's disease)
- A confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary non-polyposis colon cancer or HNPCC)
- A personal history of getting radiation to the abdomen (belly) or pelvic area to treat a prior cancer

People at increased or high risk of colorectal cancer might need to start colorectal cancer screening before age 45, be screened more often, and/or get specific tests. Please consult with your medical practitioner to see what category you would fall under and what the best course of treatment would be for you.

Source: American Cancer Society

All staff who complete the Colorectal Screening can earn credit towards **Wellness Innovation Prevention Rewards Program** during the calendar year!



Questions? Contact Frank J. LoCastro at flocastro1@wphospital.org or at extension 2539.