

# CDC ISOLATION GUIDELINES

## General Public

(Updated 12/27/21)

### **If you test Positive for COVID-19:**

- **Isolate, regardless of vaccination status.**
- Stay home for 5 days
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house. Continue to wear a mask around others for 5 additional days.
- If symptoms persist after 5 days, continue to isolate until you have no symptoms or your symptoms are resolving, then wear a mask around others for 5 additional days.

*If you have a fever, continue to stay home until your fever resolves.*

### **If you were exposed to someone with COVID-19 (Quarantine) AND you have received your booster OR completed the primary series of Pfizer OR Moderna within the last 6 months OR J&J within the last 2 months:**

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

*If you develop symptoms get a test and stay home.*

### **If you were exposed to someone with COVID-19 and it has been 6 months since your primary series of Pfizer or Moderna OR 2 months since your J&J OR are unvaccinated:**

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

*If you develop symptoms get a test and stay home*