



**Ventura County Medi-Cal Managed Care Commission (VCOMMCC)  
dba Gold Coast Health Plan**

**Community Advisory Committee Meeting**

**Regular Meeting**

**Wednesday, July 26, 2023, 4:00 p.m. – 6:00 p.m.**

**Gold Coast Health Plan, 711 East Daily Drive, Community Room  
Camarillo, CA 93010**

**Meeting held pursuant to AB 361**

**Conference Call Number: 1-805-324-7279**

**Conference ID Number: 651 450 235#**

**Para interpretación al español, por favor llame al: 1-805-322-1542 clave: 1234**

**Due to the declared state of emergency wherein social distancing measures have been imposed or recommended, this meeting is being held pursuant to AB 361.**

**AGENDA**

**INTERPRETER ANNOUNCEMENT**

**CALL TO ORDER**

**ROLL CALL**

**PUBLIC COMMENT**

The public has the opportunity to address the Community Advisory Committee (CAC). Persons wishing to address the Committee should complete and submit a Speaker Card.

Persons wishing to address the CAC are limited to three (3) minutes unless the Chair of the Committee extends time for good cause shown. Comments regarding items not on the agenda must be within the subject jurisdiction of the Committee.

Members of the public may call in, using the numbers above, or can submit public comments to the Committee via email by sending an email to [ask@goldchp.org](mailto:ask@goldchp.org). If members of the public want to speak on a particular agenda item, please identify the agenda item number. Public comments submitted by email should be under 300 words.

## **Welcoming Remarks**

Nick Liguori, Chief Executive Officer  
Erik Cho, Chief Policy & Program Officer  
Marlen Torres, Executive Director of Strategy & External Affairs

## **CONSENT**

1. **Approval of Community Advisory Committee Regular Meeting Minutes of April 26, 2023, Special Meeting Minutes of May 24, 2023, June 21, 2023, and July 12, 2023.**

Staff: Maddie Gutierrez, MMC – Clerk to the Commission

RECOMMENDATION: Approve the minutes as presented.

2. **Findings to Hold Remote Teleconference/Virtual CalAIM Advisory Committee Meetings Pursuant to Assembly Bill 361**

Staff: Marlen Torres, Executive Director of Strategy & External Affairs

RECOMMENDATION: It is recommended that the Committee adopt the findings to continue to meet remotely.

## **UPDATES**

3. **Behavioral Health Update**

Staff: Lucy Marrero, Director of Behavioral Health & Social Programs

RECOMMENDATION: Receive and file the update.

4. **Medically Supportive Foods Update (Agenda item has been tabled)**

Staff: Margaret Leroy, Clinical Programs Registered Dietician

RECOMMENDATION: Receive and file the update.

## **PRESENTATIONS**

### **5. New Benefits: Asthma Remediation Program Overview / Healthy Connections**

Staff: Lupe Gonzalez, PhD, MPH, Director Health Education, Cultural & Linguistic Services

**RECOMMENDATION:** Receive and file the presentation.

### **6. Adolescent Well-Care**

Staff: Heidi Ramirez, BSN, Quality Improvement  
Laura Crisostomo, Quality Improvement Manager

**RECOMMENDATION:** Receive and file the presentation.

## **COMMENTS FROM COMMITTEE MEMBERS**

### **CAC Feedback / Roundtable Discussion**

### **PUBLIC COMMENT**

## **ADJOURNMENT**

Date and location of the next meeting to be determined at the August 23, 2023, special CAC meeting.

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Administrative Reports relating to this agenda are available at 711 East Daily Drive, Suite #106, Camarillo, California, during normal business hours and on <http://goldcoasthealthplan.org>. Materials related to an agenda item submitted to the Committee after distribution of the agenda packet are available for public review during normal business hours at the office of the Clerk of the Commission.

In compliance with the Americans with Disabilities Act, if you need assistance to participate in this meeting, please contact (805) 437-5512. Notification for accommodation must be made by the Monday prior to the meeting by 1:00 p.m. to enable the Clerk of the Commission to make reasonable arrangements for accessibility to this meeting.

## **AGENDA ITEM NO. 1**

**TO:** Community Advisory Committee (CAC)  
**FROM:** Maddie Gutierrez, MMC - Clerk to the Commission  
**DATE:** July 26, 2023  
**SUBJECT:** Approval of the Community Advisory Committee regular meeting minutes of April 26, 2023, and special meeting minutes of May 24, 2023, June 21, 2023, and July 12, 2023.

### **RECOMMENDATION:**

Approve the minutes as presented.



**Ventura County Medi-Cal Managed Care Commission (VCMCC)  
dba Gold Coast Health Plan (GCHP)**

**Community Advisory Committee (CAC) Minutes  
Regular Meeting  
April 26, 2023**

**CALL TO ORDER**

Committee Chair, Ruben Juarez, called the meeting to order at 4:04 p.m. via teleconference. The Clerk was in the Community Room located at Gold Coast Health Plan, 711 E. Daily Drive, Camarillo, California.

**INTERPRETER ANNOUNCEMENT**

David Galla, Interpreter, made his announcement for Spanish speakers.

**ROLL CALL**

Present: Committee members Paula Johnson, Laurie Jordan, Ruben Juarez, Rose Mackay, *Jesse Hernandez for Elaine Martinez*, and Pablo Velez.

Absent: Committee members Martha Johnson, Victoria Jump, Juana Quintal, and Rafael Stoneman.

Attending the meeting for GCHP Executive Team were Marlen Torres, Luis Aguilar, CEO Nick Liguori, CMO Felix Nunez, M.D., CPPO Erik Cho, CCO Robert Franco, CIO Alan Torres, Paul Aguilar, Exec. Director of HR, Adriana Sandoval, Susana Enriquez-Euyoque, Veronica Estrada, Lisbet Hernandez, Lupe Harrion, Rachel Lambert, Heidi Ramirez, Pauline Preciado, Laura Crisostomo, Lupe Gonzalez, and Lily Yip.

**PUBLIC COMMENT**

None.

**WELCOMING REMARKS**

Marlen Torres, Executive Director of Strategy & External Affairs thanked all for their participation in the meeting. Ms. Torres stated that there would be some adjustments to the order of agenda items. We will be moving the Formal Action item to a later time in the meeting. Legal Counsel, Scott Campbell will be presenting information at that time.

Ms. Torres stated Chief Medical Officer, Felix Nunez, M.D., would be making some opening remarks.

CMO Nunez stated that in today's meeting there would be updates that affect current initiatives. GCHP is currently working on eight (8) initiatives. The main jest is to review specifics the organization wants to accomplish. There are three (3) current objectives:

- 1) High level of quality to our membership
- 2) Care should be highly accessible
- 3) Care should be highly impactful

We also need to ensure that we are in alignment with our membership. We are striving to provide an exceptional level of care for our members.

***Committee member Victoria Jump joined the meeting at 4:10 p.m.***

## **CONSENT**

### **1. Approval of Community Advisory Committee Special Meeting Minutes of February 15, 2023, March 15, 2023, and April 12, 2023.**

Staff: Maddie Gutierrez, MMC – Clerk to the Commission

**RECOMMENDATION:** Approve the minutes as presented

Committee member Paula Johnson motioned to approve consent item 1. Committee member Pablo Velez seconded.

Roll Call vote as follows:

**AYES:** Committee members Paula Johnson, Laurie Jordan, Ruben Juarez, Victoria Jump, Rose Mackay, *Jesse Hernandez for Elaine Martinez*, and Pablo Velez

**NOES:** None.

**ABSENT:** Committee members Martha Johnson, Juana Quintal, and Rafael Stoneman.

The motion carries.

## **FORMAL ACTION**

### **2. Findings to Hold Remote Teleconference/Virtual CalAIM Advisory Committee Meetings Pursuant to Assembly Bill 361**

Staff: Scott Campbell, General Counsel

**RECOMMENDATION:** It is recommended that the Committee adopt the findings to continue to meet remotely.

This item will be moved to a later time in the meeting. Once general Counsel, Scott Campbell arrives, he will present the information.

## **UPDATES**

### **3. Medi-Cal Rx Update-Unwinding of Public Health Emergency-Therapeutics Coverage**

Staff: Lily Yip, Clinical Programs Pharmacist

**RECOMMENDATION:** Receive and file the update.

Lily Yip, Clinical Programs Pharmacist, gave a background on Medi-Cal Rx. Medi-Cal Rx is the pharmacy benefit and services administered by GHCS. These services include outpatient drugs, (both prescribed and over the counter), Administered drugs, enteral nutrition products and medical supplies. Ms. Yip reviewed the transition dates, as well as reinstatement of prior authorizations (PA). She noted the effective date was February 24, 2023. DHCS completed the reinstatement process of Prior Authorization requirements for all therapeutic drug classes for new start medications for beneficiaries ages 22 and older. She stated this will not impact members who are age 21 and under. She also stated that effective March 24, 2023, DHCS started the process for the retirement of the Transition policy.

Ms. Yip reviewed the Medi-Cal Rx reinstatement timeline. Phase II was done in two waves. Wave 1 allowed reinstating prior authorizations for 39 therapeutic drug classes on 1/20/23. Wave 2 allowed reinstating prior authorizations for the remaining 46 therapeutic drug classes including medical supplies on 2/24/23. We are currently in Phase III. This is a series of transition lifts affecting beneficiaries age 22 and older from 3/24/23 to 6/23/23. Phase IV will begin no sooner than July 2023, and it will reinstate prior authorizations for beneficiaries ages 21 and younger and all enteral products.

The retirement of the Transition policy was reviewed. Members who had a previous grandfathered PA for a medication in a specific drug class may require a new PA if it is indicated by Medi-CalRx. Ms. Yip noted that DHCS has also enabled extended duration for some Pas for up to five (5) years for certain maintenance medications. The list has not yet been published. Ms. Yip also stated that COVID-19 tests will still be covered without cost sharing until 9/30/23.

Ms. Yip provided contact information as well as resources for Medi-Cal Rx and Reinstatement resources.

Committee member Paula Johnson asked if members could go to a pharmacy and be advised if their medication is not covered. Ms. Yip stated they will be advised when they are at the pharmacy. Ms. Johnson asked if it were a refill would they get advanced notice. Ms. Yip stated if the claim goes through ahead of time, there will be a notification to the pharmacist. Ms. Johnson asked if the pharmacist would notify the provider if the medication is rejected. Ms. Yip replied the provider will be notified.

Committee member Rose MacKay stated that Aterol is not currently available. She asked where this medication can be found. Ms. Yip stated there is a shortage nationwide. Members can ask GCHP for assistance. A 14-day emergency supply request can be submitted. She will check on the shortage status.

Committee member Laurie Jordan stated that all were assured it would go smoothly, yet there have been many issues. CMO Nunez stated it is a concern. Pharmacists can/will give a bridge supply to get medications in order to get by for a weekend. Ms. Yip stated members need to call and ask for an emergency supply; this includes insulin. The Stated assures secondary supply for one month. Ms. Jordan stated there have been many delays, and members are running out of medications.

Chief Compliance Officer, Robert Franco stated there are avenues to assist in filling medications. CMO Nunez stated the GCHP team is available during working hours. Committee Chair, Ruben Juarez asked if there are any non-contracted pharmacies in the county. Ms. Yip stated a pharmacy locator is available.

Committee member Pablo Velez motioned to approve agenda item 3. Committee member Paula Johnson seconded.

Roll Call vote as follows:

**AYES:** Committee members Paula Johnson, Laurie Jordan, Ruben Juarez, Victoria Jump, Rose Mackay, *Jesse Hernandez for Elaine Martinez*, and Pablo Velez

NOES: None.

ABSENT: Committee members Martha Johnson, Juana Quintal, and Rafael Stoneman.

The motion carries.

## **PRESENTATIONS**

### **4. Post-Discharge Hospital Health Navigator Program - Pilot Project at Dignity Health**

Staff: Guadalupe González, PhD, MPH  
Sr. Director of Health Education, Cultural and Linguistic Services

**RECOMMENDATION:** Receive and file the presentation.

Lupe Gonzalez, Sr. Director of Health Education, cultural and Linguistics Services gave an overview of the Hospital Health Navigator Pilot Program. The pilot program will have two health navigators conduct post- discharge visits with GCHP members. They will visit members prior to hospital discharge and then follow up with members for 30 days post-discharge. The navigators will also assist with scheduling follow-up appointments, medication refills, meals and various support services. The pilot program is an evidence-based model used in many public health interventions. The health navigators will be trained, will be bilingual/bicultural and have knowledge of GCHP benefits and services.

Dr. Gonzalez noted that the health navigators will be part of the integrated care team and will collaborate with GCHP Care Management on supportive services. She also reviewed the program focus, noting that members could be referred for care management services and health education services as needed.

Dr. Gonzalez reviewed evaluation measures. This includes evaluation at 3 and 6 months, re-admission rates, change in health outcomes, HEDIS/MCAS measures will be reviewed, and Emergency Room visits will also be monitored. Members are asked to complete a member satisfaction survey.

Committee member Rose MacKay asked what the difference between Dignity and a Case Manager with Ventura County is. Rachel Lambert stated they have a shorter term for care management. Ruben Juarez asked there is a start date for this pilot program. Dr. Gonzalez stated we are waiting for clearance but anticipate we should be receiving the clearance next week.

## **FORMAL ACTION**

### **2. Findings to Hold Remote Teleconference/Virtual CalAIM Advisory Committee Meetings Pursuant to Assembly Bill 361**

Staff: Scott Campbell, General Counsel

**RECOMMENDATION:** It is recommended that the Committee adopt the findings to continue to meet remotely.

General Counsel, Scott Campbell stated the Public Health Emergency is now over. Mr. Campbell reviewed the three (3) options available for public meeting attendance. He stated the committee needs to decide if they will 1) continue with AB361 monthly vote to hold meetings remotely, 2) Post agendas from the site where they will be participating in the meeting. They will also need to allow members of the public to attend from the committee member's office or home, or 3) AB2449- which allows for remote meetings to be limited to twice per year. All other meetings will be held in person. Mr. Campbell noted that the Commission voted to continue with monthly AB361 meetings, and Executive Finance Committee decided they will meet in person, posting agendas at their locations.

Committee Chair Ruben Juarez motioned to continue AB361. Committee member Paula Johnson seconded.

Roll Call vote as follows:

**AYES:** Committee members Paula Johnson, Laurie Jordan, Ruben Juarez, Victoria Jump, Rose Mackay, *Jesse Hernandez for Elaine Martinez*, and Pablo Velez

**NOES:** None.

**ABSENT:** Committee members Martha Johnson, Juana Quintal, and Rafael Stoneman.

The motion carries.

## 5. **Fluoride Varnish**

Staff: Heidi Ramirez, Quality Improvement R.N.

**RECOMMENDATION:** Receive and file the presentation

Laura Crisostomo, Quality Improvement R.N. stated that tooth decay is the most common chronic disease in children. She noted this condition can be prevented or minimized by brushing with fluoride toothpaste twice a day, limiting sugar sweetened beverages and providing education, and early dental care. 61% of third grade children in California have tooth decay.

Heidi Ramirez, Quality Improvement R.N., reviewed the application of fluoride varnish for children and stated that one application can cut decay risk by up to 59%. Children from first tooth eruption to age 6 can have the application. Underutilization of topical fluoride is an issue. There is more outreach and education being provided in order to meet new MCAS measures. Fluoride varnish aftercare information was also provided.

A list of resources and references was provided.

Committee member Paula Johnson stated she was concerned the fluoride treatment can change the color of the teeth and it might stay that way. Ms. Crisostomo stated one treatment might turn the teeth a bit yellow, but the teeth will go back to their original color once they are brushed. There is another treatment which is browner in color, but they are moving away from the use of that product.

Committee Chair, Ruben Juarez stated the information presented was very important.

## 6. **Keeping Our Medi-Cal Members Enrolled in Coverage**

Staff: Marlen Torres, Executive Director of Strategy & External Affairs

**RECOMMENDATION:** Receive and file the presentation.

Marlen Torres, Executive Director of Strategy & External Affairs reviewed outreach strategy for redetermination. She noted that GCHP and the County have been working together on redetermination. Outreach includes communications, community engagement, provider engagement and member engagement. Ms. Torres reviewed initiative imperatives and goals.

Now that the public health emergency is over, members will begin to receive yellow packets that they need to complete and submit in order to continue their services. Ms. Torres reviewed the regulatory guidance timeline.

Susana Enriquez-Euyoque, Director of Communications, reviewed the various communication channels that will be used to promote the redetermination packets. She noted the use of the GCHP website, press releases, newspaper, radio, and social media platforms. Community events and outreach to community leaders can be effective too. We need to ensure that our members will be able to provide updated contact information. We want members to complete their renewal by the due date. There is also information on next steps in case they miss their renewal date. We do not want our members to go without coverage.

Committee member Rose MacKay asked if packet would have an authorization form for case managers, in the event that patients cannot be contacted. She asked if case managers could fill out the form which will allow them to speak on behalf of the patient. Committee Chair, Ruben Juarez stated the One-Stop collects mail for homeless population and often the mail piles up because they do not stop by to pick it up. He asked if the packet could be completed for the member in order to keep them enrolled. Jessie Hernandez, County of Ventura, stated assisters can help fill out the information. Eligibility information cannot be provided. Members must contact the agency themselves. Ms. Torres stated that often the vulnerable population is not aware of what is needed to complete renewal forms. Assisters can go out to various area to help with renewals.

Ms. Enriquez-Euyoque reviewed the Communications July through December timeline. Community engagement started in April of 2022 and is on-going. Community Engagement and outreach will be between June 2023 through June 2024. There will be a variety of community events, presentations, workshops and Points of Care.

Vicki Wrighster, Sr. Director of Provider Network Operations reviewed provider engagement. She noted the use of the bi-monthly provider newsletter, provider orientations and in-services. She also stated that email blasts were sent out. Messaging during site visits and during JOMs were being done.

Anna Sproule, Sr. Director of Operations, reviewed member engagement. She stated member services and call center staff have been trained on helping members enroll on the BenefitsCal.com website. We are also sharing information with Ventura County Human Services when information is updated. We are also adding information to automated calls (IVR) and Text messages to remind members to update their contact information and complete renewal forms.



## 7. General CalAIM Update

Staff: Erik Cho, Chief Policy and Program Officer  
Pauline Preciado, Exec. Director of Population Health & Equity  
Rachel Lambert, Sr. Director of Clinical Care Management

RECOMMENDATION: Receive and file the presentation.

CPPO Erik Cho noted the information that will be presented included updates on ECM and Community Supports, as well as medically supportive foods program, supportive services, and Community Health Worker benefits.

Pauline Preciado, Executive Director of population & Health Equity reviewed CalAIM accomplishment highlights. She noted Member First which has an expansion of ECM Services, and we have launched twelve new Community support services as well as launched a CalAIM webinar series, and an Advisory Committee. These are a new set of services, and we are actively promoting these services in order to ensure needs are met.

Ms. Preciado reviewed the ECM expansion. She reviewed the three (3) phases as well as the Pregnancy & Post-Partum services that will launch in January 2024 for those at risk for adverse perinatal outcomes. Rachel Lambert, Sr. Director of Clinical Care Management, reviewed the current Community Supports services that are available. These services include Housing, recuperative care/medical respite, and medically tailored meals. Guiding principles for medically tailored meals was reviewed. The meals are customized to meet the individual needs for members. We are also working to get members into Enhanced care Management or disease management through care management.

Dr. Lupe Gonzalez reviewed various support services for members, such as transportation, care coordination support for pharmacy benefit and coming soon is future engagement and member incentive programs.

Dr. Gonzalez stated that we have non-licensed professionals which help with the prevention of disease, disability and other health conditions. The goal is to prolong life and promote physical and mental health. CHWs will be following DHCS guidelines and will be overseen by Supervising providers to ensure that CHWs meet qualifications stipulated in the contract.

Committee member Paula Johnson motioned to approve agenda items 4 through 7. Committee member Rose MackKay seconded.

Roll Call vote as follows:

AYES: Committee members Paula Johnson, Laurie Jordan, Ruben Juarez, Victoria Jump, Rose Mackay, *Jesse Hernandez for Elaine Martinez*, and Pablo Velez

NOES: None.

ABSENT: Committee members Martha Johnson, Juana Quintal, and Rafael Stoneman.

The motion carries.

### **COMMENTS FROM COMMITTEE MEMBERS**

Committee Chair, Ruben Juarez requested a follow-up presentation on children's dental hygiene.

Committee member Rose MacKay asked who provided transportation for GCHP members. Dr. Gonzalez stated GCHP has a contract with VTS (Ventura Transit Services). Vicki Wrihster stated bus passes are not currently offered, but we are working on this part of transportation services.

Committee member Paula Johnson stated she would like more information on the Health Navigation Pilot program.

### **PUBLIC COMMENT**

None

### **ADJOURNMENT**

With no further business to discuss the meeting was adjourned at 6:10 p.m.

Approved:

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Maddie Gutierrez, MMC Clerk to the Commission



**Ventura County Medi-Cal Managed Care Commission (VCMCC)  
dba Gold Coast Health Plan (GCHP)**

**Community Advisory Committee (CAC) Minutes  
Special Meeting  
May 24, 2023**

**INTERPRETER ANNOUNCEMENT**

Lourdes Campbell, Interpreter, made her announcement for Spanish speakers.

**CALL TO ORDER**

Committee Vice-Chair, Dr. Pablo Velez called the meeting to order. at 4:01 p.m. via teleconference.

**ROLL CALL**

Present: Committee members Martha Johnson, Paula Johnson, Laurie Jordan, Victoria Jump, Elaine Martinez, Juana Quintal, Rafael Stoneman, and Pablo Velez.

Absent: Committee members Ruben Juarez and Rose MacKay.

Attending the meeting for GCHP Executive Team were Marlen Torres, Exec. Director of Strategy & External Affairs, CCO Robert Franco, CIO Alan Torres, Adriana Sandoval, Lisbet Hernandez, Susana Enriquez-Euyoque, and Veronica Estrada.

**PUBLIC COMMENT**

None.

**WELCOMING REMARKS**

Marlen Torres, Executive Director of Strategy & External Affairs thanked those present for making quorum and having the opportunity to hold the special AB361 meeting.

## **CONSENT**

### **1. Findings to Continue to Hold Remote Teleconference/Virtual Community Advisory Committee Meetings Pursuant to Assembly Bill 361.**

Staff: Maddie Gutierrez, Clerk for the Commission

**RECOMMENDATION:** It is recommended that the Committee adopt the findings to continue to meet remotely.

Committee member Martha Johnson motioned to approve Consent item 1. Committee member Paula Johnson seconded.

Roll Call vote as follows:

**AYES:** Committee members Martha Johnson, Paula Johnson, Laurie Jordan, Victoria Jump, Elaine Martinez, Juana Quintal, Rafael Stoneman and Pablo Velez.

**NOES:** None.

**ABSENT:** Committee members Ruben Juarez, and Rose MacKay

The motion carries.

## **COMMENTS FROM COMMITTEE MEMBERS**

Committee member Laurie Jordan asked Dr. Velez to share what he will be doing the following week. Dr. Velez state he will be meeting with one of the parent representatives for Rainbow, and they will be presenting at a State Conference in Anaheim on the topic of Early Intervention, and best practice on working with Latino families. During this presentation, sight and perspectives will be shared.

Dr. Velez stated that Juan Quintal presented an idea on assistance to families with children who have Down Syndrome. Committee member Juana Quintal stated she is planning to organize a Down Syndrome Walk for children and adults with Down Syndrome. Ms. Quintal is requesting support from GCHP. Ms. Quintal will meet with Executive Director of Strategy & External Affairs, Marlen Torres to review details. Dr. Velez stated that Committee member Juana Quintal has also now joined Rainbow Connection in order to support families. Dr. Velez asked Paula Johnson of ARC if she would be interested in working on this event.

**PUBLIC COMMENT**

None

**ADJOURNMENT**

With no further business to discuss the meeting was adjourned at 4:11 p.m.

Approved:

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Maddie Gutierrez, MMC Clerk to the Commission

**Ventura County Medi-Cal Managed Care Commission (VCMCC)  
dba Gold Coast Health Plan (GCHP)**

**Community Advisory Committee (CAC) Minutes  
Special Meeting  
June 21, 2023**

**INTERPRETER ANNOUNCEMENT**

Lourdes Campbell, Interpreter, made her announcement for Spanish speakers.

**CALL TO ORDER**

Committee Vice-Chair, Dr. Pablo Velez called the meeting to order. at 4:04 p.m. via teleconference.

**ROLL CALL**

Present: Committee members Martha Johnson, Paula Johnson, Victoria Jump, Rose MacKay, Jesse Hernandez for Elaine Martinez, Juana Quintal, and Dr. Pablo Velez.

Absent: Committee members Laurie Jordan, Ruben Juarez and Rafael Stoneman.

Attending the meeting for GCHP Executive Team were Marlen Torres, Exec. Director of Strategy & External Affairs, CMO Felix L. Nunez, M.D., Adriana Sandoval, Lisbet Hernandez, and Susana Enriquez-Euyoque.

**PUBLIC COMMENT**

None.

**WELCOMING REMARKS**

Marlen Torres, Executive Director of Strategy & External Affairs thanked those present for making quorum and having the opportunity to hold the special AB361 meeting.

## **CONSENT**

### **1. Findings to Continue to Hold Remote Teleconference/Virtual Community Advisory Committee Meetings Pursuant to Assembly Bill 361.**

Staff: Maddie Gutierrez, Clerk for the Commission

**RECOMMENDATION:** It is recommended that the Committee adopt the findings to continue to meet remotely.

Committee member Martha Johnson motioned to approve Consent item 1. Committee member Paula Johnson seconded.

Roll Call vote as follows:

**AYES:** Committee members Martha Johnson, Paula Johnson, Victoria Jump, Rose MacKay, Jesse Hernandez for Elaine Martinez, Juana Quintal, and Dr. Pablo Velez.

**NOES:** None.

**ABSENT:** Committee members Laurie Jordan, Ruben Juarez and Rafael Stoneman

The motion carries.

## **COMMENTS FROM COMMITTEE MEMBERS**

## **PUBLIC COMMENT**

None

## **ADJOURNMENT**

With no further business to discuss the meeting was adjourned at 4:15 p.m.

Approved:

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Maddie Gutierrez, MMC Clerk to the Commission



**Ventura County Medi-Cal Managed Care Commission (VCMCC)  
dba Gold Coast Health Plan (GCHP)**

**Community Advisory Committee (CAC) Minutes  
Special Meeting  
July 12, 2023**

**INTERPRETER ANNOUNCEMENT**

Lourdes Campbell, Interpreter, made her announcement for Spanish speakers.

**CALL TO ORDER**

Committee Chair, Ruben Juarez called the meeting to order at 4:01 p.m. via teleconference.

**ROLL CALL**

Present: Committee members Martha Johnson, Paula Johnson, Laurie Jordan, Ruben Juarez, Victoria Jump, Rose MacKay, Elaine Martinez, and Dr. Pablo Velez.

Absent: Committee member Juana Quintal, and Rafael Stoneman.

Attending the meeting for GCHP Executive Team were Marlen Torres, Exec. Director of Strategy & External Affairs, CIO Alan Torres, CCO Robert Franco, Chief Innovation Officer, Eve Gelb, Executive Director of Human Resources, Michael Murguia, Adriana Sandoval, Lisbet Hernandez, Veronica Estrada, and Susana Enriquez-Euyoque.

**PUBLIC COMMENT**

None.

**WELCOMING REMARKS**

Marlen Torres, Executive Director of Strategy & External Affairs thanked those present for making quorum and having the opportunity to hold the special AB361 meeting.



## **CONSENT**

### **1. Findings to Continue to Hold Remote Teleconference/Virtual Community Advisory Committee Meetings Pursuant to Assembly Bill 361.**

Staff: Maddie Gutierrez, Clerk for the Commission

**RECOMMENDATION:** It is recommended that the Committee adopt the findings to continue to meet remotely.

Committee member Dr. Pablo Velez motioned to approve Consent item 1. Committee member Martha Johnson seconded.

Roll Call vote as follows:

**AYES:** Committee members Martha Johnson, Paula Johnson, Laurie Jordan, Ruben Juarez, Victoria Jump, Rose MackKay, Elaine Martinez, and Dr. Pablo Velez.

**NOES:** None.

**ABSENT:** Committee members Juana Quintal, and Rafael Stoneman

The motion carries.

## **COMMENTS FROM COMMITTEE MEMBERS**

The clerk stated the committee would be contacted to determine who will be attending in person for the regular CAC meeting scheduled for 7/26/23.

## **PUBLIC COMMENT**

None

## **ADJOURNMENT**

With no further business to discuss the meeting was adjourned at 4:15 p.m.

Approved:

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Maddie Gutierrez, MMC Clerk to the Commission

## **AGENDA ITEM NO. 2**

**TO:** Community Advisory Committee (CAC)

**FROM:** Marlen Torres, Executive Director, Strategy & External Affairs

**DATE:** July 26, 2023

**SUBJECT:** Findings to Hold Remote Teleconference/Virtual Community Advisory Committee Meetings Pursuant to Assembly Bill 361

### **SUMMARY/RECOMMENDATION:**

In order for the Community Advisory Committee to hold virtual meetings where they are required to allow members of public to attend at locations they are teleconferencing from, findings pursuant to Assembly Bill 361 are required. The findings are that the Committee determine that they have considered the facts of the COVID-19 state of emergency proclaimed by the Governor still exists and that state or local officials have imposed or recommended measures to promote social distancing in connection with COVID-19, and that as result of the COVID-19 emergency, meeting in person would present risks to the health or safety of attendees. These findings must be made every thirty (30) days.

### **BACKGROUND/DISCUSSION:**

Traditionally, the Brown Act allows for teleconference or virtual meetings, provided that the physical locations of the legislative body's members joining by teleconference are posted on the agenda, that those locations are open to the public and that a quorum of the members is located within its jurisdiction. On September 10, 2021, the Legislature adopted AB 361, which allows public agencies to hold fully virtual meetings under certain circumstances without the posting of the agenda from each location a legislative body member is attending and requiring that members of the public be able to attend at each such location. Governor Newsom signed the bill into law on September 16, 2021. Because it contained an urgency provision, it took immediate effect.

AB 361 provides an exception to these procedures in order to allow for fully virtual meetings during proclaimed emergencies, including the COVID-19 pandemic.

Since March of 2020 and the issuance of Governor Newsom's Executive Order N-29-20, which suspended portions of the Brown Act relating to teleconferencing, the Commission has had virtual meetings without having to post the location of the legislative body members

attending virtually. Most public agencies have been holding public meetings using virtual platforms since this time

### *Specific Findings Required under AB 361*

Under AB 361, the Committee, can hold virtual meetings without providing notice of the Committee's teleconference location if the Committee makes the determination that there is a Governor-proclaimed state of emergency which the Committee will consider in their determination, and one of two secondary criteria listed below exists:

1. State or local officials have imposed or recommended measures to promote social distancing in connection with COVID-19; or
2. The Committee determines that requiring a meeting in person would present an imminent risk to the health or safety of attendees.

COVID-19 continues to present an imminent threat to the health and safety of Committee members, and its personnel. Although vaccines are now widely available, many people in the State and County are still not fully vaccinated and remain susceptible to infection. The disease can still spread rapidly through person-to-person contact and those in close proximity. Further, more contagious variants of the disease are now present in the State and County. Additionally, several Committee members may attend meetings in medical facilities or offices and allowing members of the public to attend meetings at these posted locations when they may not be vaccinated would pose a threat to the health or safety of attendees. Additionally, on February 2, 2023, a new set of non-emergency COVID-19 prevention regulations were issued by Cal/OHSA which carry over some of the same requirements imposed by earlier regulations, including social distancing measures. These new measures will continue to be imposed, unless changed, until February 2, 2025.

### *Re-Authorization is Required Within 30 Days*

Consistent with the provisions of Government Code Section 54953(e), the findings must be made every 30 days "after teleconferencing for the first time" under AB 361. Thus, if the Committee desires to continue to meet remotely without having to post the location of each teleconference location, the Committee must again find that the COVID-19 emergency still exists and that one of the two following findings can be made: that state or local officials have imposed or recommended measures to promote social distancing in connection with COVID-19, or, that a result of the COVID-19 emergency, meeting in person would present imminent risks to the health or safety of attendees.

It is recommended that the Committee make these findings.

**CONSEQUENCES OF NOT FOLLOWING RECOMMENDED ACTION:**

The Committee will have to follow the Brown Act provisions that existed prior to the COVID-19 pandemic.

**FOLLOW UP ACTION:**

That the Committee make the findings under AB 361 at the August 23, 2023, special Community Advisory Committee (CAC) meeting.

**ATTACHMENT:**

None.



**AGENDA ITEM NO. 3**

**TO:** Community Advisory Committee (CAC)  
**FROM:** Lucy Marrero, Director of Behavioral Health & Social Programs  
**DATE:** July 26, 2023  
**SUBJECT:** Behavioral Health Update

**PowerPoint with  
Verbal Presentation**

**ATTACHMENTS:**

*Behavioral Health Update PowerPoint*

# **Behavioral Health Update**

**Wednesday, June 26, 2023**

**Lucy E. Marrero, LMFT CPHQ**  
**Director, Behavioral Health and Social Programs**

# Topics

- Student Behavioral Health Incentive Program (SBHIP) Update
- State Updates for School-Linked Behavioral Health
- Carelon (formerly Beacon) Behavioral Health Contract Update

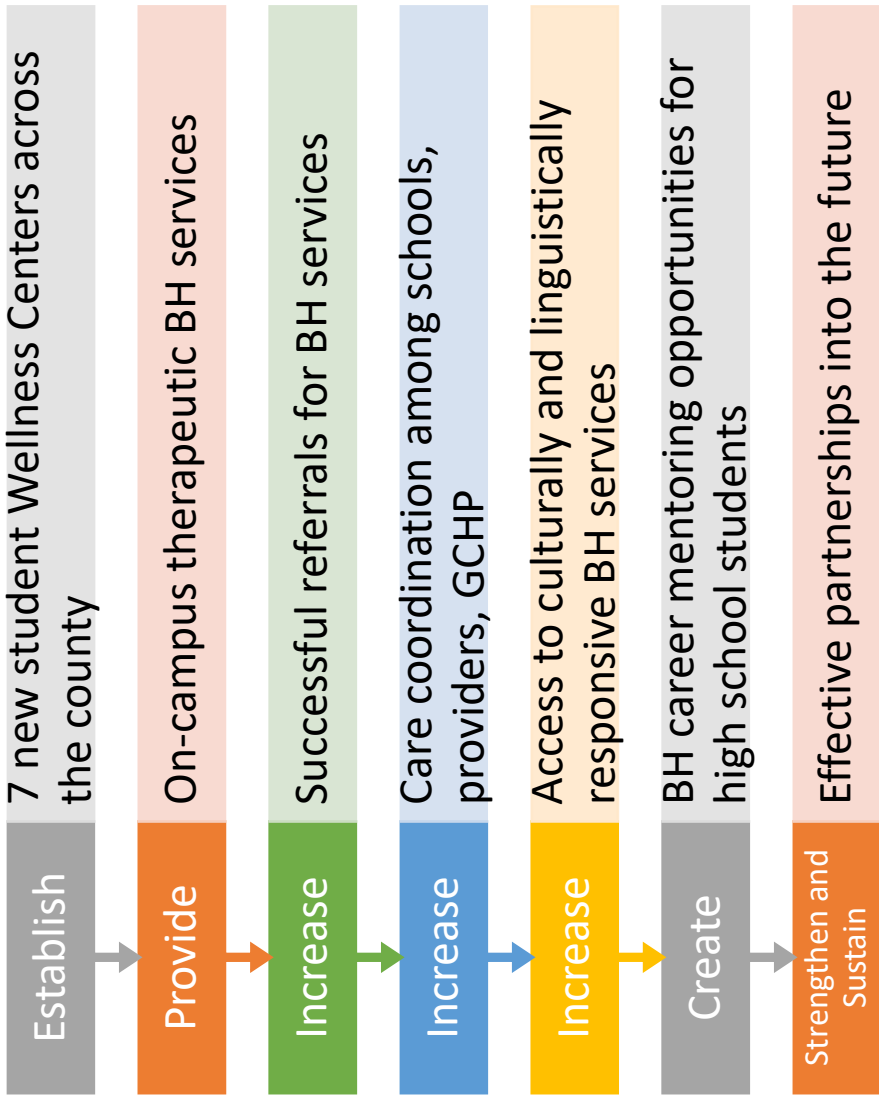


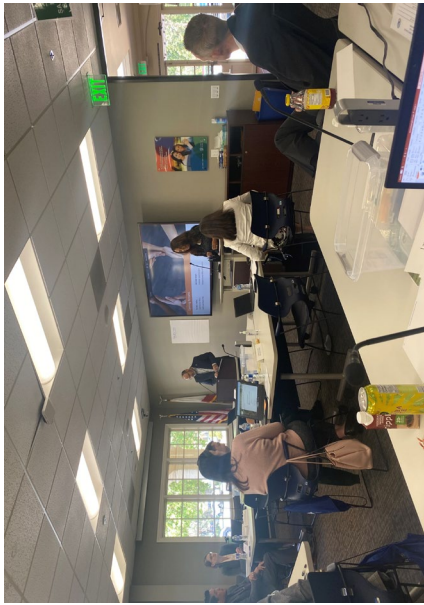
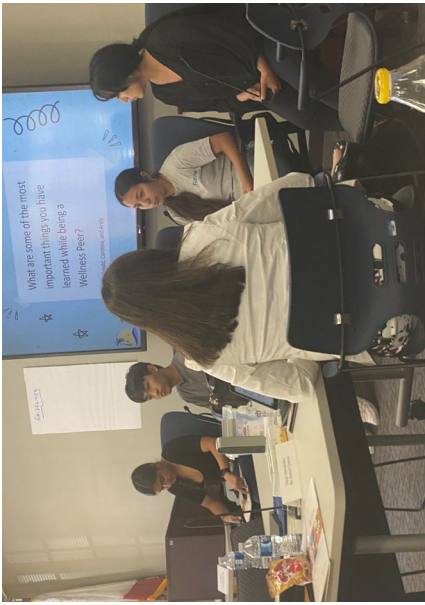


Celebrating our SBHIP  
Achievements  
Jan – June 2023



# SBHIP GOALS





# SBHIP Special June Advisory Committee Meeting



Next Steps: Strengthening BH Referrals

### Workgroup Activities

- Map referral processes in more detail
- Look for improvement opportunities
- Learn about the Community Information Exchange (CIE)



Feedback on progress?

# On the Horizon:

- School-Linked Behavioral Health Services Fee Schedule
- Provider Network
- New School-Linked Behavioral Health Services
- Wellness Coaches



## School-Linked Behavioral Health Fee Schedule and Provider Network

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- Statewide **fee schedule** and **provider network** for outpatient mental health and substance use disorder services for students  $\leq 25$  years of age at/near school sites
- Statute requires commercial health plans and Medi-Cal managed care plans to reimburse providers at the fee schedule rate, regardless of providers' network status
- No copayment, coinsurance, deductibles allowed



# Scope of Services

(as of 5/24/23)

- Adds school counselors
- Locations/Partners:
  - On campus
  - Mobile clinic
  - Afterschool program

Psychoeducation

Screening & Assessment

Therapy

Peer Counseling

Care Coordination



# Implementation Timeline

A light orange rectangular box containing a large orange circle with the number 1 in white. Below the circle is the phase title and a bulleted list of details.

**Phase 1: Early Adopters (Jan 2024)**

- K – 12: Small group of LEAs with existing billing infrastructure and enrolled in LEA BOP
- Higher Ed: CA Community Colleges

A light orange rectangular box containing a large orange circle with the number 2 in white. Below the circle is the phase title and a bulleted list of details.

**Phase 2: Regional Expansion (~July 2024)**

- Additional districts, school sites in Phase 1 counties
- LEAs in additional counties
- Select higher ed campuses within CSU and UC systems

A light gray rectangular box containing a large brown circle with the number 3 in white. Below the circle is the phase title and a bulleted list of details.

**Phase 3: Rolling Opt-in (~Jan 2025)**

- All California IHE campuses, LEAs, charter schools, CA Schools for the Deaf and CA Schools for the Blind
- Opportunities for LEAs/IHEs to enroll every 6 months

# Wellness Coaches for Children and Youth

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New certified position with two levels



Designed to support young people 0-25 wherever they are  
(mainly schools)



DHCS seeking federal approval by January 2025



# Exploring Direct Contracting with GCHP (through Carelon)

GCHP and Carelon building incentive grant program in addition to DHCS grants

## Anticipated benefits:

- Reimbursed for services provided
- Onboarding support and training
- Transparency
- Collaboration
- Quick turnaround for payments

# Carelon Contract Renegotiation

- Increasing access to services and network adequacy
- Focus on quality measures
  - Follow-up after Emergency Department visit for mental health or substance use concern (FUA, FUM)
  - 2024 adds Depression Screening and Follow-up (DSF) and Depression Remission and Response (DRR)

Feedback?





**AGENDA ITEM NO. 5**

**TO:** Community Advisory Committee (CAC)

**FROM:** Guadalupe González, PhD, MPH  
Sr. Director of the Department of Health Education, Cultural and Linguistic Services

**DATE:** July 26, 2023

**SUBJECT:** New Benefits: Asthma Remediation Program Overview / Healthy Connections

**PowerPoint with  
Verbal Presentation**

**ATTACHMENTS:**

*New Benefits: Asthma Remediation Program Overview / Healthy Connections Program  
PowerPoint*

# Asthma Remediation Program Overview / Healthy Connections Program Update

**July 26, 2023**

Guadalupe González, PhD, MPH  
Sr. Director of the Department of Health Education,  
Cultural and Linguistic Services

# Asthma Remediation Program

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- ❑ CalAIM – Asthma Remediation Program is a CalAIM Initiative to support members with acute asthma.
- ❑ Environmental asthma trigger.
- ❑ Remediations are physical modifications to a home environment to ensure the health and wellbeing of members to function in their home without which acute asthma episodes could result in the need for emergency services.
- ❑ July 1, 2023, GCHP contracted with Ventura County Public Health Department.



# Asthma Remediation Program Eligibility Criteria

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Individuals with poorly controlled asthma as determined by:

- An emergency department visit or hospitalization.
- Two sick or urgent care visits in the past 12 months.
- Other criteria as defined by DHCS.





# Asthma Remediation Program Total Lifetime Amount

## Authorization for Asthma Remediation Program is Required

- In-Home Treatment**
  - Asthma Education
- Home Modifications**
  - Painting
  - Drywall Repair
  - Mattresses Removal
  - Mold Removal
  - Dust Mites and other pest

**Total Lifetime Amount**  
\$7500

### Impact on Individuals with Asthma

Among individuals with poorly controlled asthma who completed **at least one asthma education session** taught by AsMA-trained CHWs and health educators:



**83%** had **reduced** emergency department visits and hospitalizations



**70%** had **fewer** missed work or school days



**63%** had **improved** asthma control



# Health Education Resources

- Healthwise – videos and education materials**
  - <https://www.goldcoasthealthplan.org/health-resources/health-education>
- GCHP Asthma Action Plan**
  - <https://www.goldcoasthealthplan.org/health-resources/health-education>
- Ventura County Public Health Department**
  - <https://vchca.org/agency-divisions/public-health>
- Asthma Education and Training Programs for community health workers.**

<https://www.cdph.ca.gov/Programs/CCDCPHP/DEO/DC/EHIB/CPE/Pages/AsMA.aspx>

- VCHP asthma remediation program**  
[astharemediation@ventura.org](mailto:astharemediation@ventura.org)

**Gold Coast Health Plan**  
A Public Entity

Integrity - Accountability - Collaboration - Trust - Respect

**ASTHMA ACTION PLAN**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Doctor: \_\_\_\_\_ Doctor's Phone Number: \_\_\_\_\_

**GREEN ZONE • Doing Well**  
Symptoms: No cough, wheeze, chest tightness, or shortness of breath during the day or night. Can do usual activities.  
Peak Flow: \_\_\_\_\_ (more than 80% of personal best)  
My best peak flow is: \_\_\_\_\_  
Take these long-term control medicines each day (include an anti-inflammatory).  
Medicine \_\_\_\_\_ How much to take \_\_\_\_\_ When to take it \_\_\_\_\_  
Before exercise \_\_\_\_\_ puffs \_\_\_\_\_ 5 minutes before exercise

**YELLOW ZONE • Asthma is Getting Worse**  
Symptoms: Cough, wheeze, chest tightness, shortness of breath, waking at night, can do some, but not all, usual activities.  
Peak Flow: \_\_\_\_\_ to \_\_\_\_\_ (between 50% to 79% of personal best)



# Healthy Connections Program Update

# Agenda

- ❑ Overview of the Healthy Connections Program
- ❑ Framework for the Hospital Health Navigator Program
- ❑ Overview of Services
- ❑ Evaluation Measures
- ❑ Questions/Comments



# Hospital Health Navigator Pilot Program Overview

- ❑ Partnership between Gold Coast Health Plan (GCHP) and Dignity Health.
- ❑ Two health navigators to conduct post-discharge visits with GCHP members.
- ❑ Health navigators to visit members with the highest need as identified by Dignity Health Care Management team.
- ❑ Health navigators will visit members in the hospital prior to discharge and will follow members for 30 days post-discharge.
- ❑ Assist with scheduling follow-up appointments, medication refills, meals, and other supportive services.
- ❑ Monitor ED visits among members and assist with follow-up services.



# Framework Community Health Worker (CHW)

- CHW framework is based on the Promotora Model.
- Evidence-based model used in many public health interventions.
- Health navigators will be trained on working with target population; will be bilingual/bicultural; and knowledgeable of GCHP health benefits and services.
- Provide post-discharge health education materials on chronic condition(s), GCHP health benefits and other resources.
- Ongoing follow-up post-discharge.





# Integrated Care Team

- ❑ Health navigators will be part of the integrated care team meetings at Dignity Health and at GCHP.
- ❑ Health navigators will collaborate with GCHP Care Management team regarding post-discharge supportive services.
- ❑ Integrated care teams help increase care coordination among members with the highest need.
- ❑ GCHP Resources:
  - [Health Education](#)
  - [Care Management](#)



# Program Connections with Supportive Services

- One initial post-discharge visit.
- Ongoing telephone contact regarding post-discharge follow-up services.
- Follow-up with PCP post-discharge and assist with scheduling appointments and other supportive services including behavioral health services or substance use disorder.
- Assist with scheduling transportation for medical appointments.
- Refer members to supportive meals or other community supportive services.
- Refer members for care management, ECM/CS services as needed and health education services



# Healthy Connections Program



## Program Inception: June 9, 2023

- Total members seen at hospital: 91
  - Accepted: 63
  - Declined: 3
  - Not eligible: 6
  - Unable to visit hospital: 5
  - Previously discharged: 14

*Note: Members who previously discharged before visit were followed up, outreached via telephone call.*



# Healthy Connections Program

## Program Highlights

- Dignity Health – St. Johns Regional Medical Center
- Hospital Census
  - Receive in the morning (Mon., Wed., & Fri.)
  - Work with hospital social workers to review cases
- ED Visits
- Labor & Delivery
  - Seeing new and/or first-time mothers
  - Under 18 years
  - Providing postpartum packets

## Common Conditions & Themes

- Infections (i.e., sepsis)
- Cancer Diagnosis (new)
- Heart Conditions
- Hypertension
- Diabetes
  - Dialysis
- Substance & Alcohol Abuse
  - Cirrhosis
- Homelessness
- Mental/Behavior Health Issues



# Healthy Connections Program

## Care Coordination

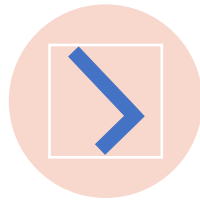
- GCHP Care Management
- Enhanced Care Management & Community Supports
- GCHP Member Services
- Transportation (Ventura Transit System)
  - Medical visits
  - Pharmacy
- Appointments
  - PCPs & Specialist
- Health Education



## Resources

- Ventura County Behavior Health
- Carelon Behavior Health
- Alcoholics Anonymous
- In-Home Support Services
- Food
  - Medically Supportive Foods
  - Food pantries
  - CalFresh

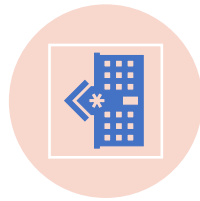
# Evaluation Measures



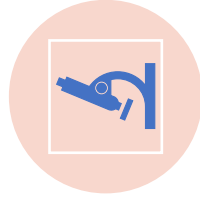
Evaluated at 3 and 6 Months



Member Satisfaction Survey to be Completed



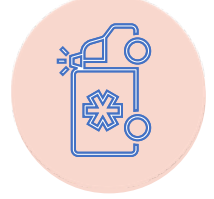
30-Day Re-Admission Rates to be Evaluated



HEDIS/MCAS Measures to be Reviewed



Change in Health Outcomes



Monitor ED Visits





**AGENDA ITEM NO. 6**

**TO:** Community Advisory Committee (CAC)  
**FROM:** Heidi Ramirez, BSN, Quality Improvement  
Laura Crisostomo, MSN, Quality Improvement  
**DATE:** July 26, 2023  
**SUBJECT:** Adolescent Well-Care

**PowerPoint with  
Verbal Presentation**

**ATTACHMENTS:**

*Adolescent Well-Care PowerPoint*

# Adolescent Well-Care

July 26, 2023

Heidi Ramirez, BSN, RN, PHN  
Laura Crisostomo, MSN, RN, PHN  
Quality Improvement

Integrity

Accountability

Collaboration

Trust

Respect



# What is Adolescence?

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Transitional stage of  
physical and mental  
development  
occurring from  
childhood into  
adulthood usually  
defined between 11-  
21 years old







# Areas of Focus and Concerns

Immunizations

Mental Health

Diet and Nutrition

Reproductive and sexual health

# General Guidelines of a Youth Friendly Clinic



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Availability - Ensure wait times are reasonable

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Appropriateness - Care must be tailored to the adolescents' needs

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Accessibility - Transportation is available and easy to use

---

Approachability - Provide a welcoming clinic environment

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Acceptability - Be respectful and nonjudgmental





# Components of the Adolescent Wellness Exam

Screenings:  
13, 16 & 20

Vision  
12 & 15

Hearing  
13, 16 & 20

Developmental  
surveillance

Behavior/social  
emotional  
11-21

Tobacco alcohol drug  
use  
11-21



# Components of the Adolescent Wellness Exam



Immunizations 11-21	Anemia 11-21
TB Screening, Dyslipidemia & STI 11-21	HIV & HEP B 18-21
Sudden Cardiac Arrest/Death 11-21	Depression and Suicide Risk 11-21

# Important Immunizations for this Age Group



11-12 years-

Tetanus, Diphtheria, Pertussis (Dtap), HPV (as early as age 9), Meningococcal, Seasonal Flu, Covid-19

16 years-

Meningococcal, Meningococcal (group B), Seasonal Flu, Covid-19

Which vaccines are necessary for entrance to school?

(7<sup>th</sup> grade), 1-2 doses Varicella, 1 dose Tdap

# Adolescents Have Rights to Confidentiality



Confidentiality means that member information will not be shared with parents, schools or 3<sup>rd</sup> parties unless it is LIFE THREATENING

Examples of this are:  
requesting birth control pills,  
STI Testing

CDC-22.6% of sexually experienced persons aged 15-17 stated they would not seek out sexual and reproductive health care over concerns that their parents would find out



# Mental Health Screenings

- Psychosocial/Behavioral Assessments-per AAP, every year from newborn to age 21
- Types of Screening Tools- PHQ9 Modified for Adolescents
- Screening should be family centered and focus on topics such as emotional/mental health, social determinants of health, racism, poverty, and the prevention of toxic stress



# Get a Free Gift Card!

¡Reciba una Tarjeta de Regalo Gratis!



Gold Coast Health Plan (GCHP) values your health. A once-a-year well-care check-up can help you (or your child) stay healthy. A well-care visit is a routine check-up. Your doctor checks the health and development of you or your child. The doctor also answers any questions you may have.

**To get your \$25 gift card, you must meet these requirements:**

- 1 Be a GCHP member with full-scope Medi-Cal benefits between 3 to 21 years of age.
- 2 Get a well-care check-up with your doctor between **January 1, 2023, and December 31, 2023.**
- 3 Fill out this form and have your doctor or their staff sign or stamp it during the office visit.
- 4 Send the form to GCHP by **January 31, 2024.**

Limit one card per member per year. It may take up to 6-8 weeks after GCHP receives your completed form for you to get your gift card in the mail.

**If you have any questions, call Gold Coast Health Plan at 1-888-301-1228 / TTY 711 Monday through Friday from 8 a.m. to 5 p.m.**

Gold Coast Health Plan (GCHP) valora su salud. Un chequeo de rutina una vez al año puede ayudarle a usted (o a su hijo/hija) a mantenerse sano. Una visita de bienestar es un chequeo de rutina. Su médico examina la salud y el desarrollo de usted o su hijo/hija. El médico también responde cualquier pregunta que pueda tener.

**Para recibir su tarjeta de regalo de \$25, usted debe cumplir estos requisitos:**

- 1 Ser miembro de GCHP con beneficios de Medi-Cal completos, entre 3 y 21 años de edad.
- 2 Hágase un chequeo médico con su médico entre el **1 de enero de 2023 y el 31 de diciembre de 2023.**
- 3 Completar este formulario y hacer que su médico o su personal lo firmen o sellen durante su visita médica.
- 4 Enviar el formulario a GCHP antes del **31 de enero de 2024.**

Límite de una sola tarjeta por miembro por año. Puede tomar hasta 6 a 8 semanas después de que GCHP reciba su formulario completo para que reciba su tarjeta de regalo por correo.

**Si tiene alguna pregunta, llame a Gold Coast Health Plan al 1-888-301-1228 / TTY 711 de lunes a viernes de 8 a.m. a 5 p.m.**



[www.goldcoasthealthplan.org](http://www.goldcoasthealthplan.org)

## Quality & Performance of Immunizations

- IMA-2 MCAS Quality Measure
- Meningococcal-1 dose on or between the 11<sup>th</sup>&13<sup>th</sup> birthday
- Tdap-1 dose on or between 10<sup>th</sup>&13<sup>th</sup> birthday
- HPV-2 doses on 9th and 13th birthday with 6-month gap in-between doses





# Performance and Quality Areas of Focus

- **HPV rates for GCHP 2022**
- Eligible Population – 89,564
- Compliant Population– 58,015
- 2021-87.87%
- 2022-64.71%
- Feb 2023-46.35%
- Covid is one barrier to compliance
- Lowest performance age group-18-21
- Non -Compliant 12990
- Compliant 2844
- Compliance Rate 17.96%,
- **Activities to increase compliance:**
  - Member Incentives
  - Education and Outreach to Members and Clinic Staff





# Adolescent Health Data and Statistics

- Obesity-12-19 y/o-21.2% (2017-2019)
- Smoking-12 to 17 y/o who smoked cigarettes in past 12 months-2.9% (2019)
- Alcohol-12-17 y/o who used alcohol in past month-9.4% (2019)
- STIs-26 million new STIs in 2018 with youth ages 15-24 accounting for half (13 million) of those new infections

# FREE Back to School Resource Fair!



Westminster Free Clinic  
& Community Care Center



**Backpacks & School Supplies**  
for children K-12



**Oral Health Services**  
for children



**Distribution of Healthy Food**  
for families



**Gently-Used Clothes & Books**  
for the entire family



**T-Dap Vaccines**  
for children 7 years old and up

Sponsored by



**August 9, 2023**  
1000 E Janss Rd.  
Thousand Oaks, CA 91360  
from 3:00 to 7:30 pm

\*Services Provided on a First-Come-First-Served Basis!

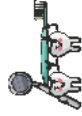
# ¡Feria de Recursos de Regreso a Clases!



Westminster Free Clinic  
& Community Care Center



**Útiles Escolares**  
para niños K-12



**Servicios Dentales**  
para niños



**Despensa Saludable**  
para toda la familia



**Ropa y Libros**  
para toda la familia



**Vacunas T-Dap**  
para niños de 7 años de edad o más

Patrocinado por:



**9 de Agosto, 2023**  
1000 E Janss Rd.  
Thousand Oaks, CA 91360  
de 3:00 a 7:30 pm

\*Se atiende por orden de llegada



# FREE Back to School Resource Fair!



**Backpacks & School Supplies**  
for children K-12



**Oral Health Services**  
for children



**Distribution of Healthy Food**  
for families



**Gently-Used Clothes & Books**  
for the entire family



**T-Dap Vaccines**  
for children 7 years old and up

Sponsored by



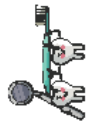
**August 15, 2023**  
**1800 South C St.**  
**Oxnard, CA 93033**  
**from 3:00 to 7:30 pm**

\*Services Provided on a First-Come-First-Served Basis!

# ¡Feria de Recursos de Regreso a Clases!



**Útiles Escolares**  
para niños K-12



**Servicios Dentales**  
para niños



**Despensa Saludable**  
para toda la familia



**Ropa y Libros**  
para toda la familia



**Vacunas T-Dap**  
para niños de 7 años de edad o más

Patrocinado por:



**15 de Agosto, 2023**  
**1800 South C St.**  
**Oxnard, CA 93033**  
**de 3:00 a 7:30 pm**

\*Se atiende por orden de llegada

# References



- [www.cdph.org](http://www.cdph.org)
- [www.cdc.gov](http://www.cdc.gov)
- [www.aap.org](http://www.aap.org)
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(American Academy of Child and Adolescent Psychiatry)
- [www.acpm.org](http://www.acpm.org) (American College of Preventative Medicine)
- [www.pubmed.ncbi.nlm.nih.gov](http://www.pubmed.ncbi.nlm.nih.gov)  
(Pubmed)





- [https://www.acpm.org/media/Documents/adolescent\\_wellness\\_timetool.pdf](https://www.acpm.org/media/Documents/adolescent_wellness_timetool.pdf)
- <https://www.cdss.ca.gov/inforesources/foster-care/healthy-sexual-development-project/resources-for-youth/rights-confidentiality>
- [https://www.healthmattersincv.org/content/sites/ventura/chnas/Ventura\\_CHNA\\_2022\\_v4.pdf](https://www.healthmattersincv.org/content/sites/ventura/chnas/Ventura_CHNA_2022_v4.pdf)

# References Continued





# Questions?