Medical Policy: CONTINUOUS GLUCOSE MONITORING (CGM) SYSTEMS

Benefit Type: Medicare

Original Date: Sept. 3, 2026 | **Last Review Date:** Sept. 3, 2026 | **Effective Date:** Sept. 3, 2026

Policy Statement

In accordance with Medicare, the policy of Gold Coast Health Plan Total Care Advantage (HMO D-SNP) to follow the following evidence-based guidelines for continuous glucose monitoring (CGM) Systems for Total Care Advantage eligible beneficiaries.

Purpose

To provide guidance related to the coverage criteria, provider requirements, documentation, utilization controls, billing, and patient education for continuous glucose monitors (CGMs), blood glucose monitoring (BGM) supplies, and insulin delivery devices for eligible Total Care Advantage members consistent with applicable Centers for Medicare and Medicaid Services (CMS) rules and, where applicable, state Department of Health Care Services (DHCS) policy and in alignment with Total Care Advantage provider guidance.

Total Care Advantage delegates the provision of CGM to Prime Therapeutics – Refer to Continuous Glucose Monitoring (CGM) Systems Prior Authorization Criteria - Medicare Part B

Health Equity Statement

GCHP is committed to the vision in which all Californians equitably benefit from resources and systems that give everyone the opportunity to achieve their optimal health, resulting in communities that thrive.

Total Care Advantage adopts the American Medical Association (AMA) and DHCS commitments to whole-person centered, evidence-based and integrated strategies to advance health equity, addressing social and structural drivers of health. Decisions are therefore based on the evidence-based criteria as well as considerations of the member's social and structural drivers of health, and considerations that the decisions create no harm nor exacerbate existing harms.[1, 2]

Disclaimer

Guidelines provide references identified at the time of review. New guidelines or medical literature may emerge and/or been published. Treating health care professionals are solely responsible for diagnosis, treatment and medical guidance. Total Care Advantage regularly reviews and updates these guidelines to provide the most current information.

History

CREDENTIALING PEER REVIEW COMMITTEE (C/PRC) GUIDELINE HISTORY			
Adopted By CPRC	**Reapproved**	**Revised**	**Retired**
Sept. 3, 2026			