

Cancer Resources

No cost support services



Facing cancer is scary, and it's normal to have lots of questions. Whether you just found out you have cancer, have been living with it for a while, or want to support someone you care about, these organizations offer resources. Learn about:

- Cancer treatment options
- Ways to live well with cancer
- Local programs and services, such as wigs, support groups, nutrition help, emotional counseling, genetic testing, education workshops, and more

CAMARILLO HEALTH CARE DISTRICT

Services offered

- Caregiver support groups

Contact information

3639 E. Las Posas Rd. Ste.117

Camarillo, CA 93010

1-805-388-1952

Monday–Friday, 8 a.m.–5 p.m.

www.camhealth.com/caregiver-center-offers-compassionate-support-for-caregivers

CANCER SUPPORT COMMUNITY VALLEY / VENTURA / SANTA BARBARA

Services offered

- Counseling
- Educational workshops
- Child, teen, and family programs
- Community resources
- Support groups
- Group activities

Contact information

4195 E. Thousand Oaks Blvd. Ste. 107

Westlake Village, CA 91362

1-805-379-4777

Monday–Thursday, 9 a.m.–5 p.m.

www.cancersupportvvsb.org

COMMUNITY MEMORIAL HOSPITAL CANCER RESOURCE CENTER

Services offered

- Support groups
- Wig and hat bank
- Nurse navigators
- Dietary counseling

Contact information

2900 Loma Vista Rd. Ste.105

Ventura, CA 93003

1-805-948-5459

Monday–Friday, 8:30 a.m.–4 p.m.

<https://www.mycmh.org/programs-services/cancer-care/>



**Gold Coast
Health Plan**SM
A Public Entity

DIGNITY HEALTH | ST. JOHN'S REGIONAL CANCER CENTER

Services offered

- Support groups
- Oncology nutrition specialists
- Emotional counseling
- Nurse navigators
- Wigs and prosthetics bra
- Mindfulness education

Contact information

1700 N. Rose Ave. Ste 380
Oxnard, CA 93030

1-805-988-2641

Monday–Thursday, 7:30 a.m.–3:30 p.m.

Friday, 10 a.m.–2 p.m.

www.dignityhealth.org/conditions-and-treatments/oncology

LOS ROBLES REGIONAL MEDICAL CENTER | Oncology Nurse Navigators

Services offered

- Personalized treatment plans
- Genetic counseling

Contact information

215 W. Janss Road
Thousand Oaks, CA 91360

1-805-861-0569

Monday–Friday, 8 a.m.–5 p.m.

www.losrobleshospital.com/specialties/oncology

VENTURA COUNTY MEDICAL CENTER | Oncology Nurse Navigators

Services offered

- Help navigating resources
- Psychological support
- Genetic testing
- Counseling

Contact information

300 Hillmont Ave.
Ventura, CA 93003

1-805-652-6000

Monday–Friday, 8 a.m.–5 p.m.

<https://hca.venturacounty.gov/hospitals/cancer-care-program/>

AMERICAN CANCER SOCIETY (ACS)

Services offered

- Reach to Recovery® program (for breast cancer)
- ACS CARES® (Community Access to Resources, Education, and Support) mobile app

Contact information

1-800-227-2345

Open 24/7 all year

<https://reach.cancer.org>

If you have any questions, call Gold Coast Health Plan (GCHP) at **1-888-301-1228**, 8 a.m. - 8 p.m., seven days a week from Oct. 1 through March 31, and 8 a.m. - 8 p.m., Monday through Friday from April 1 through Sept. 30. (except some holidays). If you use a TTY, call **711**. You can also visit

www.goldcoasthealthplan.org.

For information about language assistance services and GCHP's nondiscrimination notice, visit

<https://www.goldcoasthealthplan.org/about-us/nondiscrimination-notice/>.



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