

Medical Policy: PREVENTATIVE SERVICES

Benefit Type: Medi-Cal

Original Date: Oct. 17, 2013 | **Last Review Date:** May 15, 2026 | **Effective Date:** June 4, 2026

Policy Statement

In accordance with the state Department of Health Care Services (DHCS) it is the policy of Gold Coast Health Plan (GCHP) to include Preventative Services as a covered benefit under Medi-Cal for all eligible beneficiaries following evidence-based guidelines.

Purpose

To provide guidance related to the coverage and importance of preventative medicine.

Health Equity Statement

GCHP is committed to the vision in which all Californians equitably benefit from resources and systems that give everyone the opportunity to achieve their optimal health, resulting in communities that thrive.

GCHP adopts the American Medical Association (AMA) and DHCS commitments to whole-person centered, evidence-based and integrated strategies to advance health equity, addressing social and structural drivers of health. Decisions are therefore based on the evidence-based criteria as well as considerations of the member's social and structural drivers of health, and considerations that the decisions create no harm nor exacerbate existing harms.^{1,2}

Guidelines

Guidelines applied, but are not limited to:

United States Preventative Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/
Family Medicine	American Academy of Family Practice (AAFP) http://www.aafp.org
Pediatrics	American Academy of Pediatrics (AAP) http://www.aap.org
General Medicine	American Medical Association (AMA) https://www.ama-assn.org/ American College of Preventive Medicine (AAPM) http://www.acpm.org American College of Occupational and Environmental Medicine (ACOEM) http://www.acoem.org

Cancer	American Cancer Society https://www.cancer.org/health-care-professionals/american-cancer-society-prevention-early-detection-guidelines.html
Chronic Conditions – Community	Health Matters in Ventura County https://www.healthmattersinvc.org/indicators/index/dashboard?id=268493100931256780

References

1. American Medical Association (AMA). (2023, Dec. 21). [AMA Center for Health Equity Mission and Guiding Principles](#).
2. [Department of Health Care Services \(DHCS\) Comprehensive Quality Strategy. \(PDF\), published February 4, 2022.](#)

Disclaimer

Guidelines provide references identified at the time of review. New guidelines or medical literature may emerge and/or been published. Treating healthcare professionals are solely responsible for diagnosis, treatment and medical guidance. GCHP regularly reviews and updates these guidelines to provide the most current information.

History

MEDICAL ADVISORY COMMITTEE GUIDELINE HISTORY			
Adopted By MAC	Reapproved	Revised	Retired
Oct. 17, 2013			
	July 24, 2014		
	July 30, 2015		
	July 28, 2016		
	July 27, 2017		
	July 26, 2018		
	July 25, 2019		
	July 23, 2020		
	July 22, 2021		
	July 21, 2022		
	July 20, 2023		
		July 18, 2024	
MAC Sunset on July 18, 2024			
CREDENTIALING PEER REVIEW COMMITTEE (C/PRC) GUIDELINE HISTORY			
Adopted By CPRC	Reapproved	Revised	Retired
	June 5, 2025		
		June 4, 2026	