



COMMUNITY RESOURCES SUBSTANCE USE / RECOVERY

Category	Type	Resource	Contact Information / Access
Harm Reduction Reduce risk and promote safety, regardless of readiness to stop using.	Syringe Exchange • Fentanyl Test Strips • Narcan Distribution	COAST Ventura County	1-805-667-6663
		Two Trees Community Outreach Center	117 N. Ventura Ave, Ventura Call to make an appointment: 1-805-667-8695
		Nate's Place, A Wellness and Recovery Center	Tuesday – Friday: 11 a.m. – 7 p.m.; Saturday: 12–5 p.m. 3840 W. Channel Islands Blvd., Oxnard 1-805-628-2552
		Ojai Location	Call for details: 1-805-652-6112 1-805-603-9092
		Ortega Adobe (Ventura)	Wednesday: 11 a.m. – 12 p.m. 215 W. Main St.
		West Main Park (Ventura)	9 – 10:30 a.m. 376 W. Main St.
		Ventura Center	Monday-Friday: 8 a.m. – 5 p.m. 5850 Thille St. #205 1-805-652-6919
		Thousand Oaks Center	Monday-Friday: 8 a.m. – 5 p.m. 125 W. Thousand Oaks Blvd. 1-805-777-3570
		Simi Valley Center	Monday-Friday: 8 a.m. – 5 p.m. 3150 E. Los Angeles Ave. 1-805-577-1724
		Oxnard Center	Monday-Friday: 8 a.m. – 5 p.m. 1911 Williams Drive #190 1-805-981-9200
		Fillmore Center	Monday-Friday: 8 a.m. – 5 p.m. 828 W. Ventura St. 1-805-524-8644
		Public Health Grey Van, in Parking Lot (Oxnard)	Thursday: 1:30 – 3:30 p.m. 3045 Saviers Rd.
		Sierra Vista Clinic (Simi Valley)	Friday: 1 – 3 p.m. 1227 E. Los Angeles Ave.
		Project Understanding (Ventura)	Wednesday: 11 a.m. – 12 p.m. 2734 Johnson Drive
		Ventura County Public Health Ventura	Thursday: 10 a.m. – 12 p.m. 3147 Loma Vista Rd.
		WIC Public Health (Santa Paula)	Wednesday: 1:30 – 3:30 p.m. 620 W. Harvard Blvd.
		Salvation Army (Oxnard)	Wednesday: 9 – 10:30 a.m. 622 W. Wooley Rd.
		Church of the Nazarene (Camarillo)	Every fourth Thursday: 8:30 – 11 a.m. 2280 Antonio Ave.



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		El Buen Pastor Church (Santa Paula)	Every Friday; 9 – 11:30 a.m. 1029 E. Santa Paula St.
		River Haven Ventura	Monday: 1:30 – 3:30 p.m. N. Harbor and Olivas Park Drive
	Hotline	Never Use Alone Hotline Someone stays on the line while you use; calls 911 if needed.	1-800-484-3731 neverusealone.com
	Harm Reduction Education Nurses can provide this.	Safer Use Strategies <ul style="list-style-type: none"> Avoid using alone to reduce risk of fatal overdose. Start with a small amount esp. when using a new supply. Use sterile equipment, syringe exchange programs. Rotate injection sites to prevent infection. Don't mix substances, especially opioids and depressants like alcohol or benzodiazepines. Use fentanyl test strips. Overdose Prevention <ul style="list-style-type: none"> Educate on overdose signs and response: slowed breathing, unconsciousness, etc. Distribute naloxone (Narcan) and train clients and families on how to use it. Encourage creating an overdose safety plan, especially with polydrug use. 	Infection Prevention <ul style="list-style-type: none"> Discuss safe sex practices (condoms, regular testing). Promote vaccination (Hep A, Hep B, and HPV). Provide wound care education for people who inject drugs. Refer for HIV and Hep C screening, PrEP/PEP access, or STI treatment as needed. Safer Storage & Disposal <ul style="list-style-type: none"> Safe storage of substances and paraphernalia away from children and pets. Safe disposal of needles / sharps; inform about community disposal sites or drop boxes.

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Treatment For clients preparing to reduce or stop use (or already taking steps).	All levels of treatment	Ventura County Access Line	Confidential, Toll-free; 1-866-998-2243 24/7 availability
	Outpatient	Ventura County Behavioral Health (VCBH)	VCBH Access / Crisis Line: 1-866-998-2243 24/7 availability
		A New Start for Moms	VCBH Access / Crisis Line: 1-866-998-2243
	Medication-Assisted Treatment (MAT)	Aegis Treatment Centers (Ventura, Oxnard, Santa Paula, Simi Valley)	https://pinnacle-treatment.com
	IOP	Arrive Recovery Center	1333 E. Thousand Oaks Blvd. Suite #108, Thousand Oaks 1-805-918-1374 arriverecoverycenter.com
		Omnia Recovery	Thousand Oaks 1-866-847-2066 omniarecovery.com
		Monarch Recovery	1445 Donlon St. #15, Ventura 1-805-340-0051 monarchrecoverygroup.com



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What Are the ASAM Levels of Care? 	Residential	Passages Ventura	241 Market St., Port Hueneme 1-888-812-1554 passagesventura.com
		Altitude Recovery Community	Camarillo 1-866-337-0621 altituderecovery.com
		Ventura Recovery Center	555 St. Charles Drive #103, Thousand Oaks 1-800-247-6111 venturarecoverycenter.com
		Prototypes Women's Residential	2150 N. Victoria Ave., Oxnard 1-805-382-6296
		Khepera House	125 W. Harrison Ave., Ventura 1-805-653-2596
	Inpatient / Detox	VCMC-Drug and Alcohol Withdrawal Management	1-805-652-3280

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Recovery Support Help sustain progress, prevent relapse, and build a recovery lifestyle	Support groups	Ventura County Alcoholics Anonymous	24/7 Hotline 1-805-389-1444
		Narcotics Anonymous Ventura County	24/7 Hotline 1-888-817-7425
	Substance Use Navigator	Community Memorial Health Centers SUD-focused ECM Program	1-805-948-4155
		Conejo Health	Monday – Friday: 8 a.m. – 5 p.m. 1-929-244-2677 After hours, call 1-848-278-6669
	Peer Support	Nate's Place, A Wellness and Recovery Center Helping at-risk teens and young adults struggling with substance use and/or mental health challenges.	Tuesday – Friday: 11 a.m. – 7 p.m.; Saturday: 12 – 5 p.m.; 3840 W. Channel Islands Blvd., Oxnard 1-805-628-2552
		The Wellness Center (walk-ins permitted) For adults experiencing mental illness and/or co-occurring substance use.	Monday – Wednesday, Friday: 9 a.m. – 2 p.m. Thursday: 1 – 4 p.m. 2697 Saviers Rd., Oxnard 1-805-653-5045
		New Visions Center (must be referred by VCBH) For adults experiencing mental illness and/or co-occurring substance use.	Monday – Friday: 9 a.m. – 2 p.m. 1065 E. Main St., Ventura 1-805-247-0705
		Turning Point Oxnard Clubhouse (must be referred by VCBH) For adults experiencing mental illness and/or co-occurring substance use.	Monday – Friday: 9 a.m. – 2 p.m. 5th St., Oxnard 1-805-247-0705



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	Sober Living	Gold Coast Sober Living Offers a women's and kids' house and a family reunification program.	goldcoastsobberliving.com 1-805-312-6821
		Ventura Serenity House (for women)	772 Montgomery Ave., Ventura 1-805-648-3933 1805-612-1-9708
		The Spencer House (for men and women) Sober living facilities and holistic health-related 12-step programs.	Women's Home: 8276 Denver St., Ventura; Men's Home 2: 2104 Mariposa St., Oxnard; Men's Home 3: 140 North J St., Oxnard 1-805-794-9483
		Genesis Sober Living Offers a 12-step residential sober recovery program; separate homes for men and women; homes for parents with children.	684 Deodar Ave., Oxnard 1-805-233-4510 genesis-soberliving.org
		Solid Foundation Sober Living (for women)	4027 Bermuda Ct., Ventura 1-805-794-7266
		Monarch Recovery – Milestones Apartments Addiction treatment and sober living options	monarchrecoverygroup.com
		New Hope (for men)	Ventura: 1-805-650-1514
		Stepping Stones (for men)	Oxnard: 1-805-236-9045
		Van Sober Living (for men)	Simi Valley: 1-805-760-8231
		Philips House (for men)	Oxnard: 1-805-317-5657
		Ruben's Place (for men and women) With homes designated for women with children.	Ventura: 1-805-612-9708

Category	Type	Resource	Contact Information / Access
Basic Needs & Wellness Support Essential services that promote stability and healing	Shelter	Salvation Army Ventura Transitional Living Center Not an emergency shelter; single women and men	1-805-648-4977
		Ventura County Rescue Mission Emergency shelter for adult men.	234 E. 6th St. Oxnard 1-805-436-4593
		Coalition for Family Harmony Emergency shelter for victims of domestic violence and sexual assault.	1-805-983-6014
		Interface Domestic Violence Shelter	24-hour hotline: 1-800-636-6738
		Interface Adult Survivors of Trafficking Shelter	24-hour hotline: 1-800-636-6738



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		Kingdom Center (Gabriel's House) Faith-based shelter for single women and women with children.	1450 S. Rose Ave., Oxnard 1-805-487-3445
		Interface Youth Shelter 12-17 years of age.	1-805-469-5882
		Spirit of Santa Paula Emergency shelter, food assistance.	1-805-340-5025
		Our Place Safe Haven Emergency shelter for homeless adults with mental health and substance use needs.	536 E. Thompson Blvd., Ventura 1-805-652-2151
	Permanent Supported Housing	Turning Point Foundation (multiple programs)	www.tpf-vc.org 1-805-652-0000
	Hygiene	River Haven Ventura (showers available)	Monday: 1:30 – 3:30 p.m. N. Harbor and Olivas Park Drive
		Salvation Army (showers available)	Wednesday: 9 – 10:30 a.m. 622 W. Wooley Rd., Oxnard
	Mental Health Services	Ventura County Behavioral Health	VCBH 24/7 Access / Crisis Line: 1-866-998-2243

Above information provided by Ventura County Public Health.