

2023 MCAS MEASURE: NULLIPAROUS WOMEN WITH A TERM, SINGLETON BABY IN A VERTEX POSITION DELIVERED BY CESAREAN BIRTH (NTSV)

Measure Steward: The Joint Commission

Gold Coast Health Plan's (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and resources. This tip sheet will provide the key components to the MCAS measure, "Nulliparous Women with a Term, Singleton Baby in a Vertex Position Delivered by Cesarean Birth (NTSV)."

Measure Description: The percentage of nulliparous women with a term, singleton baby in a vertex position delivered by cesarean birth.

Data Collection Method: Administrative¹

NTSV Clinical Code Set

- ▶ For billing, reimbursement, and reporting of services completed, submit claims in a timely with the appropriate medical codes for all conditions evaluated and services completed.

Codes used to identify NTSV deliveries.

Description	ICD-10CM	ICD-10-PCS
Single Live Birth	Z37.0	
Cesarean Birth		10D00Z0, 10D00Z1, 10D00Z2, 10D07Z3, 10D07Z4, 10D07Z5, 10D07Z6, 10D07Z7, 10D07Z8, 10E0XZZ

Exclusion Criteria – Members with the following conditions are excluded from the NTSV measure:

- Women with multiple gestations
- Females < 8 years of age and ≥ 65 years of age.
- Women with a hospital length of stay > 120 days.
- Women with a gestation age < 37 weeks or unable to be determined.

Best Practices:

- ▶ Providers have access to the INDICES[®] Provider Insights Dashboards to view their performance on MCAS measures, including member and clinic level data for monitoring current and projected measure performance, trending, and gap analysis. Reports can be downloaded for additional analytics, managing care gaps and patient outreach.
- ▶ Follow the guidelines recommended by the American College of Obstetricians and Gynecologists (ACOG) for establishing an ongoing prenatal care plan.
- ▶ Encourage patients to follow a safe and healthy diet, and get regular exercise.
- ▶ Review prescriptions, over-the-counter medications, and herbal products that the mother is currently taking to ensure they are not harmful to the fetus.
- ▶ GCHP's team of nurses, social workers and care management coordinators work together to empower members to exercise their options and access the services appropriate to meet their individual health needs to promote quality outcomes. GCHP Care Management includes complex and non-complex care management that offers transition to adult services, disease specific education, identification of social determinants of health and linkage to appropriate resources in the community. To learn more, please call GCHP's Care Management Team at:
 - Providers, call: 1-805-437-5718
 - Members, call: 1-888-301-1228 / TTY 1-888-310-7347
 - GCHP website, Care Management: [Click Here](#)

¹ Measures reported using the *administrative* data collection method report on the entire eligible population and use only administrative data sources (e.g., claims, encounter, lab, immunization registries) to evaluate if services were performed.