



COMMUNITY RESOURCES SUBSTANCE USE / RECOVERY

Category	Type	Resource	Contact Information / Access
Harm Reduction Reduce risk and promote safety, regardless of readiness to stop using.	Syringe Exchange • Fentanyl Test Strips • Narcan Distribution	COAST Ventura County	1-805-667-6663
		Conejo Health	Order free at conejohealth.com or narcan.me
		Two Trees Community Outreach Center	117 N. Ventura Ave, Ventura Call to make an appointment: 1-805-667-8695
		Nate's Place, A Wellness and Recovery Center	Tuesday – Friday: 11 a.m. – 7 p.m.; Saturday: 12–5 p.m. 3840 W. Channel Islands Blvd., Oxnard 1-805-628-2552
		Ojai Location	Call for details: 1-805-652-6112 1-805-603-9092
		Ortega Adobe (Ventura)	Wednesday: 11 a.m. – 12 p.m. 215 W. Main St.
		West Main Park (Ventura)	9 – 10:30 a.m. 376 W. Main St.
		Ventura Center	Monday-Friday: 8 a.m. – 5 p.m. 5850 Thille St. #205 1-805-652-6919
		Thousand Oaks Center	Monday-Friday: 8 a.m. – 5 p.m. 125 W. Thousand Oaks Blvd. 1-805-777-3570
		Simi Valley Center	Monday-Friday: 8 a.m. – 5 p.m. 3150 E. Los Angeles Ave. 1-805-577-1724
		Oxnard Center	Monday-Friday: 8 a.m. – 5 p.m. 1911 Williams Drive #190 1-805-981-9200
		Fillmore Center	Monday-Friday: 8 a.m. – 5 p.m. 828 W. Ventura St. 1-805-524-8644
		Public Health Grey Van, in Parking Lot (Oxnard)	Thursday: 1:30 – 3:30 p.m. 3045 Saviers Rd.
		Sierra Vista Clinic (Simi Valley)	Friday: 1 – 3 p.m. 1227 E. Los Angeles Ave.
		Project Understanding (Ventura)	Wednesday: 11 a.m. – 12 p.m. 2734 Johnson Drive
		Ventura County Public Health Ventura	Thursday: 10 a.m. – 12 p.m. 3147 Loma Vista Rd.
		WIC Public Health (Santa Paula)	Wednesday: 1:30 – 3:30 p.m. 620 W. Harvard Blvd.
		Salvation Army (Oxnard)	Wednesday: 9 – 10:30 a.m. 622 W. Wooley Rd.
		Church of the Nazarene (Camarillo)	Every fourth Thursday: 8:30 – 11 a.m. 2280 Antonio Ave.



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		El Buen Pastor Church (Santa Paula)	Every Friday; 9 – 11:30 a.m. 1029 E. Santa Paula St.
		River Haven Ventura	Monday: 1:30 – 3:30 p.m. N. Harbor and Olivas Park Drive
		Auto Center (Ventura)	Tuesdays 11 a.m. – 1 p.m. 3348 Ventura Rd.
	Hotline	Never Use Alone Hotline Someone stays on the line while you use; calls 911 if needed.	1-800-484-3731 neverusealone.com
	Harm Reduction Education Nurses can provide this.	Safer Use Strategies • Avoid using alone to reduce risk of fatal overdose. • Start with a small amount esp. when using a new supply. • Use sterile equipment, syringe exchange programs. • Rotate injection sites to prevent infection. • Don't mix substances, especially opioids and depressants like alcohol or benzodiazepines. • Use fentanyl test strips. Overdose Prevention • Educate on overdose signs and response: slowed breathing, unconsciousness, etc. • Distribute naloxone (Narcan) and train clients and families on how to use it. • Encourage creating an overdose safety plan, especially with polydrug use.	Infection Prevention • Discuss safe sex practices (condoms, regular testing). • Promote vaccination (Hep A, Hep B, and HPV). • Provide wound care education for people who inject drugs. • Refer for HIV and Hep C screening, PrEP/PEP access, or STI treatment as needed. Safer Storage & Disposal • Safe storage of substances and paraphernalia away from children and pets. • Safe disposal of needles / sharps; inform about community disposal sites or drop boxes.



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Treatment For clients preparing to reduce or stop use (or already taking steps).	All levels of treatment	Ventura County Access Line	Confidential, Toll-free; 1-866-998-2243 24/7 availability
	Outpatient	Ventura County Behavioral Health (VCBH)	VCBH Access / Crisis Line: 1-866-998-2243 24/7 availability
		Dr. Khan - Obstetrics, Family Medicine, and Addiction Treatment	Schedule via AFMC: 1-805-652-6100
		A New Start for Moms	VCBH Access / Crisis Line: 1-866-998-2243
	Medication-Assisted Treatment (MAT)	Aegis Treatment Centers (Ventura, Oxnard, Santa Paula, Simi Valley)	https://pinnacle-treatment.com
	IOP	Arrive Recovery Center	1333 E. Thousand Oaks Blvd. Suite #108, Thousand Oaks 1-805-918-1374 arriverecoverycenter.com
		Omnia Recovery	Thousand Oaks 1-866-847-2066 omniarecovery.com
		Monarch Recovery	1445 Donlon St. #15, Ventura 1-805-340-0051 monarchrecoverygroup.com
What Are the ASAM Levels of Care? 	Residential	Passages Ventura	241 Market St., Port Hueneme 1-888-812-1554 passagesventura.com
		Altitude Recovery Community	Camarillo 1-866-337-0621 altituderecovery.com
		Ventura Recovery Center	555 St. Charles Drive #103, Thousand Oaks 1-800-247-6111 venturarecoverycenter.com
		Prototypes Women's Residential	2150 N. Victoria Ave., Oxnard 1-805-382-6296
		Khepera House	125 W. Harrison Ave., Ventura 1-805-653-2596
	Inpatient / Detox	VCMC-Drug and Alcohol Withdrawal Management	1-805-652-3280



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Recovery Support Help sustain progress, prevent relapse, and build a recovery lifestyle	Support groups	Ventura County Alcoholics Anonymous	24/7 Hotline 1-805-389-1444
		Narcotics Anonymous Ventura County	24/7 Hotline 1-888-817-7425
	Substance Use Navigator	Community Memorial Health Centers SUD-focused ECM Program	1-805-948-4155
		Conejo Health	Monday – Friday: 8 a.m. – 5 p.m. 1-929-244-2677 After hours, call 1-848-278-6669
	Peer Support	Nate's Place, A Wellness and Recovery Center Helping at-risk teens and young adults struggling with substance use and/or mental health challenges.	Tuesday – Friday: 11 a.m. – 7 p.m.; Saturday: 12 – 5 p.m.; 3840 W. Channel Islands Blvd., Oxnard 1-805-628-2552
		The Wellness Center (walk-ins permitted) For adults experiencing mental illness and/or co-occurring substance use.	Monday – Wednesday, Friday: 9 a.m. – 2 p.m. Thursday: 1 – 4 p.m. 2697 Saviers Rd., Oxnard 1-805-653-5045
		New Visions Center (must be referred by VCBH) For adults experiencing mental illness and/or co-occurring substance use.	Monday – Friday: 9 a.m. – 2 p.m. 1065 E. Main St., Ventura 1-805-247-0705
		Turning Point Oxnard Clubhouse (must be referred by VCBH) For adults experiencing mental illness and/or co-occurring substance use.	Monday – Friday: 9 a.m. – 2 p.m. 5th St., Oxnard 1-805-247-0705



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	Sober Living	Gold Coast Sober Living Offers a women's and kids' house and a family reunification program.	goldcoastsobberliving.com 1-805-312-6821
		Ventura Serenity House (for women)	772 Montgomery Ave., Ventura 1-805-648-3933 1805-612-1-9708
		The Spencer House (for men and women) Sober living facilities and holistic health-related 12-step programs.	Women's Home: 8276 Denver St., Ventura; Men's Home 2: 2104 Mariposa St., Oxnard; Men's Home 3: 140 North J St., Oxnard 1-805-794-9483
		Genesis Sober Living Offers a 12-step residential sober recovery program; separate homes for men and women; homes for parents with children.	684 Deodar Ave., Oxnard 1-805-233-4510 genesis-soberliving.org
		Solid Foundation Sober Living (for women)	4027 Bermuda Ct., Ventura 1-805-794-7266
		Monarch Recovery – Milestones Apartments Addiction treatment and sober living options	monarchrecoverygroup.com
		New Hope (for men)	Ventura: 1-805-650-1514
		Stepping Stones (for men)	Oxnard: 1-805-236-9045
		Van Sober Living (for men)	Simi Valley: 1-805-760-8231
		Philips House (for men)	Oxnard: 1-805-317-5657
		Ruben's Place (for men and women) With homes designated for women with children.	Ventura: 1-805-612-9708



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Basic Needs & Wellness Support Essential services that promote stability and healing	Shelter	Mercy House (emergency shelters)	Oxnard and Ventura Call 2-1-1
		Salvation Army Ventura Transitional Living Center Not an emergency shelter; single women and men	1-805-648-4977
		Ventura County Rescue Mission Emergency shelter for adult men.	234 E. 6th St. Oxnard 1-805-436-4593
		Coalition for Family Harmony Emergency shelter for victims of domestic violence and sexual assault.	1-805-983-6014
		Interface Domestic Violence Shelter	24-hour hotline: 1-800-636-6738
		Interface Adult Survivors of Trafficking Shelter	24-hour hotline: 1-800-636-6738
		Kingdom Center (Gabriel's House) Faith-based shelter for single women and women with children.	1450 S. Rose Ave., Oxnard 1-805-487-3445
		Interface Youth Shelter 12-17 years of age.	1-805-469-5882
		Spirit of Santa Paula Emergency shelter, food assistance.	1-805-340-5025
		Our Place Safe Haven Emergency shelter for homeless adults with mental health and substance use needs.	536 E. Thompson Blvd., Ventura 1-805-652-2151
	Permanent Supported Housing	Turning Point Foundation (multiple programs)	www.tpf-vc.org 1-805-652-0000
	Hygiene	River Haven Ventura (showers available)	Monday: 1:30 – 3:30 p.m. N. Harbor and Olivas Park Drive
		Salvation Army (showers available)	Wednesday: 9 – 10:30 a.m. 622 W. Wooley Rd., Oxnard
	Mental Health Services	Carelon Behavioral Health	24/7: 1-855-765-9702
		Ventura County Behavioral Health	VCBH 24/7 Access / Crisis Line: 1-866-998-2243
	Enhanced Care Management	Cal-AIM/Whole Person Care Intensive multidisciplinary care coordination service to GCHP members with complex health needs.	Talk with your medical provider or call 1-805-339-1122 or visit hca.venturacounty.gov/ambulatory-care/services/care-management/
	Public Health Nursing (PHN)	Baby Steps to Wellness Program PHNs support pregnant women and infants experiencing housing instability, substance use disorders (SUD), or syphilis.	1-805-981-5115 vchca.org/chn

Above information provided by Ventura County Public Health.