

D-SNP CLINICAL PRACTICE GUIDELINES

Gold Coast Health Plan Total Care Advantage's (HMO D-SNP) clinical practice guidelines are a clinical guide designed to aid physician's and practitioner's diagnostic and treatment clinical decision making for treating specific health conditions. These guidelines are based on peer reviewed scientific evidence, medical literature review, and/or established expertise and authority. All recommendations are grounded in nationally recognized and accepted public health and professional society guidelines. Total Care Advantage clinical practice guidelines do not prioritize diagnostic decisions and clinical treatments based solely on cost.

Total Care Advantage recognizes the importance of clinicians and patients working together to create individualized treatment plans tailored to meet each individual patient's needs and health care goals. Treating health care professionals are solely responsible for diagnosis, treatment and medical guidance.

Clinicians should apply Total Care Advantage's clinical practice guidelines based on their clinical judgment and expertise. When individual circumstances indicate that the guideline(s) are not appropriate for the individual patient and/or circumstances indicate that the guideline(s) are inappropriate the clinical team (i.e., medical director, medical policy, specialists and other clinical resources) should consider alternatives and make decisions on a case-by-case basis. Guideline questions and/or recommended alternatives can be sent to: gchpmedicalpolicy@goldchp.org

Guidelines provide references identified at the time of review. New guidelines or medical literature may emerge and/or be published. Treating health care professionals are solely responsible for diagnosis, treatment and medical guidance. Total Care Advantage regularly reviews and updates these guidelines to provide the most current information. Upon Gold Coast Health Plan (GCHP) quality committee approval of updated and/or new guidelines, contracted providers are notified via fax and/or mail. GCHP applies the state Department of Health Care Services (DHCS), California Department of Public Health (CDPH), nationally recognized MCG[®] evidence-based criteria to review treatment and referrals for treatment authorization decisions.

Additionally, GCHP has adopted the following clinical practice guidelines for specific health care conditions:

Attention Deficit Disorder	American Academy of Pediatrics Clinical practice guidelines for the diagnosis, evaluation, and treatment of ADHD in children and adolescents - published 2019, adopted September 2022
Alzheimer's Disease and Related Dementias (ADRD)	Alzheimer's Association https://www.alz.org/professionals/health-systems-medical-professionals/clinical-practice-guidelines-and-evidence
Anxiety, Neuroses	American Academy of Child and Adolescent Psychiatry (AACAP) https://www.aacap.org/AACAP/Practice/Clinical%20Practice%20Guidelines/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Home.aspx?hkey=4959f1ff-8f05-445e-84cd-1c7713570735
Asthma	National Institutes of Health (NIH) National Heart, Lung and Blood Institute (NHLBI) Update on Asthma Management Guidelines (2024) https://pubmed.ncbi.nlm.nih.gov/39421468/ GINA Report, Global Strategy for Asthma Management and Prevention (2025) https://ginasthma.org/2025-gina-strategy-report/
Chronic Kidney Disease (CKD)	National Kidney Foundation https://www.kidney.org/sites/default/files/2024-08/ckd_evaluation_classification_stratification.pdf

<p>Chronic Obstructive Pulmonary Disease</p>	<p>American Academy of Family Physicians (AAFP) https://www.aafp.org/family-physician/patient-care/clinical-recommendations/clinical-guidance-copd.html</p> <p>Global Initiative for Chronic Obstructive Lung Disease – GOLD COPD https://goldcopd.org/</p> <p>National Institutes of Health (NIH) https://pmc.ncbi.nlm.nih.gov/articles/PMC10815941/</p>
<p>Dental – IV Sedation/ General Anesthesia</p>	<p>American Dental Association https://www.ada.org/-/media/project/ada-organization/ada/ada-org/files/resources/research/ada_sedation_use_guidelines.pdf?rev=313932b4f5eb49e491926d4f_eac00a14&hash=C7C55D7182C639197569D4ED8EDCDDF6</p> <p>Department of Health Care Services (DHCS) https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2023/APL2_3-028.pdf https://www.dhcs.ca.gov/services/medi-cal/Pages/Medi-Cal_EHB_Benefits.aspx</p> <p>Department of Health Care Services (DHCS) Medi-Cal Dental Provider Handbook https://www.dental.dhcs.ca.gov/Dental_Providers/Medi-Cal_Dental/Provider_Handbook/</p>
<p>Depression</p>	<p>American College of Physicians https://www.carelonbehavioralhealth.com/content/dam/digital/carelon/cbh-assets/documents/historical/clinical-practice-guideline-nonpharmacologic-and-pharmacologic-treatments-of-adults-in-the-acute-phase-of-major-depressive-disorder.pdf</p> <p>American Psychiatric Association https://www.psychiatry.org/Psychiatrists/Practice/Clinical-Practice-Guidelines</p> <p>American Academy of Child and Adolescent Psychiatry (AACAP) https://www.aacap.org/AACAP/Practice/Clinical%20Practice%20Guidelines/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Home.aspx?hkey=4959f1ff-</p>
<p>Diabetes</p>	<p>American Diabetes Association (ADA) https://diabetesjournals.org/care/article/48/Supplement_1/S1/157562/Introduction-and-Methodology-Standards-of-Care-in</p>
<p>Disorders of Lipid Metabolism</p>	<p>American Heart Association (AHA) https://www.ahajournals.org/doi/10.1161/cir.0000000000000625#:~:text=In%20all%20age%20groups%2C%20lifestyle,begin%20high%2Dintensity%20statin%20therapy</p>

<p>Immunization</p>	<p>California Department of Public Health (CDPH) https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CDSRB/Pages/Program-Landing2.aspx</p> <p>California Department of Public Health (CDPH) Immunization Branch https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/immunize.aspx</p> <p>California Department of Public Health (CDPH) EZIZ https://eziz.org/</p> <p>Medi-Cal Provider Manual https://mcweb.apps.prd.cammis.medi-cal.ca.gov/publications/manual?q=immunizations&search=immunizations</p> <p>Medicare Preventative Services https://www.cms.gov/medicare/prevention/prevntiongeninfo/medicare-preventive-services/mps-quickreferencechart-1.html</p> <p>United States Preventive Services Task Force (USPSTF) https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?searchterm=immunization</p>
<p>Heart Disease and Stroke</p>	<p>American Heart Association (AHA) https://www.ahajournals.org/doi/10.1161/CIR.0000000000001168</p> <p>American College of Cardiology (ACC) https://www.acc.org/Guidelines</p>
<p>Hypertension</p>	<p>American Association of Family Practice (AAFP) https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/highbloodpressure.html</p> <p>American Heart Association (AHA) https://www.ahajournals.org/doi/10.1161/HYPERTENSIONAHA.120.15026</p>
<p>Obesity</p>	<p>American Association of Clinical Endocrinology https://pro.aace.com/clinical-guidance/nutrition-and-obesity</p>
<p>Oncology</p>	<p>American Cancer Society https://www.cancer.org/</p> <p>National Comprehensive Cancer Network (NCCN) https://www.nccn.org/</p>
<p>Pain Management</p>	<p>American Academy of Family Practitioners (AAFP) https://www.aafp.org/family-physician/patient-care/care-resources/pain-management.html</p> <p>American Academy of Pain Medicine https://painmed.org/clinical-guidelines/</p> <p>American Society of Anesthesiologists (ASA) https://www.asahq.org/</p> <p>Centers for Disease Control and Prevention (CDC) https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm</p>

Parenteral and Enteral Nutrition	<p>American Society of Parenteral and Enteral Nutrition (ASPEN) https://aspenjournals.onlinelibrary.wiley.com/</p>
Psychiatric Evaluation of Adults	<p>American Psychiatric Association Clinical Practice Guidelines for the Psychiatric Evaluation of Adults - third edition, published 2016, reviewed February 2024</p> <p>American Academy of Child and Adolescent Psychiatry (AACAP) https://www.aacap.org/AACAP/Practice/Clinical%20Practice%20Guidelines/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Home.aspx?hkey=4959f1ff-8f05-445e-84cd-1c7713570735</p>
Preventive Service Guidelines	<p>United States Preventive Services Task Force (USPSTF) https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?searchterm=immunization</p> <p>American Academy of Family Practitioners (AAFP) https://www.aafp.org/family-physician/patient-care/clinical-recommendations/aafp-cps.html</p> <p>American Cancer Society https://www.cancer.org/health-care-professionals/american-cancer-society-prevention-early-detection-guidelines.html</p> <p>Health Matters in Ventura County https://www.healthmattersinvc.org/indicators/index/dashboard?id=268493100931256780</p>
Refractive Errors	<p>American Academy of Ophthalmology https://www.aao.org/education/preferred-practice-pattern/refractive-errors-ppp-2022</p>
Rheumatoid Arthritis	<p>American College of Rheumatology https://rheumatology.org/clinical-practice-guidelines</p>
Schizophrenia and Affective Psychosis	<p>American Psychiatric Association Clinical Practice Guideline for the Treatment of Patients with Schizophrenia – third edition, published 2020, reviewed February 2025</p> <p>American Academy of Child and Adolescent Psychiatry (AACAP) https://www.aacap.org/AACAP/Practice/Clinical%20Practice%20Guidelines/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Home.aspx?hkey=4959f1ff-8f05-445e-84cd-1c7713570735</p>
Substance Use	<p>American Society of Addiction Medicine Clinical Practice Guideline on the Management of Stimulant Use Disorders - published 2023, reviewed May 2024 Clinical Practice Guideline on Alcohol Withdrawal Management - published 2020, reviewed March 2024 National Clinical Practice Guideline for the Treatment of Opioid Use Disorder- published 2020, reviewed April 2024</p> <p>Substance Abuse and Mental Health Services Administration Clinical Practice Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants - published 2018, reviewed April 2024</p> <p>American Academy of Child and Adolescent Psychiatry (AACAP) https://www.aacap.org/AACAP/Practice/Clinical%20Practice%20Guidelines/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Home.aspx?hkey=4959f1ff-</p>

<p>Transgender Services</p>	<p>World Professional Association for Transgender Health (WPATH) https://wpath.org/publications/soc8/</p> <p>University of California San Francisco (UCSF) https://transcare.ucsf.edu/guidelines</p> <p>Department of Health Care Services (DHCS) https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2020/APL20-018.pdf</p> <p>American Psychiatric Association Clinical Practice Guidelines for the Psychiatric Evaluation of Adults - third edition, published 2016, reviewed February 2024</p>
<p>Additional Resources:</p>	<p>National Library of Medicine (NIH) https://www.ncbi.nlm.nih.gov/</p> <p>American College of Obstetricians and Gynecologists (ACOG) https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline</p> <p>American Geriatric Society (AGS) https://www.americangeriatrics.org/publications-tools/guidelines-recommendations</p> <p>UptoDate https://www.wolterskluwer.com/en/search-results?q=clinical%20practice%20guidelines</p> <p>CMS-Approved Compendia</p> <p>American Hospital Formulary Service Drug Information (AHFS-DI) https://www.ashp.org/products-and-services/ahfs-drug-information?loginreturnUrl=SSOCheckOnly</p> <p>NCCN Drugs and Biologics Compendium https://www.nccn.org/compendia-templates/compendia/drugs-and-biologics-compendia</p> <p>Truven Health Analytics Micromedex DrugDex® https://www.micromedexsolutions.com/micromedex2/librarian/</p> <p>Elsevier/Gold Standard Clinical Pharmacology https://www.elsevier.com/products/clinicalkey/clinical-pharmacology</p> <p>Wolters Kluwer Lexi-Drugs® https://www.wolterskluwer.com/en/solutions/uptodate/enterprise/lexidrug</p>

CREDENTIALING / PEER REVIEW COMMITTEE GUIDELINE HISTORY			
Adopted By CPRC	Reapproved	Revised	Retired
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