



Gold Coast Health Plan Total Care Advantage (HMO D-SNP) is partnering with HabitNu!

FREE Health Program for Eligible Total Care Advantage Members

Whether you're looking to lose weight, lower your risk for diabetes, or feel healthier and more energized, HabitNu can help you build healthy habits that last.

You will get:

- Tips and tools to help you eat well and stay active
- A wireless scale and activity tracker delivered to your door
- A supportive community to help you stay motivated
- Program available in English and Spanish

Ready to Get Started?



Scan the QR code to check your eligibility in 2 minutes or less!