



WHY TELEHEALTH VISITS SHOULDN'T MEAN SKIPPING BLOOD PRESSURE MEASUREMENT

When performing an exam via telehealth, capturing vital signs is still required. For annual wellness visits conducted virtually, the physician should capture vital signs like weight and blood pressure as best as they can.

As of June 1, 2022, personal home use blood pressure (BP) monitors and blood pressure cuffs for use with personal home blood pressure monitoring devices are a covered benefit under Medi-Cal Rx as a pharmacy benefit.

- ▶ Controlling High Blood Pressure (CBP) is a telehealth eligible Healthcare Effectiveness Data and Informational Set (HEDIS®) measure.

The “Controlling High Blood Pressure CBP” measure readings can be obtained by the members self-reporting on the day of the appointment using a digital blood pressure measuring device.

Your documentation matters!

Measure Definition: The CBP measure evaluates the percentage of members 18 to 85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (<140 / 90 mm Hg).

See below example of acceptable CBP documentation:

Acceptable	Unacceptable
120 / 80 digital device <ul style="list-style-type: none">• Patient can verbally report the digital reading.	120 / 80 manually 120-130 / 80 (ranges) 120 (ish) / 80 (ish) 120 / 80 yesterday (previous day)

GCHP offers free health education services, material, classes, and online resources to help members achieve a healthy lifestyle.

- ▶ Providers can contact the Health Education Department or refer patients.
 - Providers, call: 1-805-437-5719
 - Members, call: 1 888-301-1228 / TTY 711
 - [GCHP Website, Health Education Resources](#) (provided in English and Spanish)
- ▶ Providers can contact Care Management or refer patients
 - Providers, call: 1-805-437-5777
 - Members, call: 1-805-437-5656 / TTY 711
 - [GCHP Website, Care Management](#)