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| **Service** | **Name** | **Contact Information** |
| **Acupuncture***Acupuncture may help alleviate specific side effects of treatment or disease, including neuropathy, fatigue, stress, and more. By appointment: Wednesdays & Fridays* | Eugenio J De Castro, LAC | 914-849-7653 |
| **Art Therapy***Activities and therapy provided by a licensed art therapist as well as cancer center volunteers.* *By request: Wednesday-Friday* | Susan Cooper, ATR-BC, LCAT | 914-681-2279 |
| **Breast Cancer Navigation***Support, Education and referrals for patients with breast cancer diagnosis. By request: Monday-Friday* | Monique Morocho, CN-BA | 914-849-7567 |
| **Caregiver support** *Support focused on individuals who are caring for a loved one through cancer. By request: Monday-Friday* | Laura Himmelstein, LCSW, CHTP | 914-681-2721 |
| **Clinical trials***Information about clinical trials that may be appropriate for you and your physician to consider.* *By request: Monday-Friday* | Catherine Reilly, RN | 914-849-7515 |
| **Financial counseling***Assistance understanding medical coverage, bills, and other financial concerns. By request: Monday-Friday* | Nora Anaya | 914-681-1259 |
| **Genetic counseling** *Consult with a certified genetic counselor to help inform treatment options and understand family risks.* *By appointment: Monday-Friday* | Nicole Boxer, MS, CGC | 914-849-7658 |
| **Healing touch***Trained volunteers provide mind/body relaxation techniques. By request: Monday-Friday* | Laura Himmelstein, LCSW | 914-681-2721 |
| **Holistic nursing***Board certified holistic nurses provide evidence based holistic services to help manage stress, pain, anxiety, and more. By Request: Monday-Friday* | Toyoko Yasui, MSN, RN, OCN, AHN-BCNancy Persely, MS, BSN, OCN, Cathleen Bonvento, RN, MSN, AHN-BC | 914-681-2049914-681-2049 |
| **Nutrition counseling** *Nutrition evaluation and planning by a certified oncology registered dietician. By request & appointment: Monday-Friday* | Cheryl Leslie, RD, CSO, CDN | 914-849-7652 |
| **Pastoral care***Emotional and spiritual support provided by board certified chaplains. By request: Monday-Friday* | Fredda Cohen, MA, JD, BCC | 914-681-2695 |
| **Physical therapy***All PT services are available through our partnership with Burke Rehab. By appointment: Monday-Friday* | Speak with your provider for a referral | 914-849-3983 |
| **Relaxation Audio Tracks and Hotline- Montefiore** (available in English, Spanish and Arabic)*Quiet your mind and body by listening to relaxation audio tracks to soothe and relieve stress.* | <https://www.montefiore.org/healingarts-relaxationtracks> | 718-920-CALM (2256)Available 24 hours/day |
| **Social work/counseling***Support and counseling provided by a licensed social worker. By request: Monday-Friday* | Victoria Assumma, LCSW-R | 914-849-7664 |
| **Speech pathology***Evaluation and treatment for voice, speech, swallowing and language disorders by board certified speech pathologist. By appointment: Monday-Friday* | Ji Young Park, MS, CF-SLP | 914-849-7586 |