

THE SCHOOL FOR FIELD STUDIES



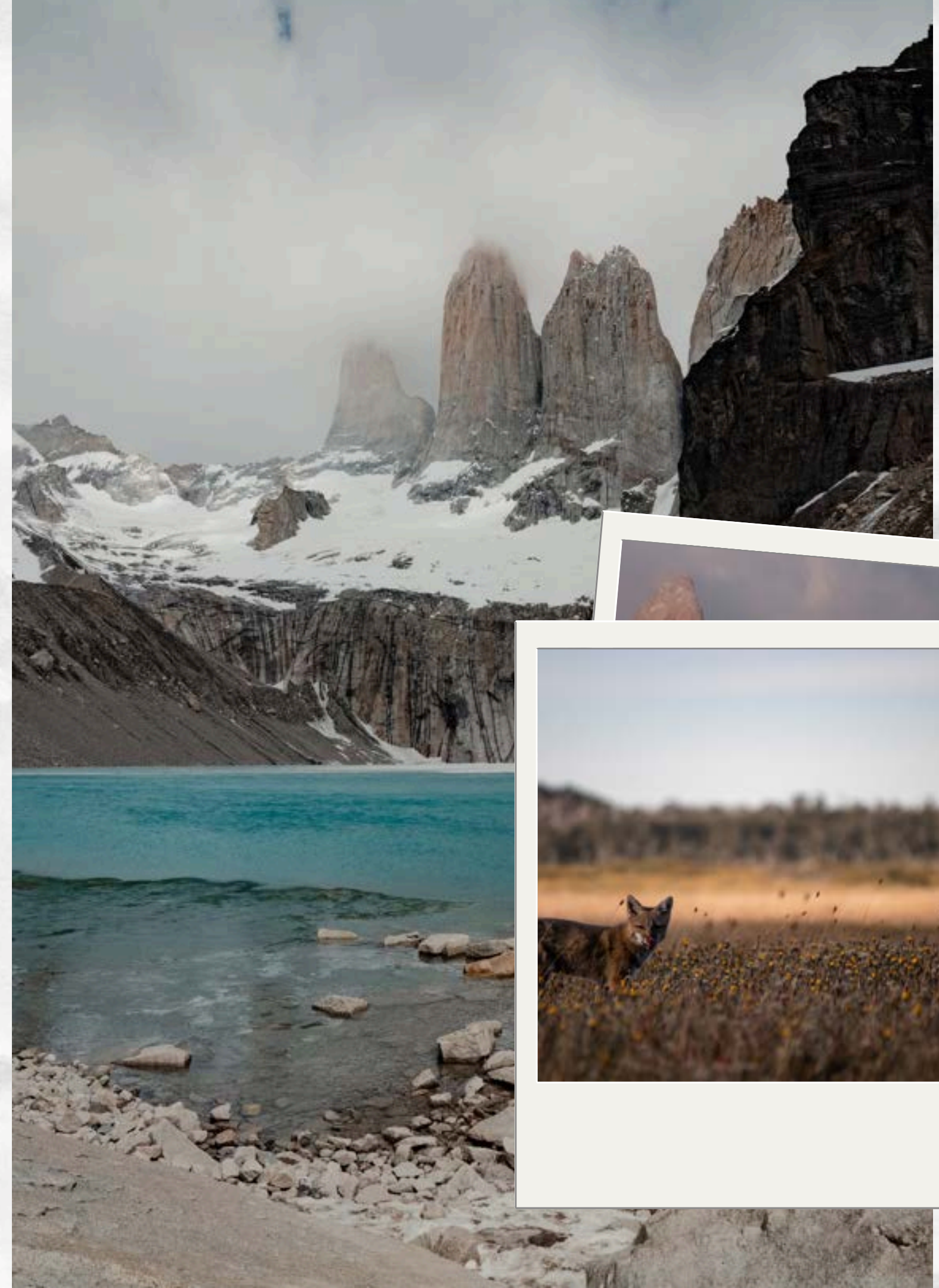
CHILE

A GUIDE TO PREPARE FOR YOUR
SFS PROGRAM

ADMISSIONS
DEPARTMENT

AGENDA

- INFORMATION ABOUT CHILE
- LIFE ON PROGRAM
- PACKING
- HEALTH & SAFETY
- TRAVEL & NEXT STEPS
- CONTACT US





CHILE

LOCAL CULTURE

LANGUAGE

Spanish is the official language. 15+ indigenous languages spoken.

RELIGION

Predominantly Christian

LGBTQIA+

Same sex relationships legal
Pockets of conservative communities
Catcalling and staring is common
Gendered language



AN OPEN MIND IS KEY

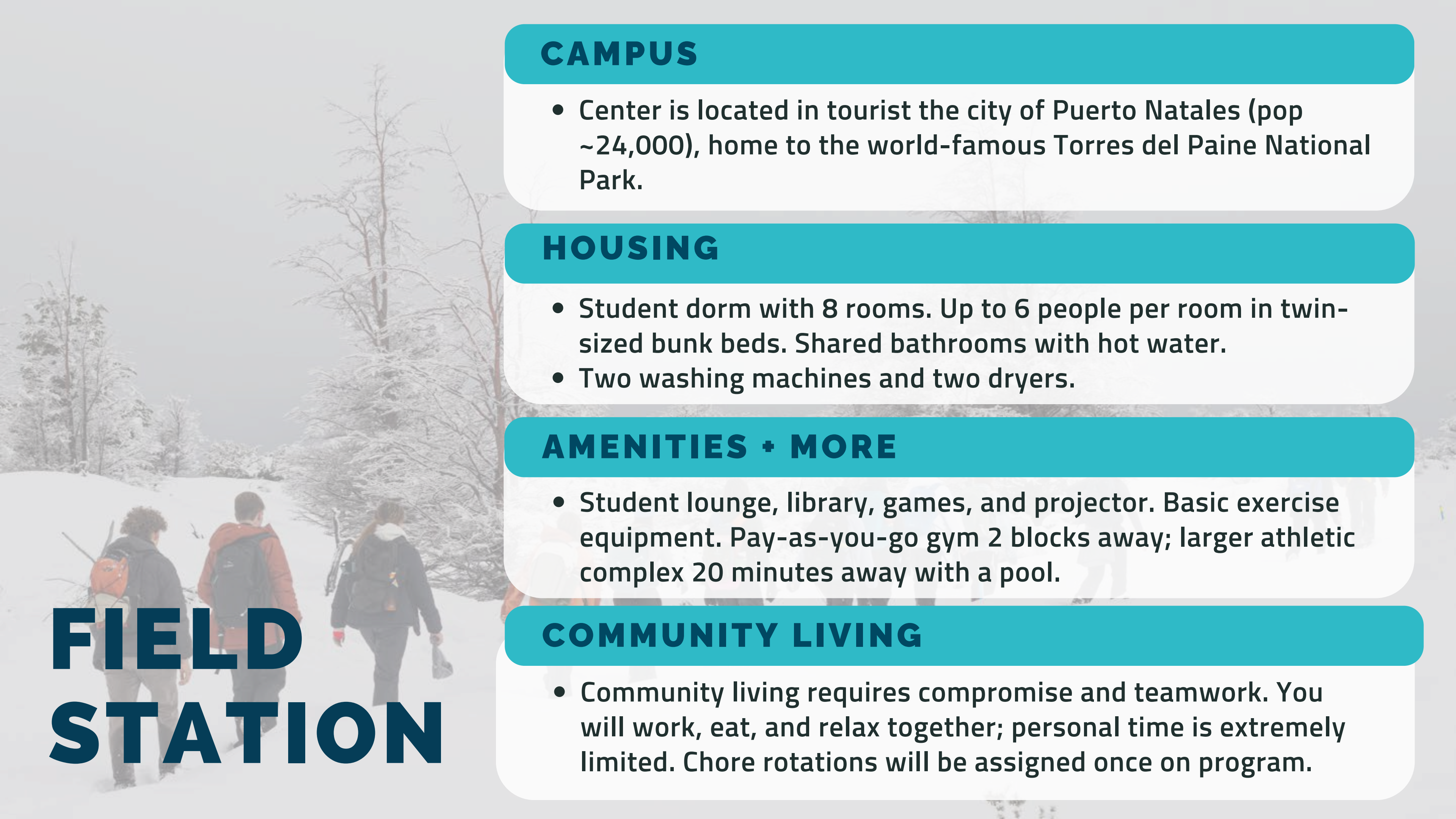
- You chose to study abroad and embrace a new culture, both for its positives and negatives.
- You may feel frustration, but it is important to keep a positive mindset.
- You are not here to judge or change, but rather to learn and experience.





LIFE ON PROGRAM

HOUSING, SCHEDULE & FOOD

A background image showing three hikers with backpacks walking away on a snowy path through a forest of snow-covered trees.

FIELD STATION

CAMPUS

- Center is located in tourist the city of Puerto Natales (pop ~24,000), home to the world-famous Torres del Paine National Park.

HOUSING

- Student dorm with 8 rooms. Up to 6 people per room in twin-sized bunk beds. Shared bathrooms with hot water.
- Two washing machines and two dryers.

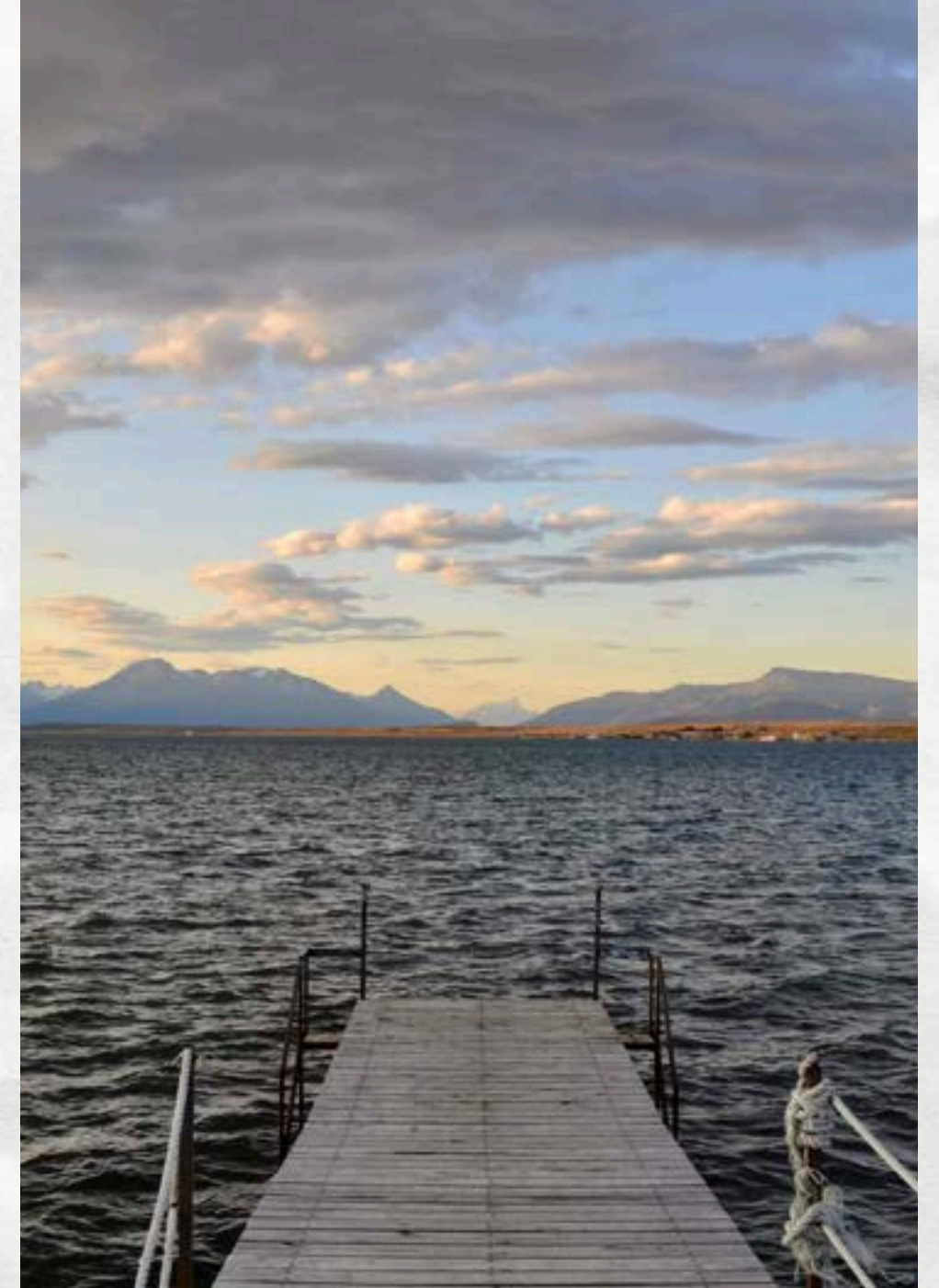
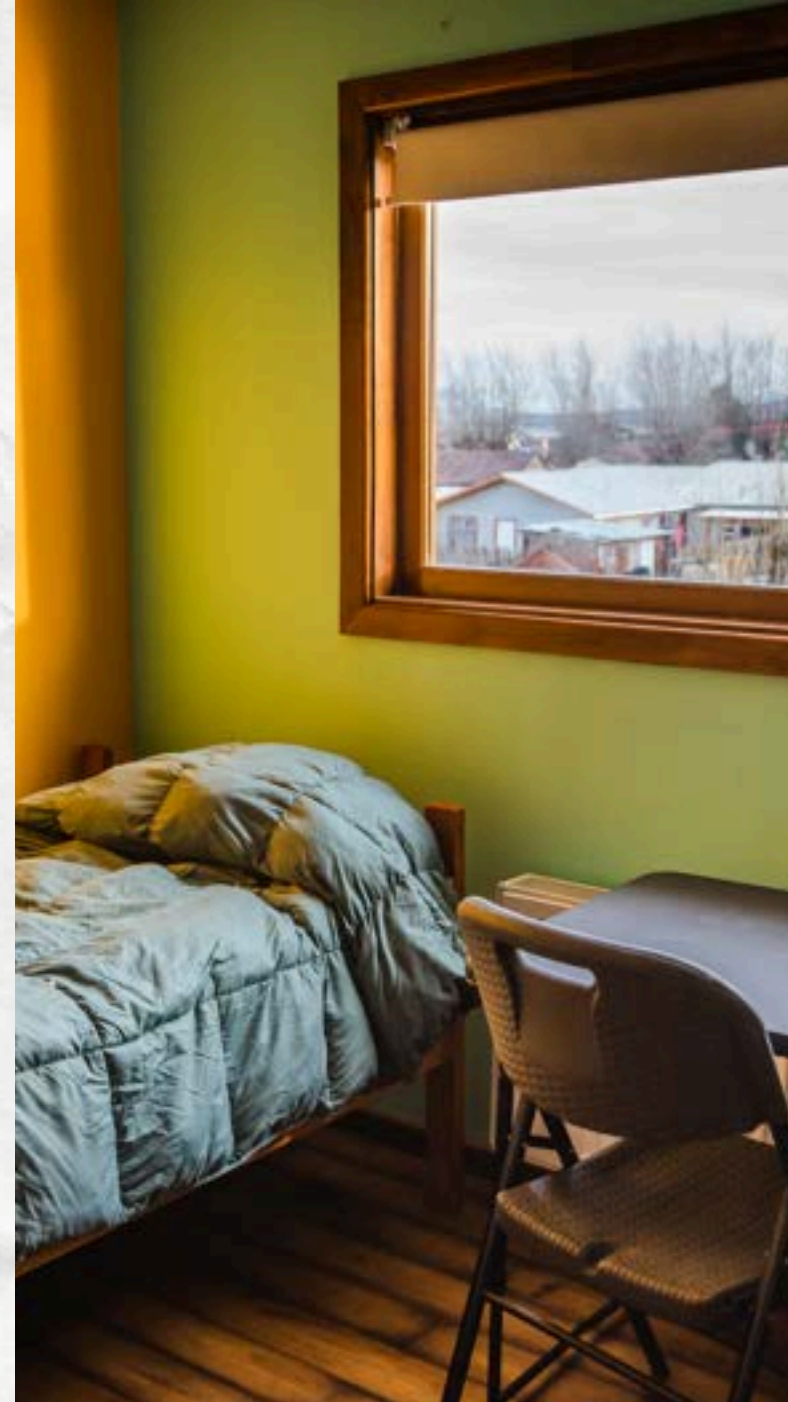
AMENITIES + MORE

- Student lounge, library, games, and projector. Basic exercise equipment. Pay-as-you-go gym 2 blocks away; larger athletic complex 20 minutes away with a pool.

COMMUNITY LIVING

- Community living requires compromise and teamwork. You will work, eat, and relax together; personal time is extremely limited. Chore rotations will be assigned once on program.

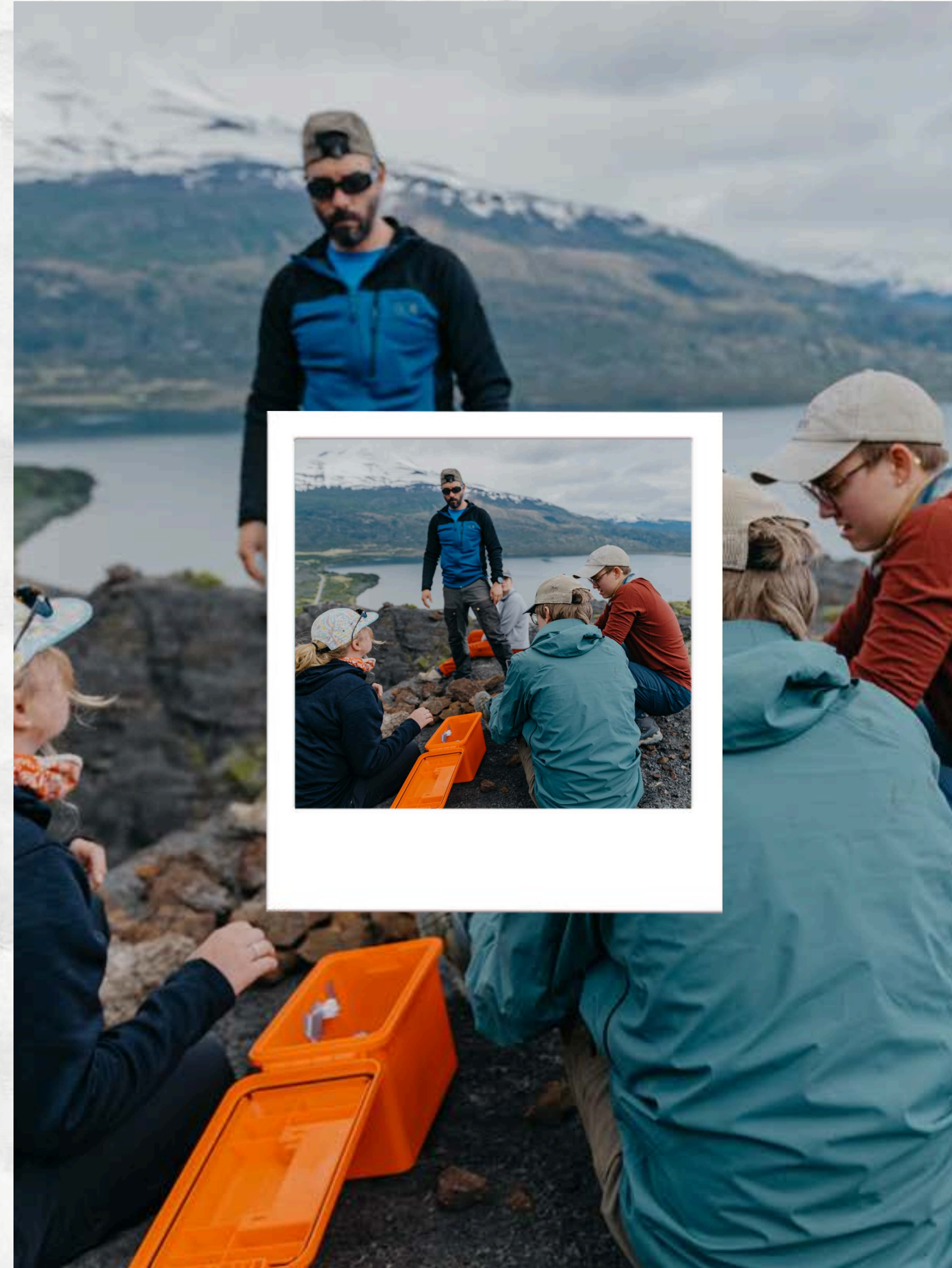
THE CENTER FOR CLIMATE STUDIES



CLASSROOM STANDARD

- Not an "easy A"
- Our coursework and research impact the community
- Grades must be earned

Schedule is high-intensity. Manage your time efficiently and use your days off to recharge. Use the utmost level of respect in your interactions with staff.



DAY IN THE LIFE



- Days are highly structured
- Typically, 7am - 8pm
- Some days are 100% in the field, while others are 100% classroom time
- Expect over half of your program time to be spent covering classroom-based theory
- All activities are mandatory- including group meals!
- We work around our partners, weather, and other circumstances, so you should expect the schedule to always be changing. It's important to have flexibility and a positive mindset!

PROGRAM POLICIES



Curfew enforced



No smoking on campus (no e-cig)



No non-SFS guests without staff approval



Sign out and buddy system



No cannabis products (*)

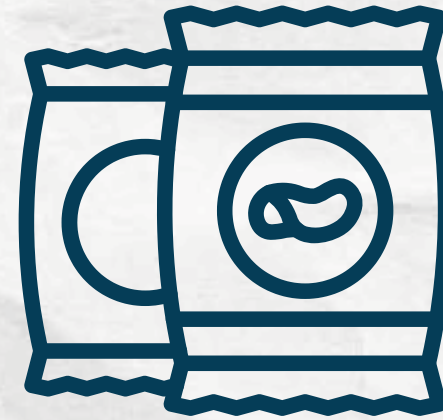


(*) This includes medical marijuana and some types of CBD oil - contact Student Life before bringing any CBD product

WHAT'S ON THE MENU?



MEALS



SNACKS



FRESH WATER

Breakfast Example: Eggs, toast, cold cuts, hummus, cereal, and fruit.

Lunch/Dinner Example: Rice, pasta, vegetables, a protein option (meat and non-meat), and dessert.

SFS can support most dietary needs, but the variety of food will be extremely limited based on local availability and cost.



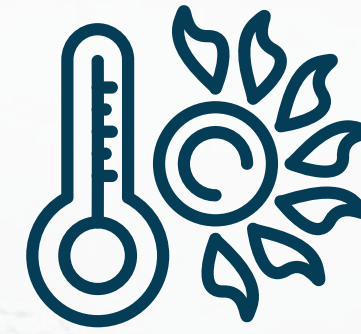
PACKING

WHAT SHOULD YOU BRING



CURRENCY

- Chilean Peso (CLP)
- Cash and debit/credit cards
- ATM access
- Notify your bank



CLIMATE

- Average temp: 30–60°F
- Winter (June–August): 24–48°F
- Very windy!
- Weather can change suddenly and drastically

WHAT YOU SHOULD **BRING**

Please do read your **field guide** for an itemized look!



CLOTHING

**TOILETRIES +
MEDICATION**



**FIELD
GEAR**



ROOM NECESSITIES

FOR CLASSROOM



PACKING CONSIDERATIONS

COMMUNITY CONSIDERATIONS

Off-campus no crop tops
and shorts/skirts/dresses
minimum 3-inch inseam.

TECHNOLOGY

Laptop with USB port | MS
Office (or equivalent)

Electronics: 220V | Type C & L
plugs | Bring a plug adapter;
check device voltage
compatibility.

Internet: Unreliable—
download podcasts, music,
movies, etc. in advance.

LUGGAGE

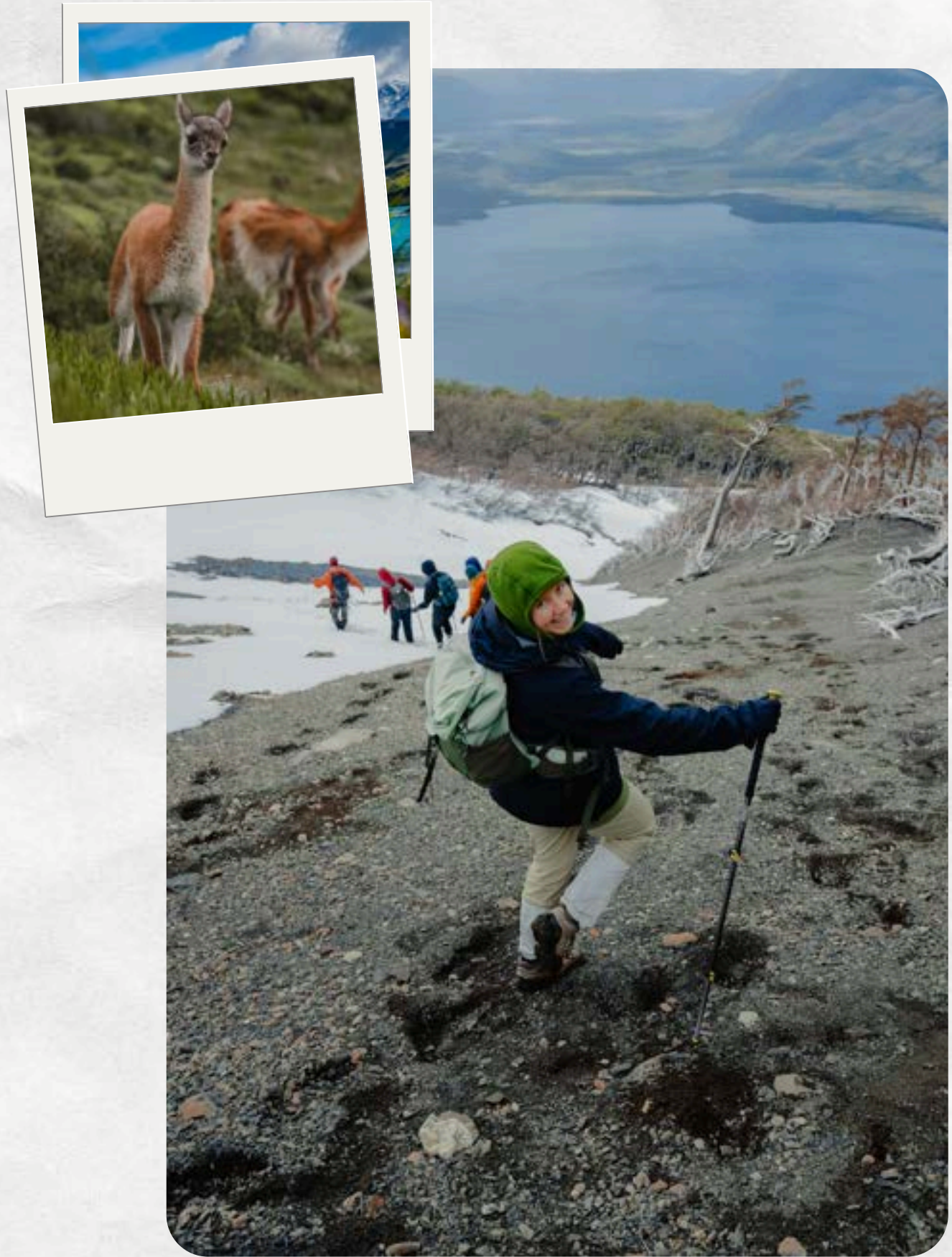
SFS has no luggage
limitations, although your
airline(s) might!

You will be responsible for
transporting your own
luggage.

A herd of guanacos is grazing on a rocky, sparsely vegetated mountain slope. In the background, majestic snow-capped mountain peaks rise against a sky filled with soft, white clouds. The scene is captured in a cinematic style with natural lighting.

HEALTH & SAFETY

MEDICAL CARE & MEDICAL REVIEW



ENVIRONMENTAL HAZARDS

- ✓ Sunburn, dehydration, etc.
- ✓ Orthopedic injuries due to uneven trails
- ✓ Pumas and other wildlife
- ✓ Winds up to 100 MPH

MEDICAL CARE IN COUNTRY

BASIC MEDICAL

Center is 10 minutes from hospital in Puerto Natales.

ADVANCED MEDICAL

Center is 3 hours away from hospital in Punta Arenas.
On expedition, students will be 5+ hours away from hospital.

ROUTINE VISITS

Routine medical visits are not feasible while on program.

MENTAL HEALTH

Scheduled telehealth appointments with mental health providers may not be feasible.

COMMUNICABLE DISEASES & OUTBREAKS



SFS follows CDC and host-country **health guidelines**. Entry and pre-departure health requirements vary by country and may change based on current outbreaks. Students should review current travel and health guidance before departure, and SFS will notify students of any major updates.

Students who test positive for, or develop symptoms of, communicable illnesses may need to isolate. Close contacts may be asked to test or monitor for symptoms. Because supplies may be limited locally, students are encouraged to bring rapid tests and high-quality masks.

Students **are responsible** for any medical or isolation-related costs incurred abroad and should confirm, before traveling, that their international health insurance covers communicable diseases.



MEDICAL REVIEW



Complete your medical paperwork within 6 months of departure & before the due date



Schedule medical appointments in advance. SFS recommends consulting with a travel clinic in addition to your primary care physician



No student is permitted to participate on an SFS program until medical review has been completed



Obtain prescription medication prior to your departure





NEXT STEPS

VISAS, FLIGHTS, & PAPERWORK

VISAS AND FLIGHTS

Travel Instructions sent at least 2 months prior to departure on buying your flights.

For US Citizens, visas are granted upon arrival, no pre-departure work needed.

Airport Letter sent 1-2 weeks prior to departure with arrival instructions, what you need to enter/carry with you, current entry requirements, and emergency contacts.

AT THE AIRPORT



CUSTOMS & IMMIGRATION

Have your passport ready!

LUGGAGE

Afterwards, collect your luggage and leave the security area.

FINDING SFS

Find the designated meeting spot and look for SFS signs!

WAITING FOR OTHERS

You may need to wait for other members of your cohort to arrive before heading to the center.

NEXT STEPS

TRAVEL

- Apply for or renew your passport-must be valid for at least 6 months after departure from Chile
- Book your flight

SET EXPECTATIONS

- Review the SFS field guide, financial planner, syllabus, and policies
- Talk with your family and friends about a realistic communication plan while you're in the field

MEDICAL

- Schedule all medical appointments
- Make a plan with specialists and/or mental health providers (if needed)
- Obtain prescription medication for the entirety of your program (if needed)
- See travel clinic (if desired)
- Schedule vaccinations (if needed)

FINANCES

- Pay for your program
- Apply for financial aid (if desired)

FOLLOW US ON SOCIALS



@THESFS
@THESFS_CHILE

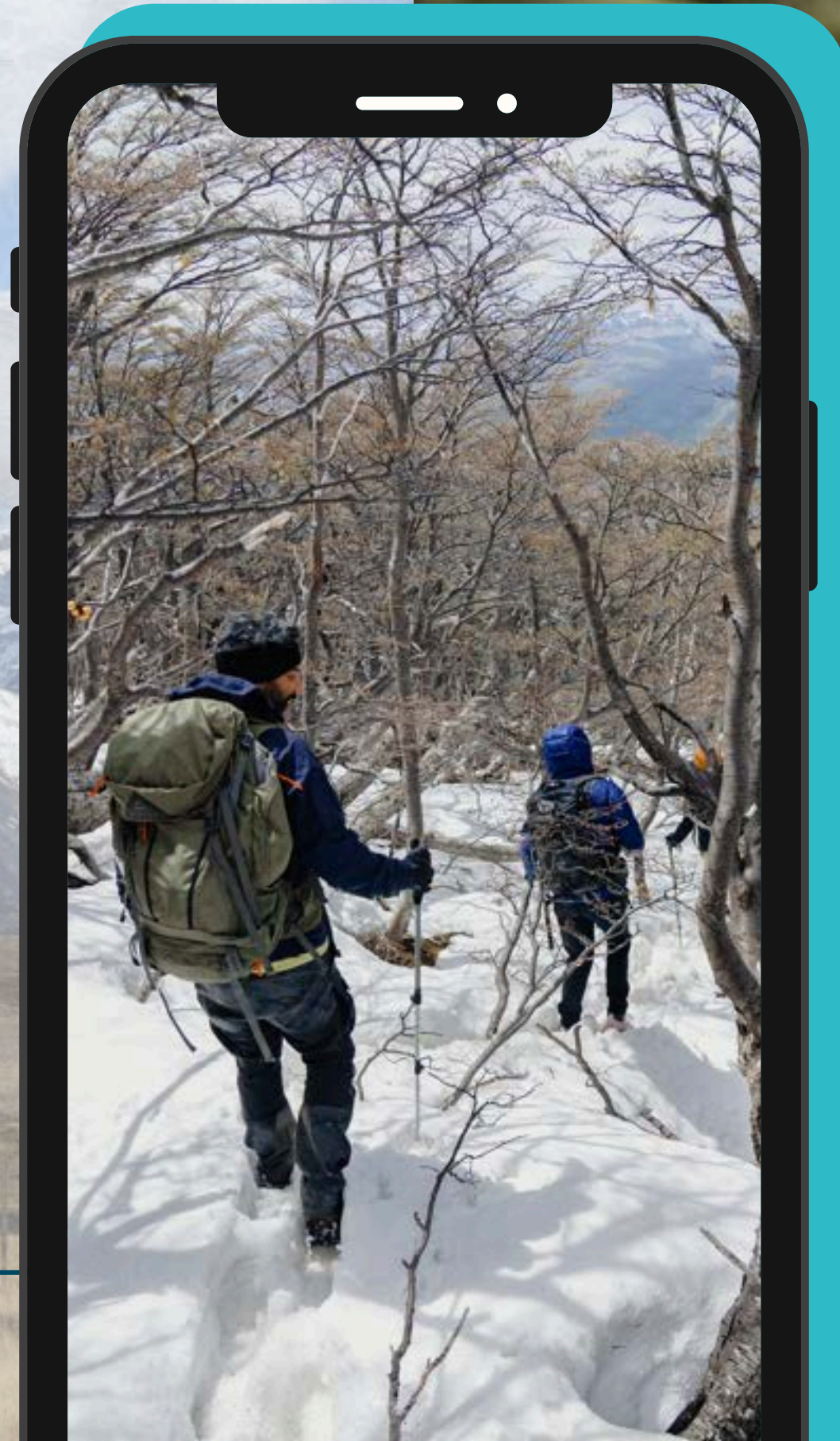


THE SCHOOL FOR FIELD STUDIES



THE SCHOOL FOR FIELD STUDIES

Tag us in your
posts @thesfs!



A photograph of two hikers from behind, standing on a wooden railing and looking out at a vast, snow-covered mountain range under a clear blue sky. The hiker on the left is wearing a blue hooded jacket and a large blue backpack. The hiker on the right is wearing a teal long-sleeved shirt, dark pants, and a grey cap, with a black backpack. The background is a high-altitude landscape with white snow and blue-tinted ice formations.

QUESTIONS?

Here is how you can get in touch:

MEDICAL + SAFETY

studentlife@fieldstudies.org

BILLING + FINANCIAL AID

billing@fieldstudies.org

ACADEMICS

academics@fieldstudies.org

GENERAL QUESTIONS

admissions@fieldstudies.org