


# Measure yourself

Measurements are provided by suppliers.  
Product measurements may vary by up to 2" (5 cm).



**A Length**

Place the end of a measuring tape beside the collar at the top of the garment (high point shoulder). Pull the tape to the bottom of the item.

**B Chest**

Measure yourself around the fullest part of your chest. Keep the measuring tape horizontal.

**C Sleeve length**

Place the end of a measuring tape at the center back of the collar, then pull the tape along the top seam of the sleeve. When you get to the shoulder hold the tape in place at the shoulder and continue to pull down the sleeve until you reach the hem of the sleeve.

SIZE	LENGTH	CHEST	SLEEVE LENGTH
S	68.6	96.5 - 104	85
M	71	106.7 - 114.3	87.6
L	73.7	116.8 - 124.5	90.2
XL	76.2	127 - 134.6	92.7
2XL	78.7	137.2 - 144.8	95.3
3XL	81.3	147.3 - 155	97.8
4XL	83.8	157.5 - 165	100.3
5XL	86.4	167.6 - 175.3	103

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