

Confession

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We would like your feedback!

Please answer this brief survey to help us provide you with a better small group experience!

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Review Last Week's Next Steps

- I will tell a trusted friend about a commitment I've made and ask for accountability.
- I will do what James says and confess my sins to a trusted friend and ask them to pray for me so that I may find healing.
- I will have the courage to come out of the darkness.

THIS WEEK'S SERMON RECAP

How do you experience the grace of God when you do something wrong? Very often, people receive forgiveness as a gift of God's grace when they become a Christian, but they still find themselves plagued by a sense of guilt or spiritual inadequacy. A lot of people believe they're saved by grace; but they don't know how to live in grace. They don't experience it moment to moment, day to day. This week we're going to learn how to practice confession in a way that allows us to experience God's grace, and live in it!

DISCUSSION QUESTIONS

1. Can you recall a specific moment in your faith journey when the practice of confession became personally significant? How did this experience reshape your understanding of God's grace?

2. Recall a time when you faced spiritual struggle or guilt after committing a sin. How did you navigate the emotions and uncertainties surrounding your salvation during that period? Did you find yourself beating yourself up for your actions, and what steps did you take to address those emotions? Utilize the 5-step process of confession to guide the following questions:
 - a. I acknowledge what I've done.
 - b. I see what I've done—from the eyes of the person I wronged or from God's perspective.
 - c. I'm broken over what I've done—experiencing a level of pain.
 - d. I commit to change.
 - e. I experience God's grace.
3. Discuss the dynamics of openly admitting your sins. How comfortable are you with acknowledging wrongdoing, and have you observed any changes in your spiritual life as a result?
4. Share an experience where viewing your actions through the eyes of the person you wronged or from God's perspective brought a deeper understanding of your behavior. How did this newfound awareness influence your subsequent choices?
5. Reflect on the concept of experiencing brokenness over your sins. In what ways has genuine brokenness contributed to your personal growth, healing, and a stronger connection with God?
6. Share a commitment you made to change a specific behavior or attitude in response to acknowledging your sins. What challenges did you face, and how did you approach and fulfill this commitment?

7. How do you actively experience God's grace in your daily life? Discuss the impact of understanding Jesus as your advocate and the atoning sacrifice on your day-to-day relationship with God.

NEXT STEPS FOR THIS WEEK (COMMIT TO GROW)

- I will memorized 1 John 1:9.
- I will follow the 5 step process for confession.
- I will return to this message again and again until I learn to live it out.

SCRIPTURE REFERENCES

- 1 John 1:8-2:6
- Matthew 7:1-3
- James 4:8-10

Prayer Request(s)

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