



RETURN TO YOURSELF

A Women's Mountain Retreat for Reflection, Renewal & Reconnection

What if this next chapter is simply about coming home to yourself?

An intimate mountain retreat for rest, reflection, connection, and renewal.

DURING OUR TIME TOGETHER

Reflection &
Self-Discovery

Wellness &
Mindfulness Practices

Guided Experience
& Group Discussions

Time in Nature,
Rest & Renewal

With 2 nights mountain lodging, nourishing meals, retreat materials, guided sessions, wellness experiences.

INTIMATE GATHERING

This retreat is intentionally kept small to create a deeply personal and meaningful experience.

October 23-25, 2026

Pine/Strawberry, Arizona

JOIN THE CIRCLE

The journey home begins with a single step.

For women who are ready to stop searching outside themselves and begin trusting the wisdom within.

Your Guides

Georgina

Coaching & Self-Discovery

Silvia

Shadow Work & Transformational Healing

Dr. Liz

Naturopathic Wellness

“The privilege of a lifetime is to become who you truly are.” – Carl Jung

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