

“Tomohi” Program FAQs

1. What makes Tomohi different from other Internship Programmes?

Tomohi Offers a structured, year-long learning experience. The interns will be fully involved in the bank’s day-to-day operations, contributing to strategic projects and gaining exposure across different functions. Through three structured rotations, the programme aims to build participant’s business acumen, technical capabilities and essential soft skills needed to succeed in today’s workplace.

2. How are selected participants assigned to their departments?

Each participant will rotate across different departments throughout the programme to gain a well-rounded understanding of the business. Placements are determined based on several factors including academic background, assessment scores, interests and interview outcomes.

3. Who can apply for Tomohi?

To be considered for the programme, candidates must meet the following criteria:

- Omani Nationals
- Fresh graduates from 2024 – 2025
- Hold a Bachelor’s degree in any of the following:
 - o Accounting, Auditing, Finance, Economics, Marketing, Human Resources, Management and Business Administration, Information Systems, Information Technology, Supply Chain Management or other related fields.
- Have a minimum GPA of 2.8 or equivalent.

4. What is the deadline for applications?

The application window will be open from the 2nd-16th of November.

5. What stages are involved in the selection process?

The selection process includes an initial screening, an assessment stage, and two rounds of interviews.

6. Will I receive feedback on my application progress?

All applicants will be notified of the status of their applications throughout the selection process.

7. What additional training opportunities are offered through Tomohi?

The programme follows a blended learning approach that combines on-the-job training, classroom-based sessions and access to Sohar International’s Digital Academy, providing participants with numerous accessible learning resources to enable their continuous professional development.

8. How will success be measured during the internship?

Performance will be evaluated throughout the programme based on key learning objectives, supervisor feedback and completion of assigned projects. Furthermore, regular reviews will be conducted at the end of each rotation to assess progress, development and overall contribution.

9. Are travel or accommodation expenses covered for participants from outside Muscat?

Travel and accommodation expenses are not covered. However, all participants will receive a monthly stipend for the duration of the programme.

10. What additional benefits are the Tomohi participants entitled to?

Participants will be eligible for standard benefits during the programme, including annual leave & medical insurance. They are also eligible for sick leave & maternity leave in accordance with the labour law. Note that family coverage is not included.

11. Am I required to complete the full 12 months of the programme?

Completing the full duration of the programme is strongly encouraged to gain the intended experience and development opportunities. However, if at any point you wish to withdraw from the programme, we ask that you do so by providing one week's notice.

12. What happens after I graduate Tomohi?

Many Tomohi graduates from previous years have gone on to secure full-time roles within the bank based on their performance and potential. While employment is not guaranteed, the programme is designed to build a strong talent pipeline, and high performing participants are often considered for available opportunities across different areas in the bank.

Contact Us:

Have a question or facing a technical issue? Our team is here to help – reach out to us at Tomohi@sib.om