



-ALL IN ONE TRAINER-

The Gronk Fitness All-in-One is a commercial-grade, space-efficient strength system that combines a smith machine, power rack, functional trainer, leg press attachment, dip station, pull-up bar, and landmine attachment into one complete strength training solution. Built from heavy-duty steel for superior durability and stability, it features smooth aluminum pulleys with dual adjustable weight stacks for fluid performance and extensive exercise variety. With an exclusive 82.5" overall height, the All-in-One delivers full functionality while fitting facilities with limited ceiling clearance.

SPECIFICATIONS

FEATURES

- **1:1 Cable Ratio** – Dual 120 lb weight stacks for true resistance and smooth performance
- **All-in-One Training System** – Smith machine, power rack, functional trainer, leg press, dip station, pull-up bar, and landmine
- **Commercial-Grade Steel Construction** – Built for maximum durability, stability, and long-term use
- **Smooth Aluminum Pulley System** – Adjustable pulleys with dual weight stacks for versatile cable training
- **Integrated Safety System** – Spotter arms and safety catches for secure, confident lifting

WARRANTY

- **Residential:** Lifetime warranty (frame, upholstery, parts, attachments), 3-month cosmetic, 1-year labor
- **Light Commercial:** 10-year frame, 10-year parts, 5-year upholstery, 1-year attachments, 3-month cosmetic, 1-year labor
- **Comprehensive Coverage:** Ensures peace of mind with extensive warranty support.

DIMENSIONS

- **Dimensions:** 58"D x 75"W(77.5" with smith bar) x 82.5"H
- **Weight Rating:** 990lbs
- **Cable Rating:** 2000lbs

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E-COMMERCE

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