

GRONK FITNESS GRIDIRON HALF RACK

SKU-5135-G1

This heavy-duty power rack is built from 3" x 3" 11-gauge steel for uncompromising strength, stability, and long-term durability in high-performance training environments.

Designed with a modular platform, it supports a wide range of attachments—including weight horns, J-hooks, spotter arms, dip and landmine attachments, and a multi-grip pull-up bar—delivering versatile, full-body training in a compact footprint.

Precision construction and integrated storage enhance both performance and organization, while the rack's adaptable design allows it to grow with your training needs.



PRODUCT FEATURES

HEAVY-DUTY STEEL CONSTRUCTION

3" x 3" 11-gauge steel ensures commercial-level durability for years of high-intensity use

J-HOOKS & SPOTTER ARMS INCLUDED

Steel J-hooks and adjustable spotter arms for safe solo barbell training

LANDMINE ATTACHMENT

Enables rotational and functional training movements for full-body conditioning

MULTI-GRIP PULL-UP STATION

Multiple grip positions support wide, narrow, neutral, and angled pull-ups

DIP ATTACHMENT

Expands functionality for bodyweight pressing movements and tricep dips

COMPACT FOOTPRINT

98"H x 48"W x 74"L — full training capability in a space-efficient design

BUILD YOUR GREAT



DEPTH
74"
(6' 2")

HEIGHT
98"
(8' 2")

WIDTH
48" (4' 0")

AVAILABLE ATTACHMENTS

Feet Extenders	7.5" Utility Horn(Plate Storage)	12" Utility Horn(Plate Storage)
Roller J-cups -Nylon Version	Roller J-cups -Stainless Steel Version	Curl Pull Up Bar
Monkey Bar	Olympic Barbell Holder	Leg Curl/ Extension Attachment
Storage Tray	Plate Storage Rack	Ball Storage Rack
Lat Pull Down Attachment	Split Squat	Spider Arm Attachment
Belt Squat	Jammer Arms	Wall Ball Target
Battle Rope Anchor	Band Pegs	Crossmember Options

EQUIPMENT SPECIFICATIONS

DIMENSIONS
Height 98" · Width 48" · Length 74"

FRAME MATERIAL
3" x 3" 11-Gauge Steel

FRAME WARRANTY
Commercial — 10 Years

PARTS & LABOR WARRANTY
5 Year Parts · 2 Year Labor

COATING WARRANTY
1 Year Coating

ACCESSORY WARRANTY
6 Month Accessory

CUSTOM COLOR OPTIONS AVAILABLE
Match your facility's branding or create a personalized training space with custom powder-coat finishes