

GRONK FITNESS VERTICAL HIP THRUST

SKU-5915-G1

The Gronk Fitness Vertical Hip Thrust is engineered to enhance your glute, hamstring, and lower body strength. This robust machine is perfect for both home and commercial gym environments, providing a safe and effective way to perform hip thrusts, one of the most powerful exercises for building explosive lower body strength.

Featuring a heavy-duty steel frame and ergonomic design, the Gronk Fitness Vertical Hip Thrust ensures stability and comfort during your workouts. Its compact footprint allows it to fit seamlessly into any gym space, while the sleek finish adds a touch of style and durability.



PRODUCT FEATURES

HEAVY-DUTY CONSTRUCTION

Built with a solid steel frame for maximum durability and stability.

PADDED BACKREST

Ergonomic padding designed for comfort and proper form.

ADJUSTABLE THIGH PADS

Fine-tune fit and alignment for a more effective, comfortable workout.

EFFECTIVE GLUTE TRAINING

Allows safe loading of weight for optimal muscle activation.

COMPACT FOOTPRINT

Space-saving design fits well into any gym space.

SLEEK FINISH

Durable coating protects against wear and tear.

BUILD YOUR GREAT

