



PENDULUM SQUAT



SH-G6924



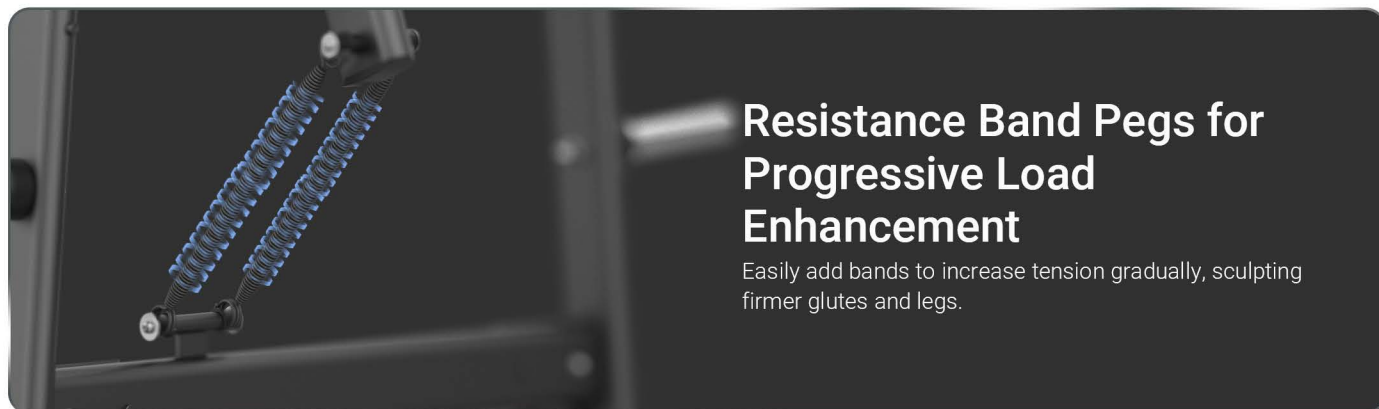
4-Level Adjustable Foot Platform for Personalized Angles

Customize foot positioning to unlock deeper muscle engagement and build stronger lower limbs.

Smart Rapid-Reset Hooks for Seamless Training Flow

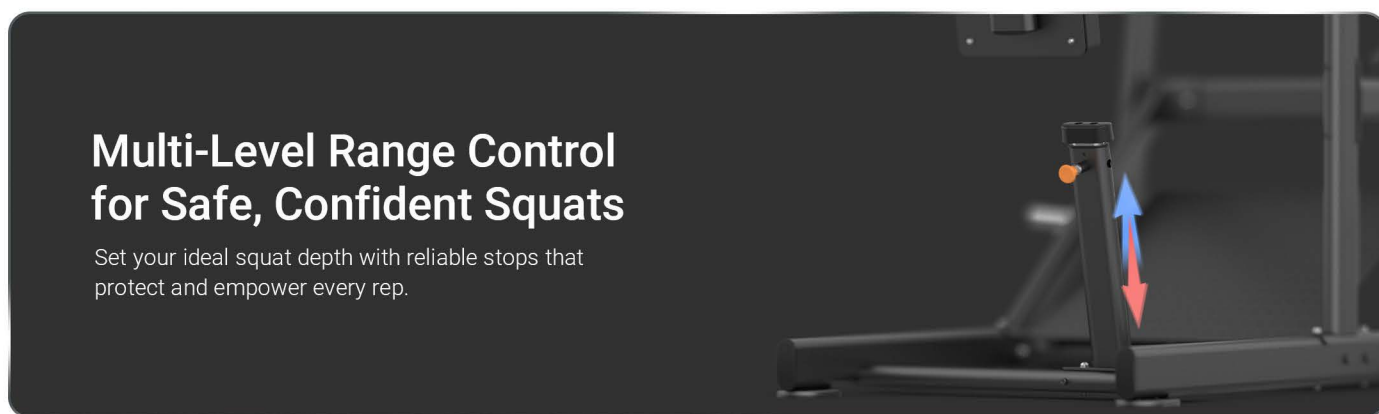
Multiple start positions and spring-loaded reset ensure smooth, uninterrupted movement for maximum focus.





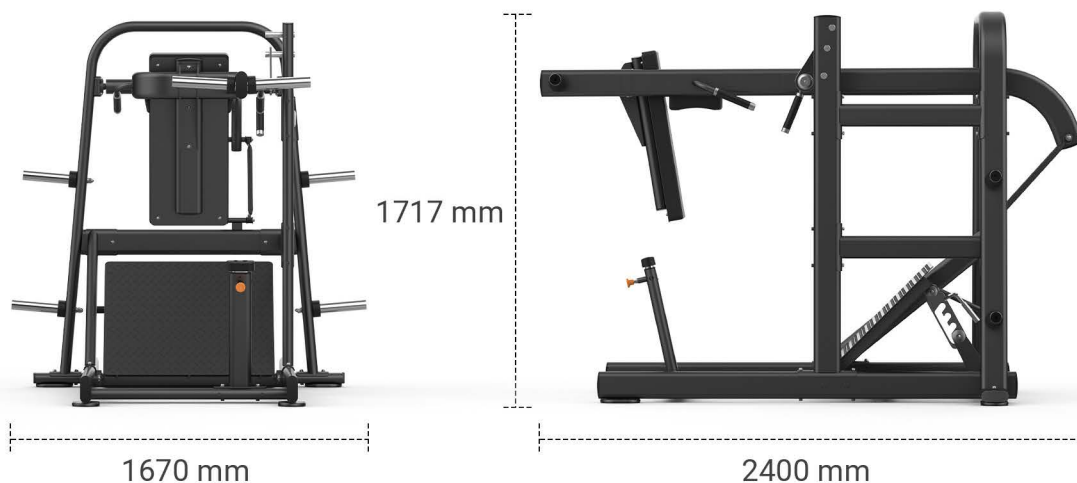
Resistance Band Pegs for Progressive Load Enhancement

Easily add bands to increase tension gradually, sculpting firmer glutes and legs.



Multi-Level Range Control for Safe, Confident Squats

Set your ideal squat depth with reliable stops that protect and empower every rep.



PRODUCT SPECIFICATIONS

Dimension	2400 × 1670 × 1717 mm / 94 × 66 × 68 in
Max User Weight	200 kg / 441 lbs
Muscles	Gluteus; Quadriceps; Hamstrings
N.W.	210 kg / 463 lbs
G.W.	250 kg / 551 lbs
Loading Capacity	20GP: 10 units / 40HQ: 24 units