GRONK FITNESS SEATED ROW

SKU-5904-G1

The Gronk Fitness Seated Row is a premium strength machine designed to enhance your back workouts with precision and efficiency. This robust piece of equipment is perfect for targeting major back muscle groups, making it ideal for both fitness enthusiasts and professional athletes.

Built with durable construction and engineered for optimal rowing motion, this machine allows for adjustable plate-loaded resistance, ensuring a customizable workout experience. Its ergonomic seating and space-efficient design make it suitable for both home and commercial gym environments.



PRODUCT FEATURES

PLATE-LOADED RESISTANCE
Customize your workout intensity with adjustable weight plates.

SEATED ROW DESIGN
Specifically targets major back muscle groups for strength and endurance.

ADJUSTABLE SEAT
Ensures comfort and proper alignment during exercise.

NEUTRAL GRIP HANDLES
Provides a natural hand position for effective rowing motion.

HEAVY-DUTY CONSTRUCTION
Built for durability and long-term use in any gym setting.

SPACE-EFFICIENT DESIGN
Ideal for both home and commercial gym environments.

BUILD YOUR GREAT



EQUIPMENT SPECIFICATIONS

DIMENSIONS 67" W × 45" D × 54" H	**APPLICATION** Light Commercial and Residential
TYPE Plate Loaded Seated Row	**PRODUCT WEIGHT** 210 lb
LOAD CAPACITY 400 lb	**TARGET MUSCLES** Lats, Rhomboids, Traps

WARRANTY

LIGHT COMMERCIAL			RESIDENTIAL		
FRAME & WELDS	**UPHOLSTERY**	**PARTS**	**FRAME & WELDS**	**UPHOLSTERY**	**PARTS**
10 Years	1 Year	5 Years	Lifetime	2 Years	Lifetime
ATTACHMENTS	**COSMETIC**	**LABOR**	**ATTACHMENTS**	**COSMETIC**	**LABOR**
1 Year	3 Months	1 Year	Lifetime	3 Months	1 Year

COMMERCIAL SALES
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