GRONK FITNESS SEATED CHEST PRESS

SKU-5902-G1

The Gronk Fitness Seated Chest Press is a premium strength machine engineered to enhance upper body power by targeting the chest, shoulders, and triceps. Perfect for both home and light commercial environments, this machine offers a smooth, controlled pressing motion that supports effective strength training.

Featuring an ergonomic design, the seated chest press includes an adjustable seat for a proper pressing position. The handles are fixed. Its plate-loaded resistance system allows for precise weight progression, while the robust frame and compact design make it an ideal choice for dedicated training spaces.



PRODUCT FEATURES

PLATE-LOADED RESISTANCE
Allows for customizable weight progression.

TARGETS MULTIPLE MUSCLE GROUPS
Focuses on chest, shoulders, and triceps.

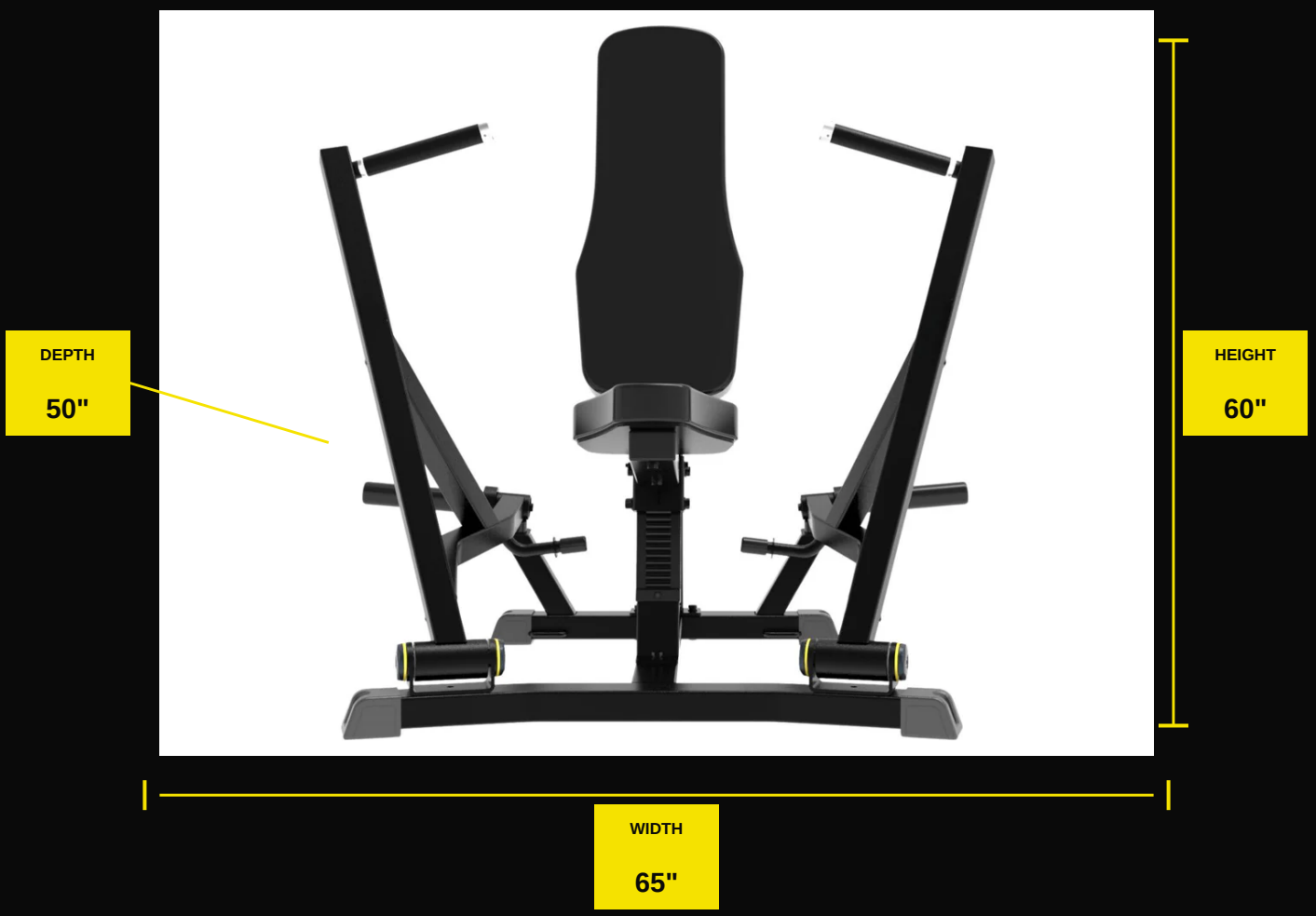
ERGONOMIC DESIGN
Ensures a natural pressing motion.

ADJUSTABLE SEAT
Set the seat for a proper pressing position. Handles are fixed.

HEAVY-DUTY FRAME
Provides stability, durability, and supports up to 500 lb for progressive training.

COMPACT FOOTPRINT
Suitable for both home and commercial use.

BUILD YOUR GREAT



EQUIPMENT SPECIFICATIONS

DIMENSIONS 65" W × 50" D × 60" H	APPLICATION Light Commercial and Residential
TYPE Plate Loaded Chest Press	PRODUCT WEIGHT 195 lb
LOAD CAPACITY 500 lb	TARGET MUSCLES Chest, Shoulders, Triceps

WARRANTY

LIGHT COMMERCIAL			RESIDENTIAL		
FRAME & WELDS	UPHOLSTERY	PARTS	FRAME & WELDS	UPHOLSTERY	PARTS
10 Years	1 Year	5 Years	Lifetime	2 Years	Lifetime
ATTACHMENTS	COSMETIC	LABOR	ATTACHMENTS	COSMETIC	LABOR
1 Year	3 Months	1 Year	Lifetime	3 Months	1 Year

COMMERCIAL SALES
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