



## Interview Prep Coaching – *iRock Style*



### The iRockS.T.A.R. Method™ can help you:

- Gain the ability and confidence to walk in an interview and own it
- Anticipate questions and provide clear, concise, and thorough result-oriented answers
- Think clearly while actively listening to the questions so you can respond with a well-thought-out answer
- Keep the interviewing panel engaged during the entire interview
- Open and close an interview with finesse, highlighting why you are the best candidate for the job
- Learn how to ask for the job without "asking" for the job

### iRock Offers Three Packages

#### Interview Prep Lite: \$297 – \$497 based on level of experience

- Consultation to determine what area to focus on during the prep session
- Sample behavioral interview questions to practice
- Tips to create an opening and closing statement to "wow" the interviewer(s) at the beginning and end of the interview
- A 45-minute practice session using my iRock-S.T.A.R. Method (TM) with playback recording
- A 15-minute wrap-up session discussing next steps

**Bonus:** eBook of my *"You're HIRED! - 10 Tips to Rock Out Your Interview and Land Your Dream Job"* book to review and keep your interviewing skills fresh.



### Interview Prep Premium: \$497 – \$797 based on level of experience

- Consultation to understand what areas of needed focus to ensure interview success
- Professionally written opening and closing statement that will "wow" the interviewer(s)
- Professionally edit your answers to sample behavioral interview questions
- A 60-minute practice strategy session using my iRockS.T.A.R. Method (TM) with playback recording
- A 15-minute wrap-up session discussing next steps

**Bonus:** eBook of my *"You're HIRED! - 10 Tips to Rock Out Your Interview and Land Your Dream Job"* book to review and keep your interviewing skills fresh.

### Interview Prep Pro: \$797 – \$1497 based on level of experience

- Develop Your **"Job Landing Campaign Message"**
  - This is a powerful VISUAL TOOL that will help you get a handle on the key and most important messages that MUST be communicated in an interview.
  - This tool will single you out as a candidate worthy of a job offer.
  - The message will align with your résumé to strengthen your job landing campaign.
- Coaching Session to teach you key strategies to interview like a pro
  - How to use the **iRockS.T.A.R. Method™**
  - Mirroring and Communication
  - Fit and Likeability
  - The 10 Subtleties in interviewing
  - How to interview on the phone, with a panel, and video
- Develop 3-5 questions to ask the interviewer(s)
- Write your Opening and Closing statement sure to "wow" the interviewer(s)
- Edit your answers to sample behavioral interview questions using my **iRockS.T.A.R. Method™**
- Create a 30-60-90 Day Plan to present at the interview
- A Virtual 60-minute recorded practice session\* using my **iRockS.T.A.R. Method™**
  - Link to download recording to review when needed
  - A 15-minute wrap-up session to discuss next steps
- Got the offer! Now what?
  - How to negotiate your salary like a pro

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*\*\*Additional practice 60-minute practice sessions are available as "ad-ons". Please indicate before or after the session. \*\*\**



Rates are quoted based on experience and job level. Quoted rates are good for 14 days.  
Please review our [Terms & Conditions](#)  
iRock is closed on Sundays and nationally recognized holidays.