

# An Interview with Tramel D Jones

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## MY COACHING PHILOSOPHY

As a Career Coach I want to see all my clients in the position of their dreams. I've sworn to only offer services that are in the best interest of my clients. I assist in identifying what's next for you, and create a strategic plan to make it happen. I'll offer my professional opinion and push you past the fear that holds so many of us back. Imagine what your life would be like if you achieved the success you deserve? Ok, now let's do it!

## WHAT WAS THE MOTIVATION TO BECOME A CAREER COACH?

Many years ago I was fired. I loved that job and gave 120% so I was devastated. I felt so low and didn't know if I'd find another job that allowed me the creative control, direct interaction with clients and data management that I enjoyed so much. On my first interview, I cried when asked why I was no longer with my last employer. The interviewer was so sweet, she handed me a tissue and gave me a minute to get myself together. I explained that I was terminated but believed it was for the best. We finished the interview and I left knowing I'd never see her again! I learned that losing a job is just like getting over a bad breakup! You have to be honest about what happened, learn the lesson and find a way to discuss it without getting emotional. I also learned that looking for work is hard! And I don't mean in that cliché of, "Oh, It's hard work and you should be applying everywhere!" I mean it in the sense that, emotionally you are putting yourself out there every time you submit an application and sometimes the rejection felt over and over in not getting the job can make you angry or even bitter. Eventually, I was hired by an AmeriCorps program where I was given space to learn more about my skills and strengths, it gave me the confidence to dream for something better than just a "normal" job but to find my dream job, which I did, a few times! I've spent 10+ years offering personal and professional development to both youth and adults. I loved it!

I realized that there are plenty of individuals who have lost jobs, internalized the issues that stemmed from bad bosses, hostile work environments or even workplace bullying. They want better but are unsure of the strategic moves to make to move up or out and into their dream job. I became a career coach because I believe everyone should live their best life and finding the right career can give them the push they need to do so.

## WHO ARE YOUR CLIENTS EXACTLY?

I work with individuals who struggle with planning a strategic path to career success. What separates me from others is that my plan builds around my clients' ideal vision for authentic success. Because of this, clients execute their unique plan with clarity and confidence. I've worked with clients in many different industries:

- Accounting
- Automotive Sales/Management
- Banking & Finance
- City Government
- Content Creation
- Counseling
- Entrepreneurial/Start-Ups
- Fashion
- Fitness
- Higher Education
- Human Resources
- Insurance
- Journalism
- Logistics
- Marketing
- Military
- Non-Profit Organizations
- Nursing
- Oilfield
- Restaurant Management
- Technical Support

And the list is always growing!

## WHAT HAPPENS IF YOU HAVEN'T YET WORKED WITH PEOPLE IN MY FIELD?

I think it's important to be an individual in your industry and focus on your unique combination of skills and qualifications. But, I also understand the importance of knowing the nuances of your field. That's why I make sure to do the research and find out what others in your field are doing in way of resumes or career trajectory so you present as current and qualified.

## HOW ARE YOU DIFFERENT FROM OTHER "CAREER COACHES?"

I'm not everyone's cup of tea. And I'm ok with that! I'm high energy, funny and a bit in your face with my approach, but it all comes from a place of love. I don't believe in telling someone something is wrong unless I can assist in fixing it! I'll push you to be honest with yourself and we'll come up with solutions together!

## WHAT TYPE OF PERSONALITY DO YOU WORK BEST WITH AND WHAT IS EXPECTED OF ME?

We are all familiar with Type A personalities... well, In order to work with me, your personality has to be "Type R" for Ready! That's it! If you are ready to do the work we'll find success together! As for what is expected... You'll have to really use your memory! I ask my clients to think about their past often.... We tend to repeat our past. This is best described by the quote, "We repeat what we don't repair." When you are ready to repair the past... you are ready to move forward to a radiant future!