

WHAT ARE SMART GOALS AND ARE YOUR GOALS SMART ?

SMART GOALS



GOAL 1

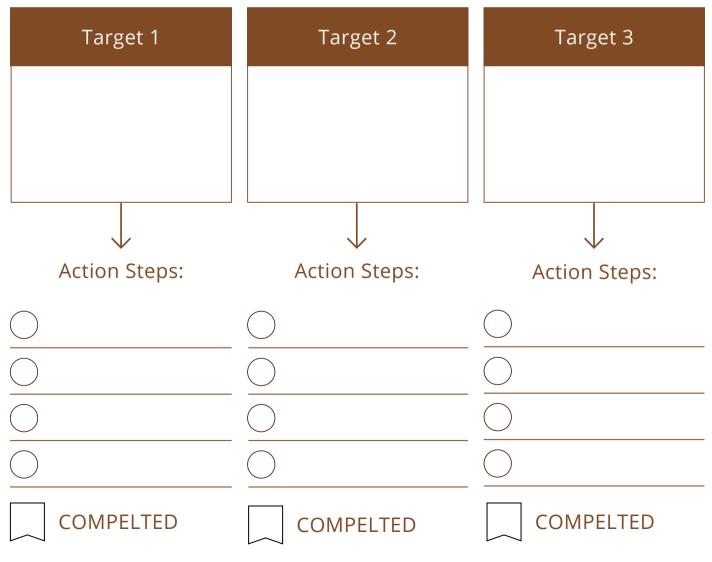
GOAL 2

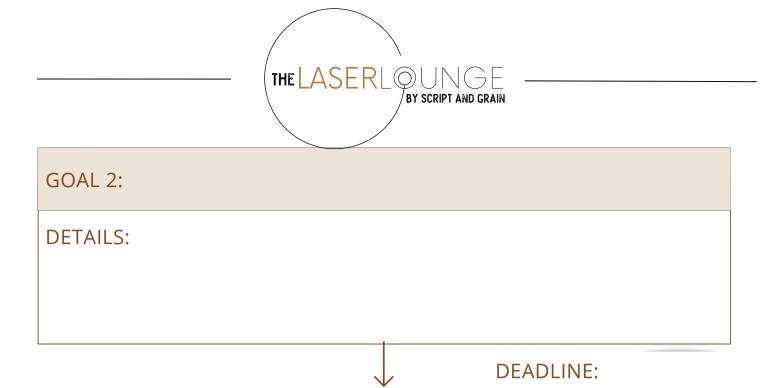
GOAL 3



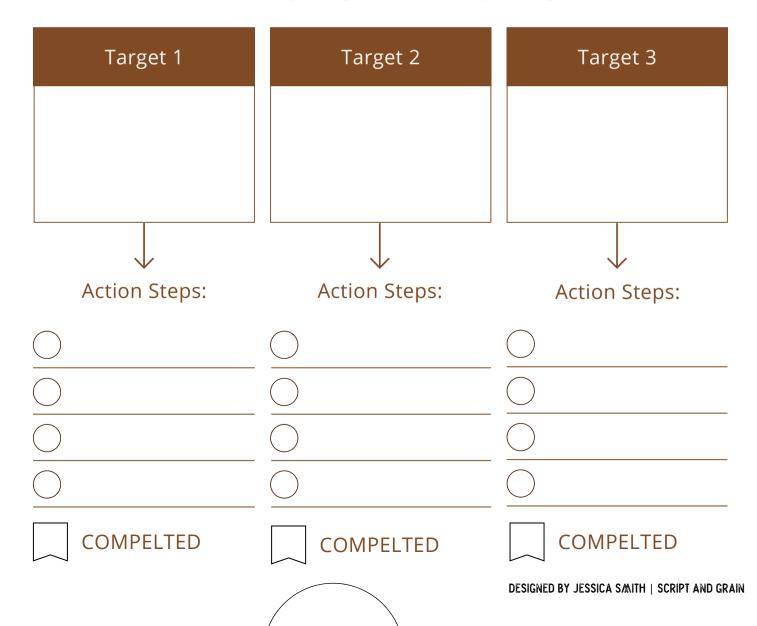


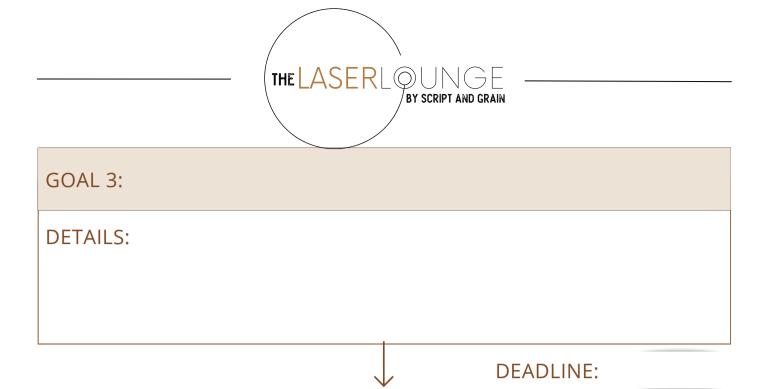
Break down your goal into 3 simple targets:





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