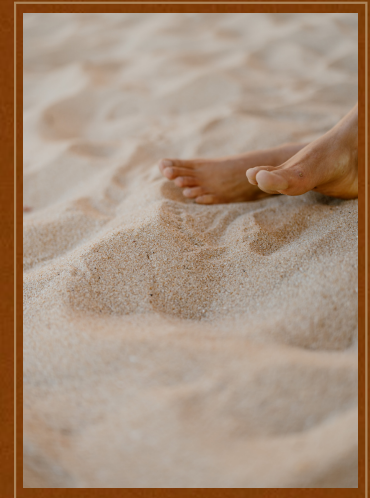


Auburn Photography

What to wear to rock your session?





WHAT DO I WEAR??!!

Is a question I get asked all the time. What colours should I wear to match my partner? What about my kids? What maternity dress is right for me?

At the end of the day, you wear what is most COMFORTABLY & AUTHENTICALLY YOU! Not what anyone else thinks! Heck, you could turn up in ripped jeans, in a black T-Shirt with a band on the front and I'd be happy as Larry snapping your beautiful face! Because then I know I'm capturing you and your authentic self! BUT

If you did need a bit of inspo and help with choosing a few items, here is my help guide.



What to wear to your session is a common question people have for me. If nothing else, keep in mind that your outfit selection should be a reflection of you. Second to that is keeping in mind the location and season of your session. Please don't wear jandals to your July session, it won't go well, promise!

SOLIDS

Simple is usually best. Try to avoid clothes with crazy graphics, logos, or anything that distracts from how hot you are! Also, think about what your house looks like, if your walls are all white with blue plaid accents.. don't wear red plaid or it will look super odd in that room.

AVOID MATCHING

Instead of looking like twins, wear complementary colors or shades of the same hue (like light blue and navy). No need to look like you both belong in a band together. I even tend to tell couples to think about the TYPES of clothing you are wearing. Ie. Don't both wear button up shirts and jeans- even if they are different colours, it's a slippery slope.

BE COMFORTABLE

Wear something that complements your figure and that your partner thinks you look amazing in. Help one another choose things that you love. Don't wear clothes that are too tight, too loose or fit uncomfortably. It's easier to be relaxed and natural with your significant other (and me!) if you aren't constantly checking or pulling at your clothing. For the ladies, think about bra and underwear lines too!

DIVERSIFY

Bring two completely different outfits. It's great to have one dressy option and another that is more comfortable. No matter what, make sure it's something that is YOU.

COLOUR

I'm all about neutrals and primary/ secondary colours. Think natural tones and complementary colours to your partner. Patterns are cool if they are subtle and neutral tones. Just keep in mind that you don't want your outfit competing with you and your significant other in photos. Again, think about your home if you're going to be getting your photos printed.

If your bedroom is all red, don't wear green or you'll be celebrating Christmas all year round (I personally would be fine with this but am aware not everyone loves Christmas on the level I do)!

HAIR + MAKEUP

I personally think less is more in this category. We are taking photos of YOU, not some dolled up version of you. I totally, 100%, definitely understand wanting to look amazing for your session but I always recommend dressing up like you're going for brunch with your besties. Nice, but not dressed up. If you would like any recommendations on a makeup and hair artist to hire for your session- I can give you the contact information for the ladies I usually work with and trust!





SHOES

Comfy, warm and walkable. These are the three things you could be thinking about when choosing your shoes for your photoshoot. I'm totally cool with heels, but please stay away from anything over 3 inches. If you can't decide if your footwear will work, put them on, try to run up stairs and if you can and they are still comfy, they're good! But in all honesty, your shoes will only be in MAYBE 10% of the photos, so I wouldn't overly worry about them.



LAYERS

Bags and jackets that you will have to carry are best left behind. I will have my car, and you can leave your things there but ideally you guys would be hands free for our whole session.

And there we go! These are all my tips for picking out your wardrobe. If you still have questions definitely feel free to try on a few things and send me photos, I'd be happy to help you out. Otherwise, can't wait to see what you and your love choose to wear!

Studio Sessions

For studio sessions, I highly recommend keeping your tones and patterns to a minimum. Think earthy, a simple colour pallet and minimalistic.

Not only will this help keep a classic modern feel to these images over the decades but these photos will seamlessly complement your home decor whilst also giving a tone of elegance.

Soft textures to compliment silky materials are welcome as well as mixing dark tones with light organic tones.

If you ever get stuck feel free to jump on Pinterest and search for some inspo.

Just remember to always wear something you'll be comfortable in so we get a good reflection of you and your personality through the images.





AUBURN PHOTOGRAPHY

GET IN TOUCH

HELLO@AUBURNPHOTOGRAPHY.CO.NZ

STAY IN THE LOOP

AUBURNPHOTOGRAPHY.CO.NZ
[@AUBURN.PHOTOGRAPHY](https://www.instagram.com/AUBURN.PHOTOGRAPHY)

