



# *Boudoir Client Guide*



# Welcome

Welcome to the world of boudoir photography, where we celebrate your unique beauty, confidence, and individuality! We are thrilled to have you as our valued client, and we can't wait to embark on this empowering journey with you.

Our team is dedicated to creating an unforgettable experience that not only captures stunning images but also boosts your self-esteem and self-love. Boudoir photography is all about embracing your inner sensuality, and we're here to guide you every step of the way.

Julie



# What to expect

Here's a glimpse of what you can expect from your boudoir photography session with us:

1. **Professional team:** Our team consists of a skilled photographer and an expert hair and makeup artist who are experienced in boudoir photography. They will make sure you look and feel your best throughout the shoot.
2. **Comfort and Confidence:** We understand that stepping in front of the camera in lingerie or intimate attire can be intimidating. We will create a relaxed and supportive environment, guiding you from head to toe with poses and angles that look and feel good!
3. **Privacy and Respect:** Your privacy is of utmost importance to us. We prioritize your comfort and consent at all times.
4. **Beautiful Images:** The end result will be a stunning collection of images that showcase your inner and outer beauty. Whether you're creating a gift for a loved one or treating yourself to a confidence boost, these photos will be a lasting reminder of your strength and allure.
5. **Empowerment:** You'll leave your shoot feeling confident sexy and empowered.

Remember, boudoir photography is not just about the final images; it's about the journey of self-discovery and self-love. We can't wait to witness your transformation and capture your unique essence through our lenses.

Please feel free to reach out at any time with questions or concerns. We are here to ensure that your boudoir photography experience exceeds your expectations in every way.

Thank you for choosing us to be a part of this special chapter in your life. Let's make this an experience you'll treasure forever!

# What to wear

Welcome to the world of boudoir photography, where your confidence and beauty shine through sensual, tasteful and sometimes spicy images.

Choosing the right outfits is a crucial step in ensuring your boudoir photoshoot is a success. This guide will help you select the perfect attire to make you feel confident and look stunning during your session.

Rest assured we have a large selection of lingerie ranging from conservative to barely there for you to choose from. However, we do recommend you bring one outfit you know you feel good in. Here's some considerations.

**Lingerie:** Lingerie is the cornerstone of boudoir photography. It allows you to showcase your sensuality while leaving room for imagination.

## Here are some lingerie options to consider:

- Bra and Panty Sets: Classic and versatile choices, they come in various styles and materials like lace, satin, or silk.
- Bodysuits: Elegant one-piece garments that can emphasize your curves and offer comfort.
- Corsets: Great for enhancing your waistline and creating an hourglass figure.
- Teddies: A playful and alluring option that combines a one-piece design with various fabrics and styles.
- Garter Belts and Stockings: Add a touch of sophistication and sensuality to your ensemble.
- Babydolls: A cute, flirty option that provides a little more coverage while maintaining a playful vibe.

**Personal Accessories:** Accessorizing can elevate your boudoir photos.

Consider these options:

- Jewelry: Delicate necklaces, bracelets, or statement earrings can accentuate your features.
- High Heels: They elongate your legs and add a touch of glamour.

**Personal Touches:** Incorporate items that have personal meaning to you:

- Colors: Choose colors that complement your skin tone and personal style. Consider classic choices like black, white, red, and pastels, but don't be afraid to experiment with bold or unexpected hues.
- Comfort and Fit: Above all, prioritize comfort and a good fit. Ill-fitting lingerie can affect your confidence during the shoot, so ensure everything feels comfortable and fits you well.
- Confidence and Positivity: Remember that boudoir photography is about celebrating your unique beauty and sensuality. Embrace your body and be confident during your session. A positive attitude will shine through in your photos.

**Conclusion:** Choosing what to wear for your boudoir photography session is a fun and empowering process. If you don't find anything that you love on your own, rest assured we'll have a variety of options for you in studio.



# Hair and make-up

Preparing for a boudoir photoshoot is an exciting and empowering experience. One crucial aspect of ensuring you look and feel your best is hair and makeup. Whether you're working with our professional makeup artist in studio or doing it yourself, these tips will help you achieve a stunning look for your boudoir session.

## Hair Tips:

1. **Clean and Dry Hair:** Wash your hair the night before or the morning of your photoshoot to ensure it's clean and fresh. Make sure it's completely dry to avoid any last-minute styling challenges.
2. **Inspiration:** Love a specific look you've seen on a friend or online? Bring inspo pics, your hair and makeup artist loves to see the look you want to achieve!
3. **Avoid Drastic Changes:** A boudoir photoshoot may not be the best time for a drastic haircut or color change. Stick to styles you're comfortable with.
4. **Hair Products:** Use minimal hair products to avoid a greasy or weighed-down look.

### Makeup Tips if doing your own makeup:

- **Skin Preparation:** Start with clean, moisturized skin. Exfoliate gently a day or two before the shoot to ensure a smooth canvas.
- **Foundation:** Choose a foundation that matches your skin tone perfectly. Blend it well, focusing on even coverage. Avoid foundations with SPF, as they can create a white cast in photos.
- **Eyes:** Play up your eyes with eyeshadow, eyeliner, and mascara. Smoky eyes or a classic cat-eye can be very flattering for boudoir photography.
- **Lips:** Opt for a lip color that complements your skin tone and outfit. Long-lasting lip stains or matte lipsticks can work well to avoid constant touch-ups.
- **Blush and Contour:** Use blush and contour to enhance your facial features. Be subtle with contouring, and blend well for a natural look.
- **Setting Spray:** Finish your makeup with a setting spray to ensure it stays in place throughout the session.
- **Lashes:** False lashes can add drama to your look, but make sure they're comfortable and not too overwhelming for your comfort level.
- **Practice:** If you're doing your own makeup, practice your look a few times before the photoshoot to perfect it.

### General Tips:

- **Consult with Professionals:** If possible, hire a professional makeup artist and hairstylist with experience in boudoir photography. They can enhance your natural beauty and ensure you look your best.
- **Communication:** Discuss your vision with your makeup artist and hairstylist. Show them reference photos and share your preferences.
- **Outfit Coordination:** Coordinate your hair and makeup with your lingerie and outfit choices to create a cohesive look.
- **Hydration and Rest:** Ensure you drink plenty of water and get a good night's sleep before the shoot to look and feel refreshed.
- **Confidence:** The most important tip is to be confident and embrace your unique beauty. A confident attitude will shine through in your photos.

Remember, the goal of a boudoir photoshoot is to capture your inner confidence and beauty. With these hair and makeup tips, you'll be well-prepared to create stunning images that you'll cherish for a lifetime.





# Photoshoot day

Welcome to your boudoir photoshoot day! We're thrilled to have you here and excited to capture stunning, empowering, and intimate moments that will make you feel confident and beautiful. To ensure everything goes smoothly and you have the best experience, here's a step-by-step guide to your photoshoot day:

## 1. Pre-arrival

- Take care of yourself before your shoot! Drink lots of water, exfoliate, moisturize. Spend extra time taking care of your skin, it's going to be your main outfit!
- Use this session as an excuse to pamper yourself! Whether that means taking the time to do a pedicure and manicure on yourself, or booking an appointment for someone else to, it's always a good idea. If your polish is chipped, I'll have you remove it before your shoot.
- Please eat something before you shoot. Don't do anything drastic like a cleanse or fasting. Posing for our boudoir sessions is kind of similar to a yoga session. You'll be holding muscles you normally don't, and often times be inverted laying down. I don't want anyone to feel faint or light headed.
- Lastly, consider a good stretch before your session as sometimes boudoir poses can feel challenging.

## 2. Arrival and Welcome; If booked in Kelowna or Vancouver, please note your studio location will be communicated to you within 1 week of the shoot as we utilize different studio spaces.

- Please arrive on time, and if doing your own hair and makeup, arrive makeup and hair ready. This will maximize your time in front of the camera.
- When you arrive, we'll welcome you into our comfortable and private studio. You can relax, have a drink, and enjoy some light snacks while we discuss the shoot. \*Please note, if you have booked a mini shoot, we will be scheduling several sessions in one day and will likely be in with another client when you arrive. Please have a seat in the waiting area and take a few moments to relax!

## 3. Wardrobe Selection

- We'll go through your wardrobe choices as well as the client closet options and select outfits that will make you feel confident and beautiful.

## 4. Hair and Makeup

- If you've chosen our hair and makeup services, our talented team will work their magic to create the look you desire.

## 5. The Photoshoot Begins

- Your photographer will guide you through various poses, lighting setups, and backgrounds.
- Feel free to express yourself and have fun during the shoot. Your comfort and confidence are our top priorities.

## **6. Posing and Direction**

- Don't worry if you're not sure how to pose – your photographer will provide direction and ensure you look your best in every shot.
- Feel free to ask questions or offer input if there's something specific you'd like to try.

## **7. Relax and Enjoy**

- Remember that boudoir photography is all about celebrating your beauty and confidence. Take deep breaths, relax, and let your inner radiance shine through.

## **9. Review and Selection (optional)**

- If you've opted for a photo selection session, we'll review the images together to choose your favorites.
- You can select the images for retouching and discuss any specific edits you'd like.

**10. Post-Shoot Consultation** - We'll discuss the timeline for photo editing and delivery. - You can also inquire about ordering prints, albums, or any other products you're interested in.

**11. Final Goodbyes** - After a successful photoshoot, it's time to say goodbye. You'll leave with a sense of empowerment, confidence, and excitement about the beautiful images we've created together. Remember that our team is dedicated to creating a comfortable and respectful environment. Your privacy and comfort are our utmost priorities throughout the photoshoot.

Thank you for choosing us for your boudoir photography experience. We can't wait for you to see the incredible images that capture your unique beauty and personality. If you have any questions or concerns, please don't hesitate to ask. Enjoy your photoshoot day!



# Reveal

Congratulations! You've just completed your boudoir photoshoot, and we want to ensure that your post-session experience is as enjoyable and stress-free as the shoot itself. Here are some important steps and tips to help you make the most of your boudoir photography experience:

Your boudoir photoshoot is a celebration of your unique beauty, so take a moment to relax and acknowledge the wonderful experience you just had. You're one step closer to having stunning, empowering images that you'll cherish for a lifetime.

If you have any lingering questions or concerns about the images, editing, or delivery timeline, don't hesitate to reach out to your photographer. They are there to support you every step of the way.

Unless you have chosen to add on an image selection session or expedited delivery, I will provide you an online gallery with a selection of the best images to choose from within 3 weeks. Take your time to review them and select the ones that resonate with you the most. Trust your instincts.

After you've made your selections, i will work on editing and retouching the chosen images to enhance their overall quality. The goal is to ensure that you look and feel your absolute best in every shot while maintaining a natural and authentic representation of you.

Your privacy and security are of utmost importance. I will take steps to ensure that your images are kept confidential and are only shared with your explicit permission. Discuss any privacy concerns with me during your initial consultation.

Prints, albums, and other products are all available for ordering directly from your online gallery. I can guide you through the available choices to create a beautiful, customized collection of your images.

Once the editing and product selections are complete, i will deliver the final images and products to you as per your agreement. Be sure to confirm the delivery method and timeline with me if you have any questions.

# About me

Welcome to the enchanting world of boudoir photography! I'm thrilled that you've chosen me to capture your beauty, confidence, and sensuality through the lens. Before we embark on this empowering journey together, I'd like to share a little about myself so you can get to know the person behind the camera.

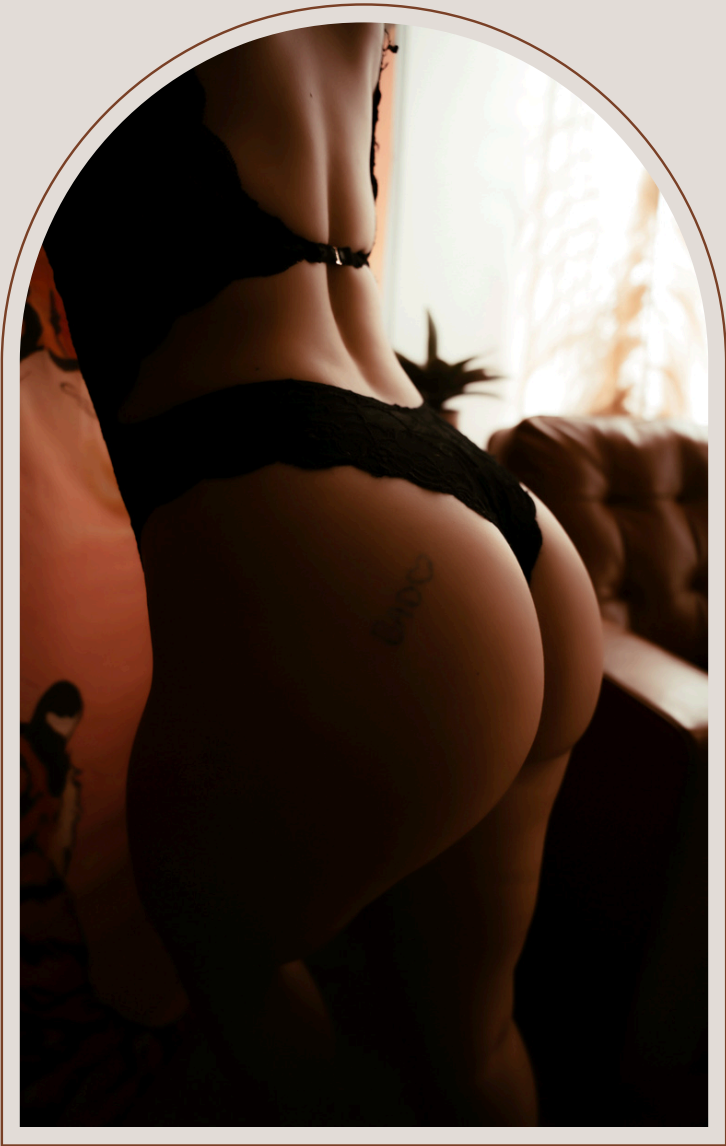
My name is Julie and I am passionate about celebrating the unique beauty and self-expression of every individual. I have been a professional photographer for 6 years, and my love for boudoir photography stems from a deep desire to empower and uplift the women (and occasionally men) I have the privilege of working with.

For me, photography is more than just snapping pictures; it's about creating a safe, comfortable, and liberating space where you can embrace your true self. My photography philosophy revolves around the belief that every body is beautiful, and I'm committed to showcasing your confidence, vulnerability, and strength in every shot.

I understand that booking a boudoir session can be both exciting and nerve-wracking. Rest assured, my top priority is to make you feel comfortable and at ease throughout the entire process. From the initial consultation to the final reveal of your stunning images, I'm dedicated to providing a seamless and enjoyable experience.

I am genuinely excited about the opportunity to work with you and capture your unique beauty, strength, and confidence. Boudoir photography is an empowering experience, and I am here to guide and support you every step of the way. Together, we will create a collection of images that you'll treasure for a lifetime.

If you have any questions or would like to discuss your upcoming boudoir session further, please don't hesitate to reach out. I can't wait to embark on this incredible journey with you!







# Packages

## **The Boudoir Mini Experience - \$399**

- 30 min studio session
- 1 wardrobe change
- 1 set to move between during your session
- 5 fully edited high-resolution digital images
- Private online gallery for image selection

## **The Empowered Boudoir Experience - \$950**

- 2-hour studio or on-location session
- Unlimited wardrobe changes
- 3+ sets during your session
- Client closet access
- Champagne, refreshments & light snacks
- Professional hair and makeup styling
- 10 fully edited high-resolution digital images
- Private online gallery for image selection
- Pre-session consultation and wardrobe styling advice
- 30% off all prints & albums





# Add-ons and more

## Add-Ons

- Additional digital images: \$100 per image, 6 for \$500 or 35 for \$1000
- Shower set: Get steamy shower images: \$100
- Honey set: Sticky, sweet & so so hot: \$100
- Swing set: Our hottest prop for standout spicy images: \$100
- Custom styling & for-keeps lingerie: \$100 + cost of outfit
- Same day image selection session: \$100
- 7 day expedited delivery: \$50
- Professional hair and makeup styling: \$120
- Extra studio time: \$200 per hour
- Wall Art, Albums and Canvas Prints: Starting at \$199
- Premium album upgrades available upon request

## The Experience

Our boudoir photography sessions are an intimate and empowering journey, carefully crafted to suit your unique style and comfort. We prioritize creating a safe and relaxed atmosphere where you can express yourself confidently.

## Why Choose Us

- Experienced and professional photographer who is an expert at making you feel comfortable & relaxed
- Expert hair and makeup artists
- Safe, comfortable, and private studio environment
- Exceptional attention to detail and post-production editing
- Discreet and respectful approach to your privacy

We invite you to embark on this empowering journey of self-expression and self-love with us. Contact us today to schedule your boudoir photography session and let us help you celebrate your confidence, elegance, and sensuality.

Note: Prices are subject to change without notice. Travel fees may apply for on-location sessions.





## **1. What is boudoir photography?**

Boudoir photography is a specialized genre of photography that focuses on capturing intimate, sensual, and often erotic images of individuals in a tasteful and artistic manner. It's a celebration of your beauty and self-confidence.

## **2. Is boudoir photography only for women?**

Not at all! Boudoir photography is for everyone. It's about showcasing your unique personality and confidence, regardless of gender. Many studios offer services for individuals and couples of all orientations.

## **3. How should I prepare for a boudoir photoshoot?**

To prepare for a boudoir photoshoot, consider these steps:

- Choose outfits that make you feel confident and comfortable.
- Hydrate and get enough rest before the session.
- Groom and pamper yourself (hair, makeup, nails, etc.).
- Communicate your preferences and ideas with your photographer

## **4. What should I wear for a boudoir photoshoot?**

Wear outfits that make you feel sexy and confident. Options include lingerie, corsets, swimwear, or even an oversized shirt. Bring a variety of options to the session, and your photographer can help you choose, or you can access our extensive client closet.

## **5. Can I bring a friend or partner to the photoshoot?**

Yes ofcourse! You can bring a friend or a family member, but realise that you can be distracted and maybe you don't feel comfortable enough to fully experience your session. \*This does not apply to boudoir minis where efficiency and time management are of utmost importance.

## **6. Do I need to know how to pose?**

No experience is necessary! A skilled boudoir photographer will guide you through poses and expressions that showcase your best features. Trust their expertise.



## **7. What can I expect during the photoshoot?**

During the session, i will create a comfortable atmosphere where you can relax and be yourself. I will direct you through poses and angles to capture your best moments.

## **8. How long does a typical boudoir photoshoot last?**

The duration of a boudoir photoshoot can vary but usually ranges from 1 to 2 hours. It depends on the package you choose and your preferences. \*If you have booked a boudoir mini, please note that your session will be 30 min long.

## **9. Can I choose the location for my photoshoot?**

You can discuss location options with me. Many boudoir sessions take place in a studio, but outdoor, bed&breakfast, hotel and home sessions are also possible.

## **10. What if I'm nervous or insecure about my body?**

Boudoir photography is all about celebrating your unique beauty and boosting your confidence. Communicate your concerns with your photographer, and they will create a supportive and empowering atmosphere during the session.

## **11. Can I bring props or incorporate personal items into the shoot?**

Yes, absolutely! Personal items, props, or anything meaningful to you can add a personal touch to your boudoir photoshoot.

# Loveletters from Clients

Such an amazing experience with Julie and her makeup artists! I loved every second of my boudoir photoshoot! Julie helped me feel so comfortable and confident! My photos turned out beautifully! I will definitely be booking with her for another shoot in the future! - Tejana

My boudoir sessions with Julie were amazing. From the moment I walked in, I felt completely safe, confident, and empowered. Julie's kind and encouraging approach made the whole experience comfortable and uplifting. She guided me through poses effortlessly, always acting as my biggest cheerleader and making sure I felt beautiful every step of the way. - Chloe

Julie is the dang best. She is an incredible photographer and just as fabulous human! She has a knack for capturing the perfect moments and made my entire boudoir shoot so so fun. Her expert posing tips helped me look and feel my best, and the results were more than I could have hoped for. 10/10 recommend. Can't wait for my next shoot with her. - Cara



# Ready to book?

Let's create magic together, beautiful.

**Book your boudoir [here!](#)**



**If you have more questions, please reach out!**

250-819-9660

[julie@barelifephotography.com](mailto:julie@barelifephotography.com)

[www.barelifephotography.com](http://www.barelifephotography.com)

