

## LOVE LANGUAGES

### Objectives

- Students will identify their love language.
- Students will express how they want to give and receive love.

### Activity

In *Hadestown*, there are two couples who love each other dearly even though that can't seem to get on the same page in how they express that love.

- Share the following Love Languages with the class:
  1. Words of affirmation: People who love words, written, spoken, or through media engagement that affirm how people feel about them.
  2. Quality Time: People who value time spent together with minor interruptions.
  3. Acts of Service: People who value those who go out of their way to make life easier, more beautiful, loving, or pleasant for them.
  4. Gifts: People who enjoy visual symbols of love and/or affection.
  5. Physical Touch: People who feel loved through physical signs of affection and affirmation.
- Identify a different area of the room, one for each of the love languages.
- Round 1: Ask students to move to the area that best represents how they want to be loved by others closest to them.
- In their respective groups, ask the students to discuss the following:
  - Why did I pick this option?
  - Would those closest to me agree with my selection?
- Round 2: Ask the students to move to the area of the room that best represents how others closest to them tend to show them love.
- In their respective groups, ask the students to discuss the following:
  - Have I ever expressed how I want to be loved?
  - Does receiving love in a different love language still feel good?

Hades says, "Think of it as my desire for you. Love, everything I do I do for the love of you." Consider that the highest form of love we can offer someone is to love them the way they want to be loved. Do you know the love language of the person you love the most?