

## CLYDE'S TOP CHEF

### Objectives

- Students will recall information from earlier activities
- Students will collaborate to share ideas, experiences, and find the best solution
- Students will strategically and creatively design their sandwich

### Materials needed

- Large open space that allows for movement
- Post-its or index cards with various ingredients posted on a wall (refer to Discovery Guide for ideas)
- Shopping bags (one per team)

### Activity

Divide the class into teams and line them up in front of the wall of ingredients. The number of teams will depend on the total number of students and the amount of space available.

Step by step instructions:

- I am going to divide you into teams of 5. Let's go around and count off 1, 2, 3, 4, 5.
- All my 1s line up here, all the 2s there and so on, facing the wall of ingredients.
- This is a race. As fast as you can, the first member of the team will race to select an ingredient to add to your shopping bag. Pass your shopping bag to the next person in line and they will run to grab an ingredient. We'll do this until all the ingredients are selected.
- Now that your shopping bags are full, sit with your groups to create a sandwich. You will need to select one kind of bread and one kind of meat from this list:

Bread: Rye, Sub, Wheat

Meat: Turkey, Chicken, Tofu

- Here's the catch, you have to use all but one of the ingredients in your shopping bag.
- You have three minutes to put together a sandwich to see WHO is going to be Clyde's Top Chef, judged by me.
- GO!

At 90-second mark...

- But wait, there's more. The first to tell me what ingredient a person on one of the other teams identified with and why, can swap or take away any three ingredients from any of the other teams. Raise your hand if you have an answer.

After the swap, give teams two more minutes.

- TIMES UP! CHEF'S hands away from the food. No more discussion. Please select a spokesperson and tell us about your sandwich.

Final thought:

- In the play, Montrellous is described by the others as, “He’s like the Buddha if he had grown up in the hood.” I want to leave you with the thought that it doesn’t matter who you are, where you come from, or what you’ve done. Every ingredient that has gone into the crafting of your life, everything you’ve been through, are going through, and will go through, you can overcome and find the light on the other side.