



## **2025 TRIPLE THREAT AWARD PROGRAM PARTICIPATION PACKET FOR ACCEPTED STUDENTS**

The Triple Threat Award Program is for advanced students who received an “Outstanding Achievement” recognition for their principal role in their production. Students are selected through a Callback Process, adjudicated by New York City-based professionals. The Triple Threat Award Program is intended to provide all participating students with high caliber learning and performance opportunities.

Students accepted into the program will receive individual coaching on a solo, work with a New York City-based choreographer and music director to put together a medley for the Awards Showcase, collaborate with high-achieving students from other schools, and audition for further training opportunities.

The culmination of the program is the final performance of the group medley during the Awards Showcase on Thursday, May 29, 2025.

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### **TABLE OF CONTENTS**

Coaching and Audition Preparation.....	Page 2
Portfolio Preparation.....	Pages 3-4
Iowa PBS and Release/Waiver.....	Page 4
Group Medley Preparation.....	Pages 5
What to Wear and Bring.....	Page 5
Ticket to the Awards Showcase.....	Page 6
Overnight Accommodations.....	Page 6
Questions / Contact Information.....	Page 6
Resource Link Tree.....	Page 7
Preview of Additional Jimmy Awards preparation, if selected.....	Pages 8-10

## COACHING AND AUDITION MATERIAL PREPARATION

For your coaching session and audition in front of the selection panel, prepare the following selections:  
*These can be the same songs from your Callback Materials, or you may update your choices.*

	SELECTION	FORMAT AND REQUIREMENTS
1	<b>Musical Theater Song <u>from</u> your role in your school musical</b>	<ul style="list-style-type: none"> <li>This selection should be the song from your role that you feel features you best.</li> <li>Please pre-identify a 32-bar cut. This cut should be clearly marked in your sheet music, with the start and end notated.</li> <li>Your director may be able to assist you in getting a copy of the music used in your show. Please make sure the copy reflects how the selection was performed in your school production, with any applicable markup and key changes notated if such modifications were made.</li> </ul>
2	<b>Musical Theater Song <u>not</u> from your school musical</b>	<ul style="list-style-type: none"> <li>The piece should showcase both your vocal and acting talents.</li> <li>Please pre-identify a cut from the song that is between 60-90 seconds. This cut should be clearly marked in your sheet music, with the start and end notated.</li> <li><u>If auditioning for consideration for The Jimmy Awards</u>, your selection <b>must be from a musical on the following list of <a href="#">Qualifying Musicals</a></b> (The song can be performed by any character from any of the listed shows.)</li> <li>If you need assistance finding a song selection, any music store (such as Rieman Music) will carry sheet music and can order for you. Many students, however, will find their selections online and purchase a copy to download. Two sites where you may begin your search include <a href="http://www.musicnotes.com">http://www.musicnotes.com</a> or <a href="https://www.sheetmusicdirect.com">https://www.sheetmusicdirect.com</a>.</li> </ul>

### How Materials will be Used

You will perform both selections as part of your audition in front of the selection panel.

Your individual coaching session is an opportunity to workshop your materials and bring them to the next level. Your coach will likely focus on character goals, obstacles, and tactics and how to integrate within singing performance.

### Accompaniment Information

For your coaching session (scheduled for May 19 or 20) and your audition (May 25), a live accompanist will be provided. Please bring a printed copy of both songs you will be performing. The copies of the music should include both the piano and vocal line for the accompanist to use. Please make sure the copies are printed double-sided, three-hole punched, and placed in a binder to ease the accompanist with page turns.



## PORTFOLIO PREPARATION

Each Triple Threat participant must submit a portfolio of materials by **Thursday, May 22 at 4 PM.**

Early submissions are more than welcome!

## WHERE TO SUBMIT MATERIALS

### [lshmta.awardsplatform.com](https://lshmta.awardsplatform.com)

1. Click "Enter" under SHOWCASE
2. Under the 2<sup>nd</sup> drop down, find "Triple Threat Portfolio"
3. Sign in to your account – please use the same account you set up during the Callback Process.
4. Follow instructions for submission.

The following table outlines the information and materials to be submitted as part of the portfolio:

	ITEM	FORMAT	FILE LABELED AS
1	<b>Essay</b> describing your experience while participating in your high school musical	<ul style="list-style-type: none"> <li>1 page, double-spaced</li> <li>PDF file</li> </ul>	"Last Name, First Name.Essay"
2	<b>Short Bio</b>	<ul style="list-style-type: none"> <li>No more than 200 words, written in third-person and in complete sentences</li> <li>View a sample bio in the Link Tree on Page 7</li> </ul>	Not applicable – type or copy/paste directly into the online form
3	<b>Performance résumé</b> <i>This can be the same as the one submitted for Callbacks, or you may submit an updated resume.</i>	<ul style="list-style-type: none"> <li>Limit to 1 page in length</li> <li>View a sample performance résumé in the Link Tree on Page 7 for formatting and content examples</li> <li>Note that this is different than a professional or work résumé</li> <li>PDF file</li> </ul>	Last Name, First Name. Resume
4	<b>Audition Song Information</b> <i>These can be the same songs / cuts from your Callbacks, or you may update your song choices.</i>	<ul style="list-style-type: none"> <li>Song Title and Show Title of 32-Bar cut <u>from</u> your role in your school musical.</li> <li>Song Title and Show Title of 1-minute cut of song <u>not from</u> your role.</li> </ul> <p>PLEASE NOTE: If you are participating in the Jimmy Awards track, these songs must also be from musicals on the list of Jimmy Awards <a href="#">Qualifying Musicals</a>. (The chosen song can be performed by any character from any of the listed shows.)</p>	Not Applicable – type directly into the online form

5	<p><b>Extended Music Information for The Jimmy Awards</b>, which identifies multiple additional songs you will prepare for use in Jimmy Awards activity, if selected to be one of Iowa's student representatives.</p> <p>You do <u>not</u> need to prepare these for your coaching session or local audition. However, these will round out the total that Jimmy Awards representatives are asked to prepare prior to their arrival in NYC on June 14. Our chosen student representatives must submit their song information to The Jimmy Awards in full by June 1.</p> <p><i>(Required only for those who wish to be considered for The Jimmy Awards)</i></p>	<ul style="list-style-type: none"> <li>Title of second song <u>from</u> your role in your school musical for Jimmy Awards use, if applicable <i>(If your role only had one featured song, please write NA in the spot for a second song from your role.)</i></li> <li>Title of three other musical theater solos <u>not from</u> your school musical for Jimmy Awards use, if applicable.</li> </ul> <p>Note: for all of the songs <u>not</u> from your role, the sum should be 2 ballads total and 2 up-tempo numbers total.</p> <p>PLEASE NOTE: these songs must also be from musicals on the list of Jimmy Awards <a href="#">Qualifying Musicals</a>. (The song can be performed by any character from any of the listed shows.)</p>	Not Applicable – type directly into the online form
6	<p><b>Production Photos for The Jimmy Awards</b> of you in costume performing in your school musical</p> <p><i>(Required only for those who wish to be considered for The Jimmy Awards)</i></p>	<ul style="list-style-type: none"> <li>Jpeg file formats</li> </ul>	<p>"Last Name, First Name.Photo 1"</p> <p>"Last Name, First Name.Photo 2"</p> <p>"Last Name, First Name. Photo 3"</p>

## DUE BY MAY 21: IOWA PBS AND WAIVER

This year's Awards Showcase will again be livestreamed by Iowa PBS. Additionally, highlights from the evening will be broadcast later in the summer; exact date(s) to be announced.

All students and their parent/guardian are required to submit a completed waiver form to participate in this year's Awards Showcase and related activity.

## DUE WEDNESDAY, MAY 21: PERSONAL/RELEASE WAIVER FOR PERFORMING STUDENTS >>>

If you have questions about the livestream or the waiver/release form, please contact [ihsmta@dmpa.org](mailto:ihsmta@dmpa.org).



## GROUP MEDLEY PREPARATION

Triple Threat Award program participants will also have the opportunity to work with a guest choreographer and music director from New York City to put together a medley for the Awards Showcase.

Sheet music for the medley will be posted at <https://www.desmoinesperformingarts.org/content/showcase-resources>.

In addition to sheet music for the group medley, you will also find links to rehearsal track recordings that you can use to help you learn the music. Please learn and be familiar with any solos you may wish to audition for in time for your coaching/placement day (May 19 or 20). You should also learn and be familiar with your voice part's ensemble portions prior to your coaching/placement day, in anticipation of vocal sectional work. All medley music must then be fully memorized prior to the full ensemble's official first rehearsal on Sunday, May 25.

## ADDITIONAL AUDITION SONG CONSIDERATIONS

As you prepare for your live audition, you will again be given the opportunity to perform a musical theater song of your choice. As we think about why we perform and tell the stories we do in theater, we must also widen our respect for cultural and individual differences. We ask ourselves: Whose story are we telling, and who should tell it? Is this a story I genuinely have a comfort level in telling, or would it be best if it were told by someone who has a similar life experience and identity as the character being portrayed?

You will no doubt put great thought into choosing material that will showcase your vocal and acting range, while also giving attention to these important questions. They are an essential part of your growth and responsibility as a performing artist, in both educational and professional levels. We encourage you to be accountable for these questions and conversations, including researching the broader story of a song/character and its potential importance to different groups of people. If you find yourself having doubts or hesitations about your selection, it's always a great idea to ask someone whom you trust and ask them for some honest feedback and support. Doing so will present your vocal and acting range in the best light possible and will also help you mature as an artist and performer.

## WHAT TO WEAR AND BRING

For all activities, bring a binder including:

Music: a copy of the medley **and** your two music pieces for your audition session.

A writing utensil: pencil with an eraser

Please also bring a refillable water bottle.

Wear for Rehearsals and Activities (May 19-20, May 25-26):

Come dressed comfortably and ready to move. For safety reasons, please wear closed-toed sneakers. No flip flops or sandals. If you own dance footwear already, you may bring. (No need to go out and buy anything new!) Style of movement is anticipated to work best with sneakers. *Note: Cameras and a Video Team will be at all rehearsals and activities filming to create a highlight video on the program.*

Wear for Auditions (May 25)

Come dressed in your "showcase-ready" dressy blacks. Please see below for more details. There will be time and space to change before the rehearsal in the evening. (If you have excess time in between your audition and the rehearsal, you may leave the theater and re-check in for the evening rehearsal.)

*Note: Cameras and a Video Team will be at all rehearsals and activities filming to create a highlight video on the program.*



### Wear for the Awards Showcase Event (May 29):

For the Awards Showcase event on Thursday, May 29, please arrive at the theater fully dressed for the event, choosing from the following wardrobe options:

- Black dress pants and a black collared shirt (such as a button-up or polo) or black top; a black dress; or a black skirt with a black top
- Black sneakers (requirement of showcase choreographer for Triple Threat medley)
- Black socks or black hosiery (required for any performer not wearing pants; no bare leg skin please)

Please no shorts, sweats, visible lettering/logos or yoga pants (can appear sheer under stage lights). Dresses and skirts must be at or below the knee due to choreography considerations. Wardrobe should be solid throughout with no cutouts or midribs showing. *Note: These are the same guidelines for any student who is performing an excerpt from their school musical production at the Awards Showcase.*

*Students may not change before or during the showcase. Students need to come “showcase-ready” at call-time Thursday morning.*

## TICKETS

Students performing in the Awards Showcase will receive a complimentary ticket for their use when not performing. Directors will confirm complimentary tickets and event staff will provide students with their tickets the night of the showcase.

Additional tickets to the Awards Showcase will go on sale to the public on May 16, 2025 at 10 AM. Tickets may be purchased online at [dmpa.org](https://dmpa.org), by phone at 515-246-2300, or in person at the Civic Center ticket office (221 Walnut Street, Des Moines; hours 10 AM to 5 PM, Monday – Friday). **Tickets start at \$15.**

## OVERNIGHT ACCOMMODATIONS

Students who live more than 60 miles from Des Moines may request overnight accommodation for a nominal fee for the evenings of May 25 through May 29\*. We hope these accommodations will remove a barrier that might inhibit your student's ability to participate. Please see the accepted student email for the housing information packet that was sent to all students on May 5, 2025.

\*Jimmy Awards selected students may also request overnight accommodation on the evening of May 29, if necessary, to remain in Des Moines for material prep the following day.

## QUESTIONS AND CONTACT INFORMATION

If you have any questions or concerns, please email [lhsmta@dmpa.org](mailto:lhsmta@dmpa.org), or feel free to reach out to one of the following program staff members:

MK Gillette  
Education Admin Specialist  
515-246-2355

Maddie Nau  
Education Admin Specialist  
515-246-2359

Karoline Myers  
Director of Education  
515-246-2356



## RESOURCE LINK TREE

*Use this document as a one-stop for important links to resources.*

### PORTFOLIO / AUDITION PREPARATION

#### Music Selection

[Jimmy Award Qualifying Roles / Musicals](#)

[How to Prepare Sheet Music](#)

[Additional Audition Song Considerations, see page 5](#)

*Places to buy Sheet Music*

[Music Notes](#)

[Sheet Music Direct](#)

#### Sample Documents

[Sample Performance Resume & Bio](#)

### WAIVERS AND FORMS

[Callback/Portfolio Submission](#)

*Students should create their own account and use the same log in for both.*

[Iowa PBS Release Waiver](#)

*Must be completed by legal parent/guardian by May 21.*

#### Housing Program Information & Sign-Up

*See acceptance email. For students traveling farther than 60 miles to the Civic Center.*

### SHOWCASE INFORMATION

[Des Moines Performing Arts – Showcase Preparation](#)

*Medley Sheet Music*

*Showcase Guidelines*

*Showcase Schedule*



## ADDITIONAL JIMMY AWARDS PREPARATION REQUIREMENTS

Students who would like to be considered for The Jimmy Awards, should also feel comfortable with preparing the following, if selected:

1. Participant Waiver, Medical Information Form and other forms required by the Jimmy Awards – filled out by students and parent/guardian on Friday, May 30
2. Filmed in Des Moines on Friday, May 30, after selected, with assistance from program staff
  - a. Filmed interview
3. Filmed on your own and submitted by end of day on Saturday, May 31 to program staff:
  - a. 360-Videos of you wearing the three formal outfits and any optional costume pieces you will bring to NYC for the Jimmy Awards as follows, for review by program's costume coordinator:

### **REQUIRED COSTUME 1 – Black formal outfit(s)\***

### **REQUIRED COSTUME 2 – Warm Color Outfit(s)\***

Solid red, orange, yellow, or pink formal outfit(s)

### **REQUIRED COSTUME 3 – Cool Color Outfit(s)\***

Solid purple, blue, or green formal outfit(s)

### **OPTIONAL COSTUME – Nominated Role Costume**

If you have easy, unrestricted access to the costume you wore for your nominated role in your show, you may elect to bring with you.

\*See pages 9-10 for more specific parameters on Jimmy Awards required outfits.

4. Prepare six (6) songs in total prior to Jimmy Awards departure on June 13:
  - a. The two (2) most prominent songs from your leading role performance.  
(One will be the song you did a 32-bar cut from for your audition, plus one other song from your role, if applicable. (If there is not a second solo, please contact program staff.)
  - b. Four (4) qualifying musical theater songs, two ballads and two up-tempo, not from your school's musical production.  
(One will be the song not from your role used in your audition. The variety of options will be narrowed to one song which works to best represent you after spending time with a Jimmy's coach and to avoid matching with another nominee.)

*NOTE: Due to the short turnaround time before The Jimmy Awards deadlines, participants submitting for Jimmy Awards consideration should also reserve 9 AM – 4 PM on Friday, May 30, 2025 to work with program staff on finalizing submission materials, in the event you are selected. Parent/guardians should also be available, in-person or remotely for at least a portion of the day, to answer questions and to fill out additional paperwork.*





## JIMMY AWARDS WARDROBE INFORMATION

*Jimmy Awards representatives must submit videos wearing each of the formal outfits they are required to bring no later than Saturday, May 31 to program staff.*

**Formal Outfits:** Each Nominee is required to bring three (3) formal outfits to NYC as outlined below. While it is not required, Nominees may choose to bring the costume they wore in their performance of their Nominated Role.

Please be reminded that you must be able to move easily while wearing them. You may be dancing, bending over, and squatting in these outfits, and you will need to be comfortable, as well as appropriately covered and supported. For lighting purposes, please also avoid shiny/shimmery fabrics.

### REQUIRED COSTUME 1 – Black formal outfit(s)

Garment parameters and options include:

- Fabrics should be solid colors (no patterns) and matte or dull finish (not shiny or shimmery)
- Black suit, black dress pants, or black dress skirt with:
  - 2 contrasting, collared, button-down dress shirts OR blouses – one white and one vibrantly colored (solid colors only, please)
  - (Optional) Tie, standard tie or bow tie – solid black
  - (Optional) Vest, suspenders, or suit jacket – solid black
- Knee-length black dress
  - **No mini-skirts or mid-thigh length dresses**
  - Wrap style tops must be secured or sewn closed
  - (Optional) Black spansks or trunks
- Dressy black jumpsuit
- Shoes & Accessories
  - Black dress shoes of choice (character shoes, heels, dress shoes, etc.)
  - Black socks, if applicable to shoe choice
  - (Optional) 2 – 3 inch black character shoes
  - (Optional) Skin tone tights

### REQUIRED COSTUME 2 – Warm Color Outfit: Solid red, orange, yellow, or pink formal outfit(s)

Garment parameters and options include:

- Fabrics should be solid colors (no patterns) and matte or dull finish (not shiny or shimmery)
- Black suit, dress pants, or dress skirt with a red, orange, yellow, or pink collared, button-down dress shirt OR blouse
- Knee-length dress in solid red, orange, yellow, or pink
  - **No mini-skirts or mid-thigh length dresses**
  - Wrap style tops must be secured or sewn closed
  - (Optional) Black spansks or trunks
- Dressy jumpsuit in solid red, orange, yellow, or pink
- Shoes & Accessories
  - Red, orange, yellow, or pink accessory such as a suit jacket, belt, vest, tie, suspenders, etc.
  - 2-3 inch skin tone character shoes

## JIMMY AWARDS WARDROBE INFORMATION, cont.

### **REQUIRED COSTUME 3 – Cool Color Outfit:** Solid purple, blue, or green formal outfit(s)

Garment parameters and options include:

- Fabrics should be solid colors (no patterns) and matte or dull finish (not shiny or shimmery)
- Black suit, dress pants, or dress skirt with a purple, blue, or green collared, button-down dress shirt OR blouse
- Knee-length dress in solid purple, blue, or green
  - **No mini-skirts or mid-thigh length dresses**
  - Wrap style tops must be secured or sewn closed
  - (Optional) Black spunks or trunks
- Dressy jumpsuit in solid purple, blue, or green
- Shoes & Accessories
  - Purple, blue, or green accessory such as a suit jacket, belt, vest, tie, suspenders, etc.
  - 2 – 3 inch skin tone character shoes

**Nominated Role Costume – Optional:** *Please read all options carefully. This costume element is not required.* Some students (but not all) will be costumed according to the Qualifying Role for which you were nominated.

Regardless of whether you bring costume elements to NYC and regardless of which costume elements you bring, the Costume Coordinator may provide you with costume pieces to supplement and/or replace items you bring.

•*Option 1:* If you have easy, unrestricted access (i.e. you can wear it without any additional purchases or rental fees and with permission from the owner and/or designer) to the costume you wore in your school's production and it is easily packed within your other luggage, please bring it with you!

•*Option 2:* If you have easy, unrestricted access (i.e. you can wear it without any additional purchases or rental fees and with permission from the owner and/or designer) to *elements* of the costume you wore in your school's production and those elements are easily packed within your other luggage, please bring them with you!

•*Option 3:* If you do not have access to any part of your costume, but you have something in your closet that is similar to what you wore in your school's production and it is easily packed within your other luggage, please bring it with you!

**NOTE:** You will need to pack more than 1 set of slacks / nice pants. If one outfit is chosen with your slacks / nice pants, they will be taken by wardrobe to keep for the week. Make sure to have a second pair for excursions during the week.