

Nenagh Éire Óg GAA Club, Tipperary

Gambling Awareness

Nenagh Éire Óg GAA Club are committed to improving the health and wellbeing of club members and members of the wider community. The Healthy Club Project Team focus on major health issues identified from their survey of young people in 2015/2016. One hundred and thirty teens were surveyed and there were some major stand-out concerns including Respect and Well-Being. The club have hosted a series of events and workshops addressing issues highlighted in the survey.

On the 7th of December 2016 the club hosted a session Gambling Awareness with Justin Campbell, former Galway hurler and professionally trained addiction counsellor and Niall McNamee, Offaly footballer and player engagement officer for the Gaelic Players Association (GPA) and also one of their mental health ambassador's specialising in addiction recovery, specifically gambling. The session was open to players and members from all clubs and the wider community. The balance on the night was both enlightening and educational with Niall talking about his personal battle with gambling and Justin, a member of the GAA's National Health & Wellbeing Committee seeking input from the guests on how to tackle the societal issue. It was an interactive and well received session.

The club have also hosted previous sessions on substance abuse with Tipperary hurling legend, John Leahy, who is a qualified addiction counsellor working with the HSE and voluntary bodies as a drug education officer. He spoke about his experience with alcohol and offered advice and information to young people in relation to alcohol and drugs.